

MYRA'S JOURNAL

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July,
1905.



With which is incorporated
THE LADY'S MAGAZINE.

Vol. XXXII. No. 7.
July, 1905.

**Sea-side
Fashion
Number.**

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MUSLIN EMBROIDERY.

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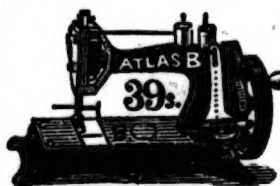
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PRINCESS ENA OF BATTENBERG.

THE ROYAL DEBUTANTE OF THE LATE SEASON: THE ONLY DAUGHTER OF PRINCESS BEATRICE, THE FAVOURITE GRAND-DAUGHTER OF QUEEN VICTORIA.



FOR this, our Sea-side Number, we have collected all styles, smart or useful, which will be required by ladies and children during their sojourn at the sea-side. Bathing dresses—very smart and good models—will be found on page 9, for ladies and a little boy, one of them, No. 5340, having a detachable skirt, so that the costume can be worn without it by those good swimmers who find a skirt troublesome. A skirtless bathing dress for a lady—a capital model—is dealt with in the dressmaking lesson, No. 5348 (page 14), and a pretty bathing dress, for a little girl, is one of our Free Patterns this month.

To complete the bathing outfit, the Dressmaking Lesson, No. 5349, deals with a good bathing wrap, a garment very necessary in these days of bathing from tents, and when the dressing boxes are far removed from the water's edge.

Our four Free Patterns have been selected to serve our subscribers with the fundamental requisites and a holiday costume. These include a splendid tailor skirt pattern, suitable for sea-side, travelling, and all sport purposes (including cycling). The sacque coat pattern given is an appropriate complement of the skirt. The whole costume could be turned out in white linen or white serge, and would look very smart indeed trimmed with white silk braid.

The third free pattern is that of a shirt blouse, to be built in linen or white Viyella, daintily embroidered. It is just the blouse to wear with the admirably cut skirt and coat patterns, and all three would produce a first-class suit.

No evening gowns are required at the sea side, but tea gowns are useful for the semi-evening dress which will be often required. A charming gown of novel type is the djibeh, described on page 15 and illustrated on page 31. This original model cuts into very little material, and is very charming and graceful.

The garment, of course, is of "æsthetic" type, rather "skimpy" to the eye of the average woman of fashion, but most graceful and becoming. The pattern has no box-pleat at the back, though we have had it drawn in the back view. The line *a b* of back (see diagram) should lie along the fold. But

the average woman would prefer a trifle of fulness, and she can arrange her pattern on the material as I have put it.

The real Turkish djibeh is looser—it should slip over the head with no fastenings at all. But for grace we have had the garment more shaped—a sort of "sheath" princess gown, and for this it is necessary that the yoke of the gown should hook at the back.

A nice muslin wrapper, very dressy, suitable for a home tea-gown, is illustrated on page 24, where a very charming "set" of embroidered underwear is depicted, including a djibeh night-dress totally without fastenings.

One of the capital series of dressmaking lessons this month includes a dust or travelling coat, No. 5350. It is a beautiful model and there are two others on page 17, both excellent wraps. A three-quarter dust cloak is shown at No. 5409.

Charming seaside models for boys and girls are sketched on page 19. No. 5362 is a charming little frock. A particularly good blouse for a boy is shown at No. 5367. This is a capital suit, and can be carried out entirely in linen of one colour—white, for instance, strapped with a darker linen. Or the whole costume could be of braided serge.

Silk braid is used very much as a trimming for little girls' frocks, and a very pretty and serviceable decoration it affords. A little pinafore frock (pinafore frocks, by the way, are very popular for children this summer) can be trimmed with braid. It would look pretty made of cashmere in some pretty light shade. As cashmere washes like the proverbial rag it might be more acceptable in this material than in linen. Cashmere (fine and light) is a particularly modish fabric at the present moment. The overall, No. 5363, made in cashmere, decked with silk braid, would be quite a smart little frock.

Next month we will continue our series of sea-side and travelling costumes, giving special prominence to travelling and touring dresses and costumes, taking care to give them a touch of the novelty which will prevail during the autumn. Our free patterns will include those of a smart skirt, a three-quarter Inverness wrap, a pretty blouse, and a coat for a small boy.

The Dressmaking Lessons, among other models will deal with a beautiful linen frock (blouse and pleated skirt) and a dainty embroidered bathing dress.

Seaside styles for matrons will be given next month, and pretty outfitting suitable for the early autumn. Underwear is to be elaborately embroidered in the immediate future, and it is wise to utilise the spare hours at the seaside in embroidering our winter outfit in veiling and Viyella. Some beautiful ideas in *broderie anglaise* we hope to illustrate next month if space permits.

Great attention will be paid in our next number to tailor coats and skirts, which will serve us for the holiday sojourn and yet will be of a type which we can utilise on our return to town in the early autumn. Pretty and useful styles for children will be illustrated, including dresses for young girls.

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ORIENTAL SILK SATINS. We have a very fine stock of these well-finished Satins, all colours, 21-inch 1/6, 1/11; also 22-inch, 1/11; and a line in Mauve and Dove Drabs, 24-inch, 1/4, worth 2/9; also with Cashmere backs in double width, 45-inch, leading shades, 5/6.

WHITE BROCHE JAPANESE SILKS, small fashionable designs principally. We have a very large variety of these very fashionable Silks; widths vary from 23 to 25 inches. Prices, 1/4 and 1/7. The best value in the trade.

FANCY COUTIL STRIPED JAPANESE BLOUSE SILKS, in Light Shades, for Summer Wear; 1,500 yards on sale; 20-inch, 9½; quite worth 1/6.

Patterns submitted post free.

Thousands of sets ready for despatch.

SAMUEL LEWIS & CO., 5, 6, 7, 8, 9, 10, and 11, HOLBORN BARS, E.C.

OUR FREE BARGAIN COLUMNS.

Advertisements must reach the office of "Myra's Journal," 10, Fetter Lane, London, before the 5th of each month.

RULES.

A PRIVATE ADVERTISEMENT OF TWELVE WORDS IS INSERTED FREE OF CHARGE. It will be charged for every extra six words or portion of six words.

It is indispensable that the FREE BARGAIN COUPON should be cut from this paper and enclosed with each advertisement.

No responsibility is taken by us with regard to any sales or exchanges arranged, or to any remittances forwarded, nor can we interfere in any differences that may arise between parties to a bargain.

Payment of carriage for articles on sale or approval must be arranged between ourselves by the parties.

THE REPLY TO A NUMBERED ADVERTISEMENT MUST BE CONTAINED IN A BLANK STAMPED ENVELOPE, WHICH MUST BE FASTENED, AND HAVE THE DISTINGUISHING NUMBER OF THE ADVERTISEMENT CLEARLY WRITTEN UPON THE RIGHT HAND.

This reply (or any number of them) must be enclosed in another stamped envelope, directed to the Editor, Free Bargain Columns, MYRA'S JOURNAL, 10 and 11 Fetter Lane, E.C., who will add the right name and address, and post it, and thus bring buyer and seller into communication.

Advertisements must reach the office of this paper before the 5th of the month preceding date of issue.

Free Bargains Coupon.

Myra's Journal, July, 1905.

DRESS AND MILLINERY.

MOIRE SKIRTS with detachable flounce (very full), 10s. 11d., 12s. 11d.; flounce only, 7s. 6d. and 9s. 6d.; top only, 6d., in all leading colours; pattern free; underclothing made to order.—Madame Lee, Elm Grove, Southsea.

MILLINERY LESSONS; personal instruction; prospectus free.—W., 13, Adam Street, Manchester Square.

CONTENTS TWO LADIES' WARDROBES; 40, 23, 35 and 42, 24, 37; cheap; at application. m3510

Pale mauve CREPE-DE-CHINE DRESS, silk lined; trimmed lace, 15s.; black and white SATIN FOULARD; adaptable high or low; handsome guipure; both well made; good, pretty, 12s. 6d.; bargains; 24, 36, 43. m3515

Lady's brown cloth COAT and SKIRT, this season's; sell 15s., or exchange. m3517

Good SKIRT, 4s. 6d.; also other oddments cheap.—46, Belvedere Road, Upper Norwood.

Handsome dark fawn COSTUME (Paris tailor), cost £7 7s., lined satin, perfect, unsoiled, 23, 39, 15s. 6d. Pretty blue-grey COLORED COSTUME, strapped silk, perfect, 4, 38, 12s. 6d. Handsome dark black ground CASHMERE DE LAINE DRESS, cost £4 10s., 26, 42, 10s. 6d.; others.—Miss Perrin, Laydock Road, Liscard, Cheshire.

MILLINERY.—Hats trimmed, remodelled, very smart; moderate.—Beatrice, 16, Wellington Square, Sloane Square, S.W.

Unsoiled green and white muslin GARDEN PARTY DRESS, trimmed insertion, 7s. 6d. complete. m3523

BEDFORDSHIRE PILLOW LACE.—Collars, 2s. 11d.; Puritan collarettes, 1s. 2d.; fichus, 3s. 11d.; scarves, 4s. 6d.; tab collars, 5s. 6d.; bazaar supplies; approval; no postcards.—Miss Kent-Johnson, Sharnbrook, Beds.

Pretty burnt STRAW HAT, trimmed velvet and roses, as new, 5s. 6d.—Miss Todd, Kinkora, Raymond Road, Wimbledon.

Mlle. Jeanne, 77, Claverton Street, London. Clever milliner, renovator; marabout stoles renovated.

PARCELS CHILDREN'S PINAFORES, UNDERCLOTHES; one to four; 2s. 6d., 1s. 6d.—240, High Road, Tottenham.

PARCEL, boy 1 to 2; pretty white pique coat, frocks, petticoats, pinafores, 5s. 6d. m3524

Pretty IRISH CROCHET MOTIF from 4d. each. Broderie Anglaise front with collar 1s. 10d. m3537

Wanted, GIRLS' CLOTHING, 13 and 11; also LADIES', 26, 38, 42. m3527

Young Ladies' Velvet COAT and SKIRT, nearly new; lined satin. Bargain. 10s. 6d. m3532

CROCHET TRAYCLOTHS, CHEMISE TOPS, PINAFORE YOKES, DOYLEYS. Approval.—Miss H. Cass, 19, Albion Place, Maidstone.

BEDFORDSHIRE PILLOW LACE.—Puritan collars, 1s. 2d.; "butterfly" collarettes, 3s. 9d.; dainty handkerchiefs, 1s. 11d.; "Dora" sets, 3s. 3d.; stock collars, 2s. 6d.; approval; no postcards.—Miss Kent-Johnson, Sharnbrook, Beds.

Mrs. Lane, Costumier, TAILOR-MADE, from 12s. 6d. AFTERNOON GOWN, from 15s. 6d. No fitting required.—31, Conyers Road, Streatham.

NEEDLEWORK, DRESSMAKERS, &c.

DRESSMAKER DAILY; blouses, dresses, mantles, renovations.—Bates, 31, Colchester Street, South Belgravia, S.W.

Millicent Wright, 45, Artesian Road, Bayswater; LADIES OWN MATERIALS; terms moderate.

CORSETS MADE, copied, cleaned, or repaired.—Hélène, 1, Harley St., Battersea, S.W.

Successful Art Needlework Exhibitor disposes of Work cheaply.—Badcock, Barlescombe, Wellington, Somerset.

DRESS MAKING.—Ladies' Own Material made up, Blouses, &c.; or renovations.—Mrs. Evans, 5, Lealand Road, Stamford Hill, N.

Ladies taught DRESSMAKING AND MILLINERY; cutting and fitting speciality; very moderate terms.—Wilson, 38, Elm Park, Brixton Hill.

UNDERLINEN, by hand or machine; knitting, crochet, every description smocked frocks, children's garments, all kinds of fancy work, ladies' blouses. m3529

Miss Gook, DRESSMAKER, at home or ladies' residence, by day. Terms moderate, remodeling.—21, Hollywood Road, Redcliffe Square, S.W.

DRESSMAKING.—Good cutter, fitter; West End experience; lessons given at ladies' own houses.—Carey, 25, Clarendon Square, N.W.

PINCUSHIONS.—Handsome Easter presents; variety of pretty shapes; ladies delighted; for bazaars ladies should try 5s. assorted box.—Miss Yeo, Ascot.

PINAFORES.—Made of reliable washing pink prints, 18 inches, 1s. 2d., rising 1d. each 2 inches, up to 36 inches 1s. 11d. Full money returned if not approved; samples, 2d., postage extra.—Mrs. Bix King, Temple Road, Cowley, Oxford.

MEDICAL AND TOILET.

Lady visits clients' houses, FACE MASSAGE; special scalp treatment; superfluous hair removed; manicure; moderate terms. m3489



WOMAN
ESTABLISHED 1888
EDITED BY MRS. C. SPILL
ONE PENNY
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PUBLISHED
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LADIES.
Have You Seen
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A HIGH CLASS
PENNY PAPER FOR LADIES

An experienced DRESSMAKER will undertake COUNTRY ENGAGEMENTS.—74, Sackville Road, Hove, Sussex.

DRESSMAKER; daily: blouses, dresses, mantles, renovations.—Bates, 31, Colchester Street, South Belgravia, S.W.

French Dressmaker.—BLOUSES, DRESSES from measurement; fitting unnecessary; ladies' materials; moderate charges.—Madame Leonie, 26, Grafton Road, Plymouth.

CORSETS made to measure; ladies' patterns copied at the shortest notice; illustrated price list measurement form and patterns post free; corsets cleaned and repaired equal to new; trial solicited.—Madame Lee, Corsetière, Elm Grove, Southsea.

Costumière (going to be married in August) wishes to sell her BUSINESS. m3536

DRESSMAKING.—Ladies' materials made up; morning, evening, tea-gowns from 15s. 6d.; coats from 10s. 6d.; good fit and style; ladies' tailoring a speciality.—Mrs. Leigh, 50, Park Road, Upper Baker Street.

Madame Jeanne, 77, Claverton Street, London; experienced DRESSMAKER; renovations; ladies' materials: moderate.

Ladies! A profitable AGENCY offered you for our specialities in Perfumery, Eau-de-Cologne, Soaps, &c.; whole or spare time; particulars, 3 penny stamps.—The Anglian Stores, Helioo, Holland.

HOUSEHOLD.

Any RECIPE, fourpence; culinary, household, personal, menus.—Mrs. King, Harningham, Littleboro', Norfolk.

LAMP AND ELECTRIC LIGHT SHADES RECOVERED.—Marian, 33, Lithos Road, Hampstead.

FURNITURE for sale, reasonable; good condition.—E. M., 1, Devonshire Road, Holloway.

Lovely DEVONSHIRE CLOTTED CREAM; 1s. 2d. ½lb, 2s. 3d. 1lb; tin and postage free.—Miss May Luxton, Oak House, Ottery St. Mary, Devon.

EDUCATIONAL.

OXFORD HOUSE GIRL'S SCHOOL. St. Leonards-on-Sea.—Thorough education; home comforts; moderate terms.

ITALIAN.—CORRESPONDENCE LESSONS given by experienced Italian lady (certificated); high testimonials from English scholars, forwarded if desired.—Signorina, Guarmain, Alassio, Italy.

Lady gives TUITION IN CORRESPONDENCE, FASHION JOURNALISM, etc.; introductions; very moderate terms. m3520

DEFECTIVE EDUCATION REMEDIATED by strictly private correspondence lessons, letter writing, &c.; terms moderate.—Mrs. Timms, Gaydon Fields, Warwick.

JEWELLERY.

Are you unlucky? No success in love or business? Wear WHITE HEATHER PENDANT, which attracts success and riches, 1s.—Pastor, 121 Finchley Road, Hampstead.

ANTIQUES, BOOKS, MUSIC, FOREIGN STAMPS, PHOTOGRAPHY, &c.

Recent issues of "MYRA'S LIBRARY OF NEEDLEWORK" are:—No. 25, Stocking Knitting (Part III.); No. 26, Woollen Comforts for Soldiers and Sailors; No. 27, Wool Crochet Work (Part III.); No. 28, Smocking (Part III.); No. 29, Wool Knitting (Part III.); No. 30, Pillow Lace. Post free 1½d. each, from Beeton and Co., Limited, 10 and 11, Fetter Lane, E.C.

Miss Piper, Vincent House, Wakefield wishes to buy a second-hand BANJO.

Ladies rapidly TAUGHT PIANOFORTE. Very moderate terms.—21, Endymion Road, Brixton Hill.

POSTCARD ALBUMS, real Japanese covers, dark green leaves, to hold 300 cards, 1s. 6d.; 500, 2s. 6d., post free. Twenty-five Pictorial Postcards, just published, all different, 1s.—George Taplin, Manufacturer, Haringay, London.

INDIAN and COLONIAL STAMPS exchanged for FOREIGN.—J. Mallite, Jamal-pore, India.

POSTCARDS EXCHANGED, British and Colonial (London excepted).—Colwell, Vivegnis, Herstal, Belgium.

POSTCARDS EXCHANGED for foreign and Colonial.—Miss Harries Millbrook, Johnstown, Carmarthen, S. Wales.

Will exchange POSTCARDS with collectors in Vancouver, Russia, Denmark, Mauritius, Egypt, Norway, Austria-Hungary, Spain, Mexico.—Miss Wilson, care of S. Mason Wilson, Hawera, New Zealand.

STAMPS AND POSTCARDS exchanged; British, foreign, and Colonial.—Mrs. Boyd, Suva, Fiji.

Exchange POSTCARDS, foreign and Colonial.—Vercoe Cildraham, Mile End Road, Norwich, England.

POSTCARDS EXCHANGED, British or foreign.—"Malcolm," 33, Deodar Road, Putney, London.

HOUSES, APARTMENTS, BOARD, &c.

Sunny Weymouth.—BED ROOM and SITTING ROOM; opposite sea.—Mrs. Kinlock, 14, Clearmont Road.

Pleasant COUNTRY HOME for two or three children during summer; near station.—E. Burton, 2, Prospect Place, Cheshunt.

To Let.—Bognor.—FURNISHED DETACHED HOUSE, close parade; four bedrooms, sitting room, kitchen, gas. m3513

DETACHED FREEHOLD HOUSE, wanted to purchase, containing drawing, dining, about four bedrooms, bathroom, &c., and good size garden south of the Thames, and within 12 miles of London preferred.—Write giving full particulars to L. T., 207, Amesbury Avenue, Streatham Hill, London, S.W.

Pagham, near Bognor.—FURNISHED COTTAGE, two bedrooms, sitting-room, kitchen, plate, linen. First fortnight July. 25s. m3531

Eastbourne.—Comfortable FURNISHED APARTMENTS, 3 minutes from sea.—Horsman, Fairlight, Willowfield Square.

Sunny Clacton.—Nice APARTMENTS near sea; good cooking; bath.—Birchdale, Hayes Road.

MISCELLANEOUS.

DOLL'S HOSPITAL.—All kinds of repairing; heads, arms, legs, wigs, or anything; goods by post receive every attention.—16, Dawes Rd., Waltham Green, London, S.W.

PARIS HABET TIES, 1s. 3d.; COLLAR-BANDS, 9d.; ringdoves, silkworms.—Eden, Eaglescliff, co. Durham.

Lady's black walking SHOES; patent toe-caps; size 4, 8s.; TAIL OF BROWN HAIR, 4s. 6d. m3518

Handsome knitted CHILD'S CARRIAGE RUG, 5s. 6d. Pretty Bedroom slippers, 2s. 6d., size 4. m3533

Lady wishes for orders. ARTIFICIAL FLOWERS, IN NAINSOOK, SILK OR VELVET. m3534

PILLOW LACEMAKER'S BOBBINS.—For disposal, lot wood and bone bobbins; also several bobbins in copper, pewter, and brass, and several bone and wood "window"; very rare.—Burton, Ermine Street, Huntingdon.

Wanted, DRESS STAND, expanding preferred; must be cheap, and in good condition. m3525

No. 5889

No. 5840

No. 5841



No. 5842

SMART FRENCH BATHING DRESSES.

For Descriptions see Pages 36 to 42.

Price of Paper Patterns, Knickers, Tunics, and Boy's Dress, each 6 $\frac{1}{2}$., post free, of MADAME MYRA, 10 and 11, Fetter Lane, E.C.

Clothing for the Seaside.



FEW people go to the seaside for less than three weeks, and a large proportion—at least the ladies and the children of the family, with whose dress we are alone concerned—expect to be away quite double that period. Hence a considerable change of clothing is requisite, quite apart from seaside specialities—like the bathing paraphernalia—and yet it is not desirable that each member of the family should take all her or his seasonable garments. Large as is the family omnibus, it would never carry the trunks and oddments of the party, nor would any seaside lodgings accommodate them.

The underclothing must be reduced in variety. We shall not need our very low-neck evening combinations, chemises, cache-corsets. Even at table d'hôte no one wears a really low-necked dress—it is not good style, fortunately. Nor do we want much in the way of petticoats. For the beach, the golf links, the cycle, no petticoats at all are worn over the serge knickerbockers. We shall only want one or two nice petticoats (for the pier, any garden party, flower show, or other function one may have to visit) beneath our one or two gala frocks.

Quite the best underclothing for the seaside is a hygienic combination of light protective wool or merino, not too high in the neck, with short sleeve, a pair of net corsets—not too deep, so that we can row and cycle in them if we like—a pair of serge knickerbockers, and a cache corset—two kinds of these last: one very light for hot weather, a warmer one (hygienic), with high neck and long sleeves, for the cold, bleak days one must face even in July or August, when storms are about. Over this the linen or Viyella blouse and the serge or tweed skirt (lined) is a capital beach costume. The skirt must, of course, have a nice little coat to match. Both must be well cut, well made, of thoroughly good Pirle-finished serge or tweed, and we shall be able to face anything in the way of weather, and always look nice.

One gala dress is imperative for pier concerts, flower shows, church parade, etc. If we select a really dressy one, with an adaptable bodice, one could dine in it, but it is convenient to have for table d'hôte purposes a smartly made skirt of cream voile which one can use with cream or white semi-evening blouses of silk or embroidered muslin.

The easy arrangement of a variety of blouses and one black skirt has been entirely put of court by the change of fashion, which now decrees that the black skirt and smart white or coloured blouse is vulgar and bad form. We are only allowed a blouse and skirt of different colour when circumstances plainly point out that we arrived in a complete coat-and-skirt, and have temporarily removed the coat.

For our gala dress silk is a good fabric; we can have a complete gown, of approved "fussy" type, and can have a semi-evening blouse of silk muslin of the same colour for table d'hôte.

As to the desire of repeated change, that is a personal "fad" and not a worthy one. The lady

who appears at table d'hôte for her week's stay in a fresh blouse every time is not as a rule the best born or best bred visitor, though she may raise heart-burnings in unwise witnesses of her fine plumes.

In millinery as a rule three hats must be taken—one for sport and rough weather, a nice hat of good tone for afternoons and sight-seeing, and a really smart one for our gala dress. Of course they must be chosen to harmonize with our gowns.

A mackintosh is indispensable, especially if we are going to sail in small boats, and a dust cloak is advisable for driving, travelling, and motoring. Of course a bathing dress must be taken. If we are going to bathe from a tent, or if the bathing machines are far from the sea (at many smart French resorts the dressing boxes are at the top of the cliff, and the bathers have to descend ready dressed for their plunge), a bathing wrap will be required. On a shingly beach bathing shoes are a necessity, but they are not required on good sand free from rocks. As to headgear, it depends if women object to wet their hair. The oilskin cap covered with a foulard handkerchief is worn to keep the hair dry. On many sunny coasts many women wear large shady hats of coarse straw, but these are more usual on the Continent.



No. 5343. A SMART TRAVELLING DRESS.

For Descriptions see Pages 36 to 42.

Price of Paper Patterns, Skirt, Foundation Skirt, each 6d.; Coat 1s. 0d., post free, of MADAME MYRA, 10 and 11, Fetter Lane, E.C.



No. 5344. A LINEN PIER GOWN.

For Description see Pages 36 to 42.

Price of Paper Patterns, Skirt, Foundation Skirt or Bodice, each 6d., post free, of MADAME MYRA, 10 and 11, Fetter Lane, E.C.

Children require quite two beach dresses as they get so wet always standing and playing on the edge of the sea. Little children should wear waterproof bathing drawers, but even then the upper part of their clothing is constantly soaked through. Both adults and juveniles will require plenty of stockings of heavier make, and a change at least of dainty ones for their dressier costumes. But these take little room in the travelling trunk. Boots and shoes are another matter. They are heavy, and take plenty of room, but it is a mistake to take an inadequate supply. Sand shoes are indispensable, not only for comfort but to save one's far more expensive walking shoes. Sea sand and shingle play havoc with glacé kid and patent leather.

Serge remains the favourite material for bathing dresses, and it is undeniably the most useful. Bunting is very largely made up and so is alpaca; this last is much more satisfactory than it sounds, if a good one, Pirle finished. French women first took to the alpaca bathing dress because its gloss and texture lend themselves to a more graceful arrangement.

"Mrs. H. begs to say that the bodice pattern is the greatest possible success. Mrs. H. finds that by Myra's help she can make smart blouses as well as her London Dressmaker."

Descriptions of the Free Patterns.

SEASIDE OR CYCLING SKIRT.

QUITE the smartest and most fashionable skirts for cycling, seaside, travelling, &c., are of "umbrella" type—cut in two pieces, seamed at the back, and lapped in front. There is a very deep inverted box-pleat at the back. This month a very elegant and very economical two-gore umbrella skirt for seaside, travelling, or cycling purposes forms the subject of our first Free Pattern.

The pattern should be in one piece—half the skirt. But as the paper is not wide enough for the circular piece, a wide corner has to be added at the single and double notches (see the diagram). The diagram shows the pattern laid on $3\frac{1}{2}$ yards of 54-56-inch grey tweed, which is opened out and is double, so that the piece is cut in duplicate. Do not fold cloth which has a distinct "up-and-down." Cut it and lay the breadths face to face, so that the material is not reversed. If 48-inch tweed were used, not being wide enough, added corners would be seamed on at *a b*, and this leads to waste, except that the large piece over goes a long way in supplying a coat or a bodice to match, or to make a false hem.

Tack front and back seam (opening in back seam); try on. Stitch and press the back seam. Line the skirt with sateen, seamed apart. Cut a false hem from the waste. Seam it on over a band of lino and stitch down closely, carrying the same trimming up the right front edge. Arrange the back pleat and bind the skirt top with a ribbon after finishing the left front opening by felling the lining over the stitched down turning. Close with glove-stud skirt tapes, and close the top with hooks and eyes. The pocket can be inserted in the opening.

The fronts are lapped finally when the skirt is completed. Stitch the edge of the right front to the left front from the back *by hand*, taking care that the stitches do not penetrate to the surface. Then fell the left front's edge to the lining *only* of the right front. This is an admirable skirt—light, protective, elegant.

SEA-SIDE SACQUE COAT.

This smart model is to be of grey tweed to match the skirt just described. It looks lovely also in

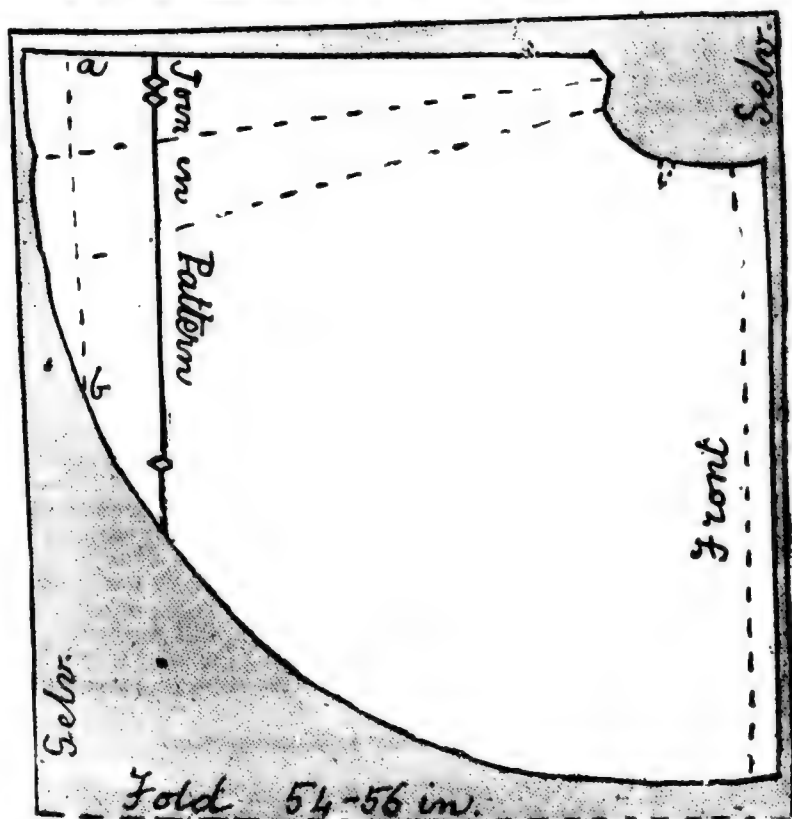


DIAGRAM OF FREE SKIRT PATTERN.



SEA-SIDE OR CYCLING SKIRT.

For Description see this Page.

THE CUT-OUT PAPER PATTERN OF THIS SKIRT IS PRESENTED FREE WITH THIS NUMBER.

white serge, faced with white moire. It is a capital model for the sea-side or travelling outfit. The pattern is in four pieces (half the coat)—half the back, one double-breasted front, the upper and under one sleeve. The diagram shows the pattern pieces laid on 2 yards of 54-56-inch material, which is doubled at the dotted line (selvedges meeting), the back centre of back pattern laid along the fold, so that it is cut in a single piece, the other pieces being cut in duplicate.

Tack together back and fronts. Try on. Stitch and press the seams. Turn up the edge all round over a band of lino; stitch down. Face the fronts with firm white silk, as the facing shows when they are buttoned back. A trimming of silk braid simulates a collar. Make buttonholes down the left front, and sew pearl or metal buttons down both fronts. Cut the white silk (or polonaise) lining on the coat pattern. Seam and press it. Tack it in place and slipstitch the turned edges over the stitched coat edges and silk facings.

Seam the sleeve, turn up the edge and trim with braid. Cut and seam the lining and fell its edge over the turned tweed wrist. Gather into the armhole, and fell the coat lining over the seam.

TUCKED BLOUSE FOR LINEN OR FLANNEL.

The pattern is in five pieces—half the box-pleated back, the right tucked front (cut with central box-



SEA-SIDE SACQUE COAT.

For Description see this Page.

THE CUT-OUT PAPER PATTERN OF THIS COAT IS PRESENTED FREE WITH THIS NUMBER.

pleat), one sleeve, half the collar-band, one cuff. Tucks and pleat are wheelmarked on back and front patterns. The diagram shows the pattern pieces laid on 4 yards of 36-inch material, which is doubled, so that cuff and front are cut in duplicate. Above, the single material is folded (selvedges meeting), the back centre of back pattern laid on the fold. A space is marked out for the lacking half of the collar, which hooks at the back. Left front is cut without box-pleat.

Arrange the tucks. Embroider the front pleat, collar and cuff with Peri Lusta thread. Tack together the back and fronts; try on. Make buttonholes down a doubled band mounted beneath the box-pleat, hem the left front, and sew the buttons down the hem. Seam the side seams (run-and-fell seams). Hem the lower edge. Seam on the band collar according to the notch. It can be lined with its duplicate or be left unlined.

The sleeve is seamed inside with a fell seam. Gather sleeve into the armhole and bind the seam for neatness. The lower edge is gathered into the embroidered cuff, which closes with hooks and eyes.

A broad belt looks well with this blouse, of soft red silk, matching the prevailing tone of the embroidery. It is a capital shirt to wear with the travelling tailor gown already described.

BATHING DRESS FOR A LITTLE GIRL.

The pattern is cut for a girl of eight to ten years. It is in four pieces—half the knickers, half the blouse (right front, with box-pleat, and half the back cut in one), one sleeve, half the belt. The diagram shows the pattern pieces laid on $2\frac{1}{2}$ yards of 48-inch serge, which is opened out to the full width, and is double between the dotted lines, so that knickers and sleeve are each cut in duplicate.

Miss S. B. writes:—"I have found the competitions very interesting, and am more than delighted with my prize."

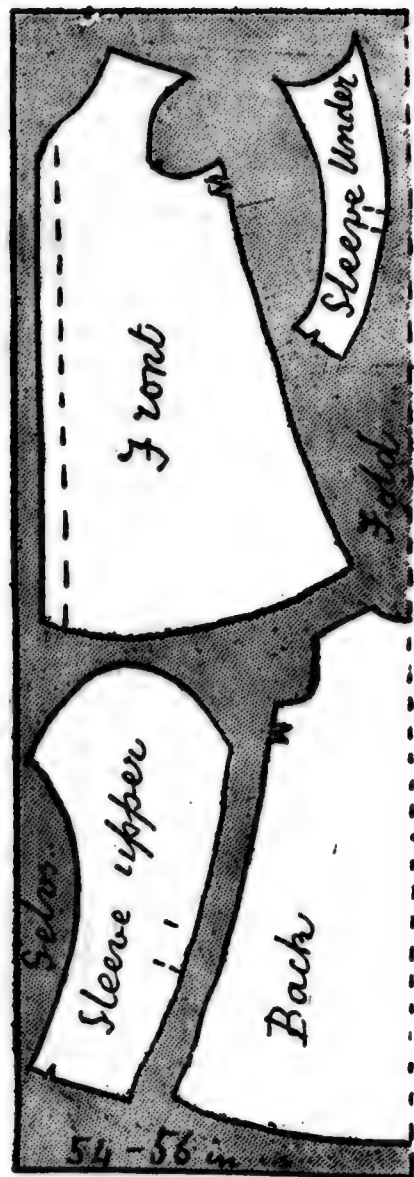


DIAGRAM OF COAT PATTERN.

(See Page 11.)



TUCKED BLOUSE FOR LINEN OR FLANNEL.

For Description see Page 11.

THE CUT-OUT PAPER PATTERN OF THIS BLOUSE IS PRESENTED FREE WITH THIS NUMBER.

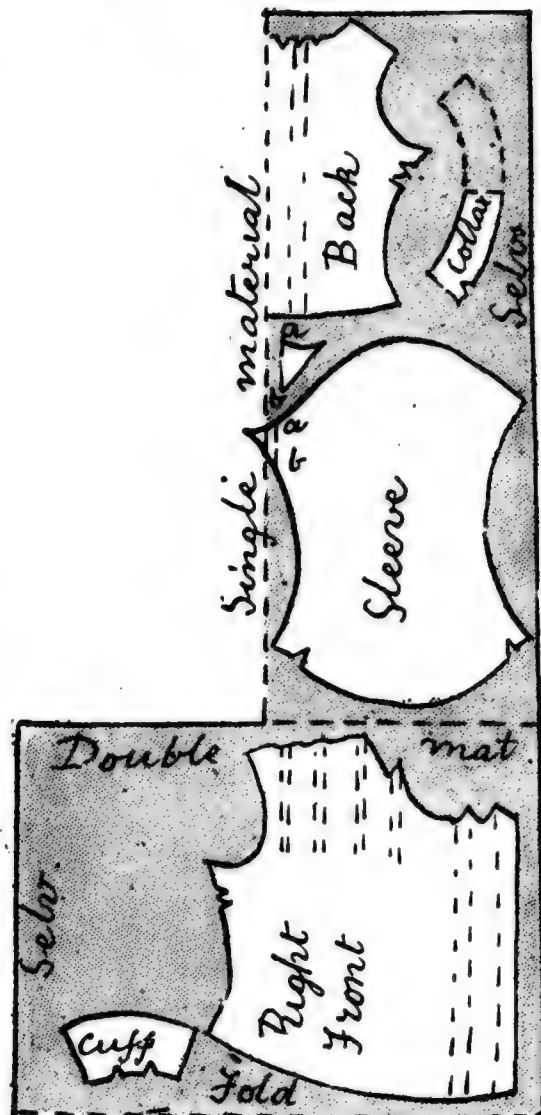


DIAGRAM OF BLOUSE PATTERN.

Spaces are marked out on the single material for the left half of blouse and half the band. The left front of the blouse is cut without the box-pleat.

The knickers are seamed back and front, the legs being edged with washing galon. The top is hemmed, and is drawn up round the waist with a tape runner. Buttons are sewn on at intervals, which fasten into buttonholes made in the lining of the blouse belt.

Seam the one-piece blouse on the shoulders, and stitch the box-pleat. Cover the pleat with galon. Make buttonholes in a lined band sewn beneath the box-pleat, and sew buttons down the left front's hem. Gather the edge into the lined belt, which is covered with galon and which buttons on to the knickers as just described.

Seam and trim the sleeve, and sew it into the armhole of the blouse. All the seams throughout should be bound with sarcenet to avoid chafing, and a soft, fine make of serge should be obtained.

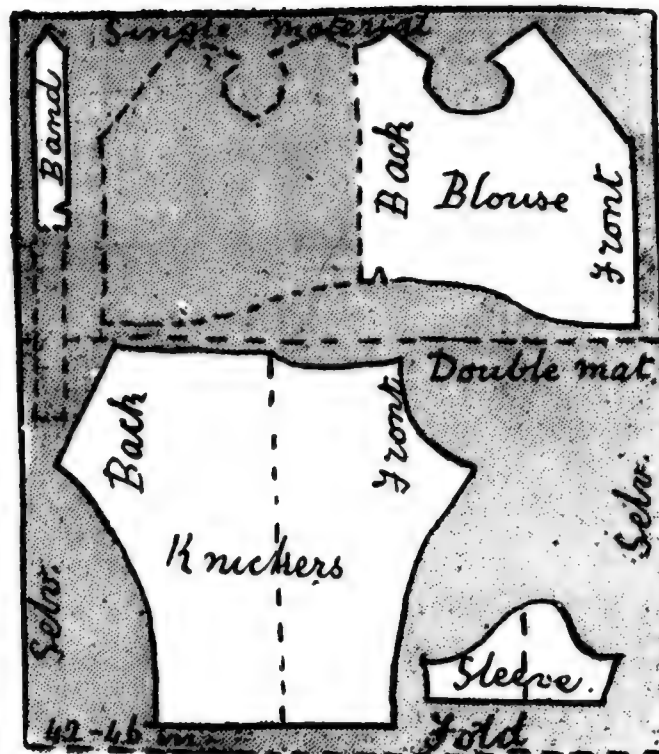


DIAGRAM OF BATHING DRESS PATTERN.



BATHING DRESS FOR A LITTLE GIRL.

For Description see this Page.

THE CUT-OUT PAPER PATTERN OF THIS BATHING DRESS IS PRESENTED FREE WITH THIS NUMBER.

Everyone has been disturbed by the reported revival of the crinoline. Madame Sarah Bernhardt describes the tendency as a "positive infamy." Faith is universal in the taste and common sense of modern women, and it is safe to say that the crinoline will never again be seen. The cause of the panic is, of course, the stiffened petticoat and the steel or whalebone now introduced into the hem of full skirts (especially for tall women); but between this arrangement and the appalling crinoline of the early 'sixties there is no resemblance whatever.

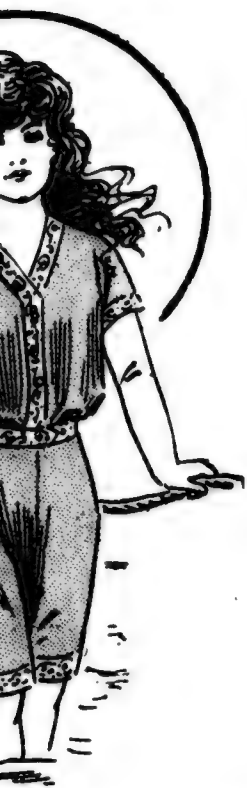
Transparent blouses should be worn over underslips (fitted, boned or not, according to preference) of silk or mercerised cotton matching the skirt or foundation skirt.



"I have taken your journal for seven years, and find it very useful".—L. Bradbury, 38, Gladstone Avenue, W. G. N.



BATHING DRESS PATTERN.



DRESS FOR A LITTLE GIRL.

For more information see this Page.

PATTERN OF THIS BATHING DRESS PRESENTED FREE WITH THIS NUMBER.

is disturbed by the reported... Madame Sarah Bernhardt... as a "positive infamy."... the taste and common sense... and it is safe to say that the... again be seen. The cause of... se, the stiffened petticoat and... now introduced into the hem... (ially for tall women); but... ment and the appalling crino... ties there is no resemblance

s should be worn over under... not, according to preference... cotton matching the skirt or

venue, W. G. N.



CHARMING GOWNS FOR COUNTRY GARDEN PARTIES.

For Descriptions see Pages 36 to 42.

Price of Paper Patterns, Pleated Skirt, 1s. 0^d.; Skirts, Foundation Skirts, or Bodices, each 6^d., post free of MADAME MYRA, 10 and 11, Fetter Lane, E.C.

Lessons in

Dressmaking.

A PRETTY BATHING DRESS.

THIS looks remarkably well in dark green serge decorated with russet linen. The pattern is in five pieces—half the knickers, half the back and one front of the blouse, half the collar, one sleeve. The diagram shows the pattern pieces laid on 4 yards of 48-inch serge, which is opened to the full width and is doubled so that knickers, front and sleeve pattern are each cut in duplicate. Above,

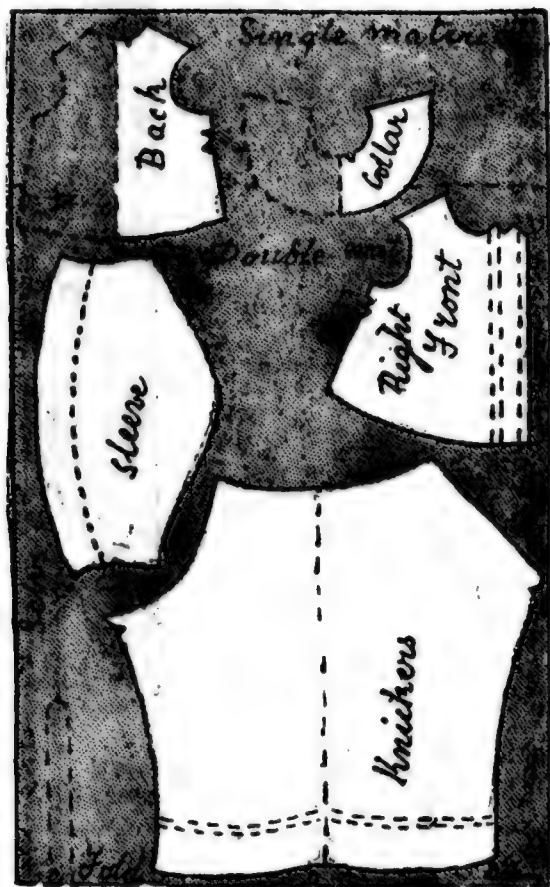


DIAGRAM OF BATHING DRESS PATTERN.

on the single material, is laid back and collar, the missing halves marked off on the material. The left front of course is cut without box pleat. It is sometimes more convenient to make the whole dress of serge, as large pieces would be left over—sheer waste, and the pattern cannot cut more closely than shown, except by seaming the back (which rather spoils it) and placing it where the waistbelt is marked out. If collar and belt are of linen, and the back is seamed, $3\frac{1}{2}$ yards of serge would be sufficient and no waste. Sleeve and knicker frills are cut with the sleeve and knicker pieces.

The knickers are seamed up the back and front, two inches of the front being left open and hemmed, for the convenience of the runner of tape or sarcenet ribbon which is passed through the top seam. The legs are hemmed and gathered to form a frill, the gathers supported on tape. This completes the knickers. The seams throughout the costume should be bound with sarcenet ribbon, as raw edge serge seams would be very irritating to the skin.

Back and fronts of the blouse are seamed together. The front box-pleat is covered with a band of linen braided with green. The buttonholes are made down the box-pleat. The lower edge is gathered into the knickers, drawn by the same runner. The braided belt covers the runner. If the opening is not sufficient, the knicker seam in front must be opened and closed with buttons.

The top of the blouse is arranged into the braided collar, which is finished with a russet silk tie.

The sleeve, seamed, hemmed, and arranged into a frill like the knickers, is eased into the armhole.

For the collar, belt, and front band $\frac{1}{2}$ yard of 36-inch linen would be sufficient.

A USEFUL BATHING WRAP.

This can be quickly and economically made out of fancy tweed, serge, or double-width striped Turkey towelling. Any width towelling will do, as the stripes enable one to seam the material up the selvages without the seams showing in the least—if the stripes meet nicely. It is not easy in England to get the wide towelling.



No 5848. A PRETTY BATHING DRESS.

For Description see this Page.

Price of Paper Pattern, 1s. 0 $\frac{1}{2}$ d., post free, of MADAME MYRA, 10 and 11, Fetter Lane, E.C.

The pattern is in four pieces—one front, half the back, one sleeve, half the hood. The diagram shows the pattern pieces laid on $4\frac{1}{2}$ yards of 48-inch material, which is doubled up the dotted line (selvages meeting), the back centre of back pattern laid on the fold, so that it is cut in one piece, the other pieces being cut in duplicate. Corners have to be added on sleeve and back at c f, c d, a b, because it is more economical to cut sleeve and front out of half the width of the material.

Seam together fronts and back. Seam the hood and gather into the neck according to the notches.

Bind the edge of fronts and hood—the hood having loose flaps, which protect the face. The seams should be bound for neatness, and the lower edge is simply hemmed. The braid for binding should match the colour of the stripe or spot.

The sleeve is seamed and bound. It is arranged plainly into the armhole.

It is not usual to put any fastenings on such a wrap, which is held round the body, and which should be a loose and very easy fit. But this garment, because of the hood, is best with a few fastenings—buttons and buttonholes. If fastenings are put on, before binding and hemming put strips of linen or sateen as a lining down the fronts to support buttons and buttonholes.

A TUSSORE DUST COAT.

A correspondent has asked me to give a dress-making lesson on a long dust cloak to be made up in tussore. It is a thoroughly useful garment, which every woman requires at this time of year; besides, I am always so pleased to assist correspondents and to hear that I can smooth out difficulties for them. Therefore this month I am dealing with a pretty wrap of the sort.

Tussore can be had of various widths. The very narrow ones would not do for a dust coat. I have drawn the diagram for a tussore from 36in to 42in wide, one of nice quality. The garment is unlined but for a strip facing inside the fronts to support the fastenings. This facing is cut on the front pattern.



No. 5849. A USEFUL BATHING WRAP.

For Description see this Page.

Price of Paper Pattern, 1s. 0 $\frac{1}{2}$ d., post free, of MADAME MYRA, 10 and 11, Fetter Lane, E.C.

I have used other fashion books also in my business, but my opinion is that the garments made from 'Myra's' designs and patterns remain longer fashionable than any others.—A. Braidwood, Glasgow.

The pattern is in five pieces (half the coat); one front, one sleeve, one shaped cuff or frill, half the collar. The diagram shows the pattern pieces laid on 6 yards of tussore, which is opened out and is double, so that each piece is cut in duplicate. The lacking half of the collar is marked out on the material. Duplicates of collar and frill can be used to line them if people object to

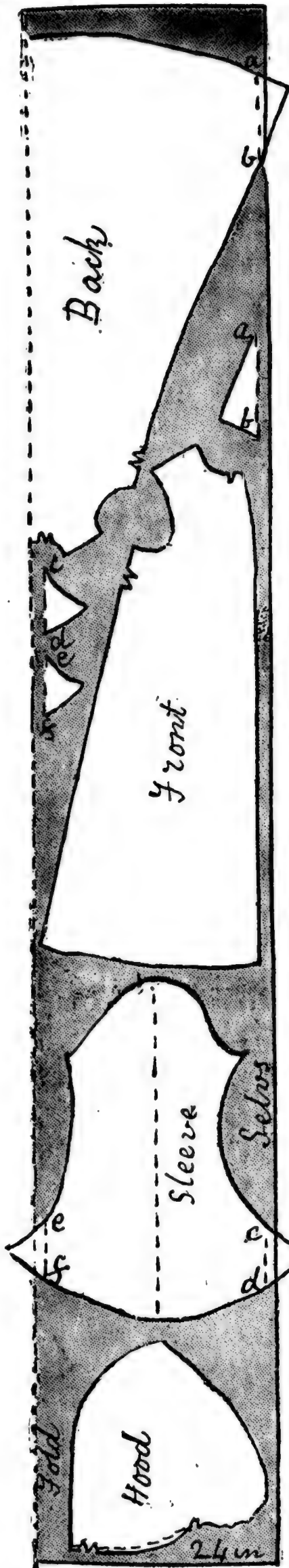


DIAGRAM OF BATHING WRAP PATTERN.

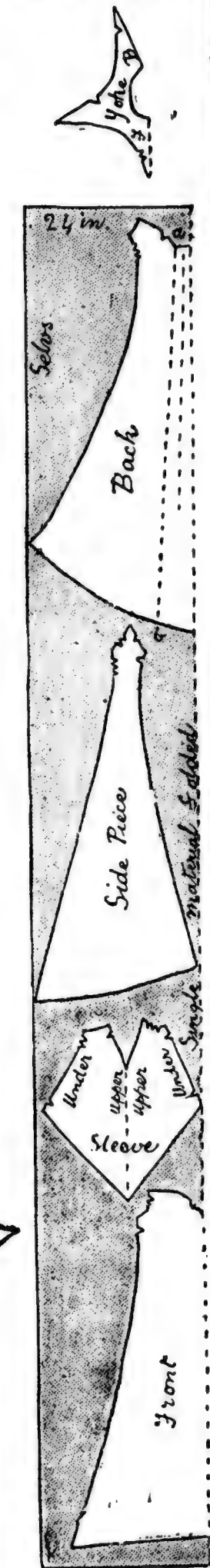


DIAGRAM OF DJIBEH PATTERN. (See Page 31.)

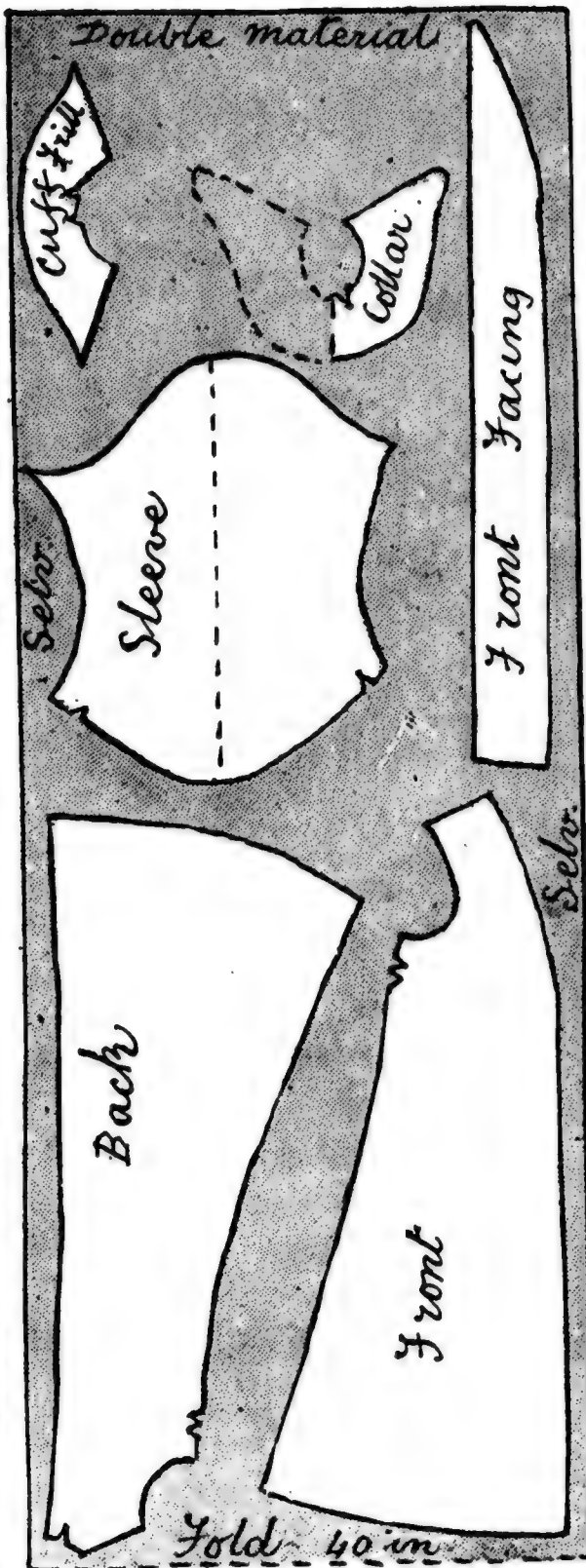


DIAGRAM OF DUST CLOAK PATTERN.

showing the stitches which secure in place the smart trimming of white lace medallions which trim those pieces.

Tack together fronts and back; try on. Stitch, press, and bind the seams. Sew together, inside out, fronts and facings; reverse them in the proper position, and stitch down outer edges. A band of lino should be slipped in to support buttons and buttonholes. Hem or bind the inside edges of facings. Hem the lower edge of coat. Make the buttonholes down the right front, and sew down the left front large pearl buttons. Trim and hem (or line) the collar. Stitch it to the neck of coat, and either cover the seam with a bias band of tussore, or else fell the lining over the seam. Seam, trim, and line the sleeve frills, seam the sleeve (binding the seams), and gather the lower edge into the frill's upper edge, felling the lining over the seam. Gather the top into the armhole, try on, stitch in the sleeve, and bind the seam.

THE DJIBEH TEAGOWN.

This artistic and simple garment is very economical in point of material. It cuts best out of 24-inch or 48-inch material. The gown sketched is of double-width Oriental

or silk-and-wool satin, in black or some pretty colour, the yoke being of white embroidered satin. The gown is quite unlined, except the yoke (for support) and the sleeves—necessary if the material is not, like silk, reversible. The colour of the sleeve lining should match the yoke.

The artist has drawn the gown rather fuller at the lower edge than it is in reality.

The gown looks lovely in cream silk-and-wool satin, with transparent yoke of lace, manufactured to shape and backed with good quality chiffon for the sake of substance, the yoke being a very important part of the gown and requiring support.

The pattern is in five pieces: half the one-piece front, half the one-piece back, one side-piece, half the yoke, one sleeve. The diagram shows four of the pattern pieces laid on 5½ yards of 48in. satin, which is doubled, selvages meeting. The yoke, of course, should be cut in a single piece, like back and front of gown.

It will help the novice to put the gown together (the pattern is carefully notched) if I say that there is a great deal of "splicing" effect with points of yoke and side-piece. The yoke points dip into front, back and sleeve tops. The point of the side-piece dips into the under-sleeve at the seam, the seam of the sleeve only commencing at the



No. 5350. A TUSORE DUST CLOAK.

For Description see this Page.

Price of Paper Pattern 1s. 0½d., post free, of MADAME MYRA, 10 and 11, Fetter Lane, E.C.

extremity of the side-piece point. Cut, fit, embroider, and line the yoke. Tack together the gown according to the notches. First of all tack together the long side seams of gown (single and triple notches), then line and tack the sleeve into armhole, the top of the side-piece splicing into the sleeve seam. This being all right, the yoke must then be tacked in place. Fit the gown—an easy fit. Alter yoke and armhole as little as possible. The edge of the gown is simply hemmed. The back of the yoke must hook very neatly so as not to spoil the effect.

November 29, 1901.—"I have been a subscriber to your journal for many years and always find it most useful to me in my business."—E. Stenning

No. 5351

No. 5352

No. 5353



No. 5354

No. 5355

No. 5356

EMBROIDERED BLOUSES FOR THE SEASIDE; MUSLIN BLOUSES FOR TABLE D'HÔTE.

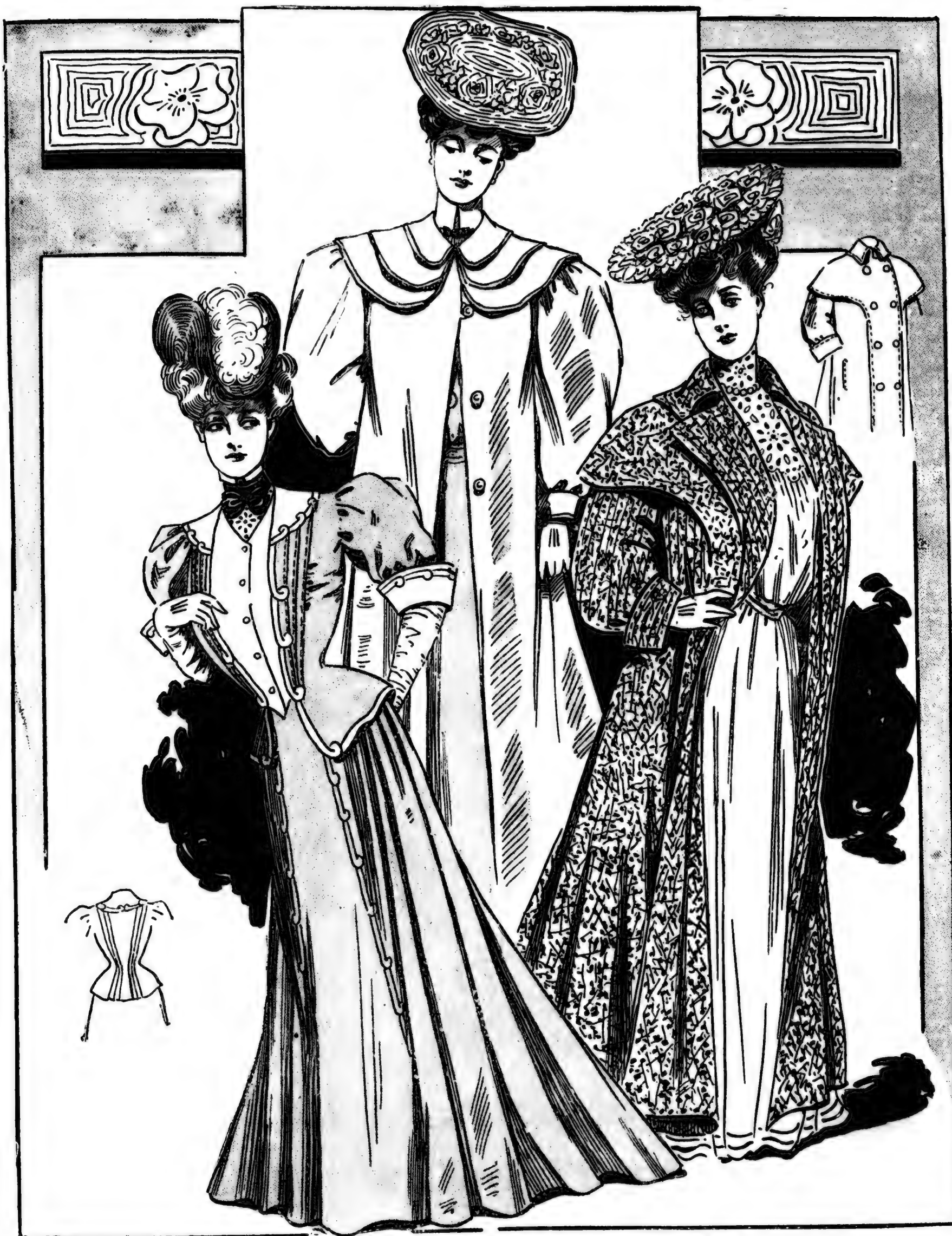
For Description see Pages 36 to 42.

Price of Paper Patterns, each 6½d., post free, of MADAME MYRA, 10 and 11, Fetter Lane, E.C.

No. 5357

No. 5358

No. 5359



SMART TRAVELLING GOWN AND WRAPS FOR TRAVELLING, MOTORING, etc.

For Descriptions see Pages 31 to 42.

Price of Paper Patterns, Long Wraps, each 1s. 0½d.; Skirt, Foundation Skirt, or Small Coat, each 6½d., post free of MADAME MYRA, 10 and 11, Fetter Lane, E.C.

SEASIDE COSTUMES FOR CHILDREN.

(See Page 19.)

It seems to me that little girls are easier to clothe successfully than they used to be. Is it due to the increased athleticism that girls of all ages indulge in, or is it due to the better cutting, fitting and making of their frocks? Certainly the podgy, undressable girl is seldom to be met with now. There is a litheness and grace about the modern well-shaped little girl that is perfectly delightful to behold. Lessons in dancing and deportment may be responsible for some of it, no doubt, but as this same symmetry of shape and general grace is noticeable in little girls who do not go in for lessons of this sort it cannot be due entirely to this latter reason. Some modern mothers agree—and, I believe, there is some truth in what they say—that such lessons give an air of artificiality and an objectionable air of assurance to young girls.

However, the certainty remains that little girls look nowadays better in their clothes than of yore, and as my business is with facts and not with little platitudes I must turn my attention to clothes for girls in general.

Fashions alter slowly in the realm of children's fashions. The smart little military coats, the fulness at the back held in with bands, are still very general, and one can see them by the dozen. The long-waisted coats with full circular skirts are still also very popular, and black hats and black shoes and stockings are quite as much the rage as formerly. No doubt the popularity of the light black hat is due to the fact of its undoubted becomingness. Children, as a rule, have high colours and fair complexions, and they never look so well as when wearing a black hat. The same rule, I notice, applies to baby boys.

Some mothers—surely by every rule of common sense, if not of hygiene, they are misguided—put their little girls into black boots and short white socks. Now this fashion of wearing short socks is very well in the height of summer, but it ought not to be done in the colder weather, when it becomes surely a cruel and a very senseless vogue. It savours of the Parisian child, who wears socks very late in its juvenile life, and, no doubt, that is why it is irresistible to some mothers.

The cult of the shoeless child is exploded; no doubt, presently, the hatless child (in London, at all events) will be as extinct as the dodo. Certainly, there is more sense in the latter craze than in the former. Nature has given us, in most instances, an adequate covering for the head; but she has not for the foot.

As regards hats, children are wearing the most delightful head-gear. The Napoleon hat for the seaside is replaced by the big sun hat or picturesque bonnet of leghorn or chip (see the little maiden in the plaid frock). The mushroom and the Romney hat is still immensely popular, and no doubt will continue to be so till the autumn and winter, when, possibly, the tricorne will return.

For little frocks for outdoor wear and for the schoolroom, checked zephyrs are very much worn. Black and white and navy blue and white shepherd's plaid is immensely smart for little girls, and, on the whole, is quite as useful for the seaside and

country as the well-beloved blue serge. The larger plaids I do not advocate for little girls. Perhaps for a tall, slight, well-set-up girl of fifteen or sixteen years a large plaid would look well. It would be advisable, however, to make it on the cross, the skirt with a centre seam down the front, the sides being cut in full circular fashion.

The pleated and box-pleated skirts cut without gores, and entirely on the *straight*, are hard to beat for girls' short frocks, as every chance of dropping in uneven lengths, as in the case of a gored skirt, where the material is on the cross, is avoided. Of course if a girl had very big hips this style would not be advisable; but in the majority of cases the box or flat pleated skirt, like a kilt, answers admirably and always looks smart. It is easier to make, too, as no pattern is required.

Naturally, a skirt made in this style takes a yard or two more of material; the pleats, too, are best when stitched down flat to the depth of several inches, three, four or five inches, according to the size and height of the child. The edge of such skirts look best with rather a wide hem (from two to three inches in depth), and these will require machine-stitching two or three times. The pleats are set into the waist the whole way round, with the exception, in some cases, of a few inches to form a panel in front.

Children's costumes have never been prettier than they are now. Some people think that ladies' frocks are too highly trimmed, but the simplification of prevailing styles for young girls makes a wholly charming effect. What could be prettier than the plaid zephyr frock, No. 5362? The full skirt is tucked to the flat pattern, and the blouse is gathered on a shoulder strap of lining.

The vest (of *broderie anglaise*) is arranged on a bodice lining, which supports the skirt and buttons at the back. The silk sash tied on the left is particularly smart. The full sleeve is gathered in two puffs on a lining, which supports the lower sleeve of *broderie anglaise*. For a girl of ten, 8 yards of 29-inch zephyr will be required, and $\frac{1}{2}$ yard of *broderie anglaise*.

No. 5365 is a costume of linen—a full skirt, decorated with added tucks and a tucked blouse—the tucks turned to right and left to simulate box-pleats. The yoke of *broderie anglaise* is detachable for washing convenience, and so is the collar and sleeve frills, these being more easily soiled than the darker linen. This frock, for a girl of twelve, will take 8 yards of 29-inch linen.

No. 5366 is a useful little seaside coat and skirt of linen—the skirt in flat kilts as above described, and the little coat a neat skirt sacque, the collar of darker linen braided. For a girl of five, 4 yards of linen will be required.

No. 5363 is a linen overall—a capital garment to protect or replace a more easily soiled frock for seaside wear. This is gathered into a three-piece yoke. It has large sleeves with wristband, and is prettily feather-stitched.

Nos. 5364 and 5367 are nice seaside suits for boys.

No. 5064 is carried out in white Viyella with blue linen collar and wristbands.

No. 5367 shows a very neat double-breasted Viyella blouse with blue serge knickers.

No. 5360

No. 5361



No. 5361A

GOWNS AND BLOUSES FOR A HOLIDAY OUTFIT.

For Descriptions see Pages 36 to 42.

Price of Paper Patterns, Skirts, Foundation Skirts, Coat or Blouses, each 6d., post free, of MADAME MYRA, 10 and 11, Fetter Lane, E.C.

Beckenham, Kent.—"I have been a subscriber for seventeen years and think that your fashions are the best."—K. N.

No. 5362

No. 5363

No. 5364



No. 5365

No. 5366

No. 5367

SEASIDE COSTUMES FOR CHILDREN.

For Descriptions see Page 18.

Price of Paper Patterns, Skirts, Blouses, Coats, etc., each 6¹/₂d., post free, of MADAME MYRA, 10 and 11, Fetter Lane, E.C.



No. 5368



No. 5369

LINEN AND SERGE SEA-SIDE GOWNS.

For Descriptions see Pages 36 to 42.

Price of Paper Patterns, Skirts, each 1s. 0½d. : Foundation Skirts, or Blouses, each 6½d., post free of MADAME MYRA, 10 and 11, Fetter Lane, E.C.

No. 5371

No. 5370



CHARMING MUSLIN PIER GOWNS.

For Descriptions see Pages 36 to 42.

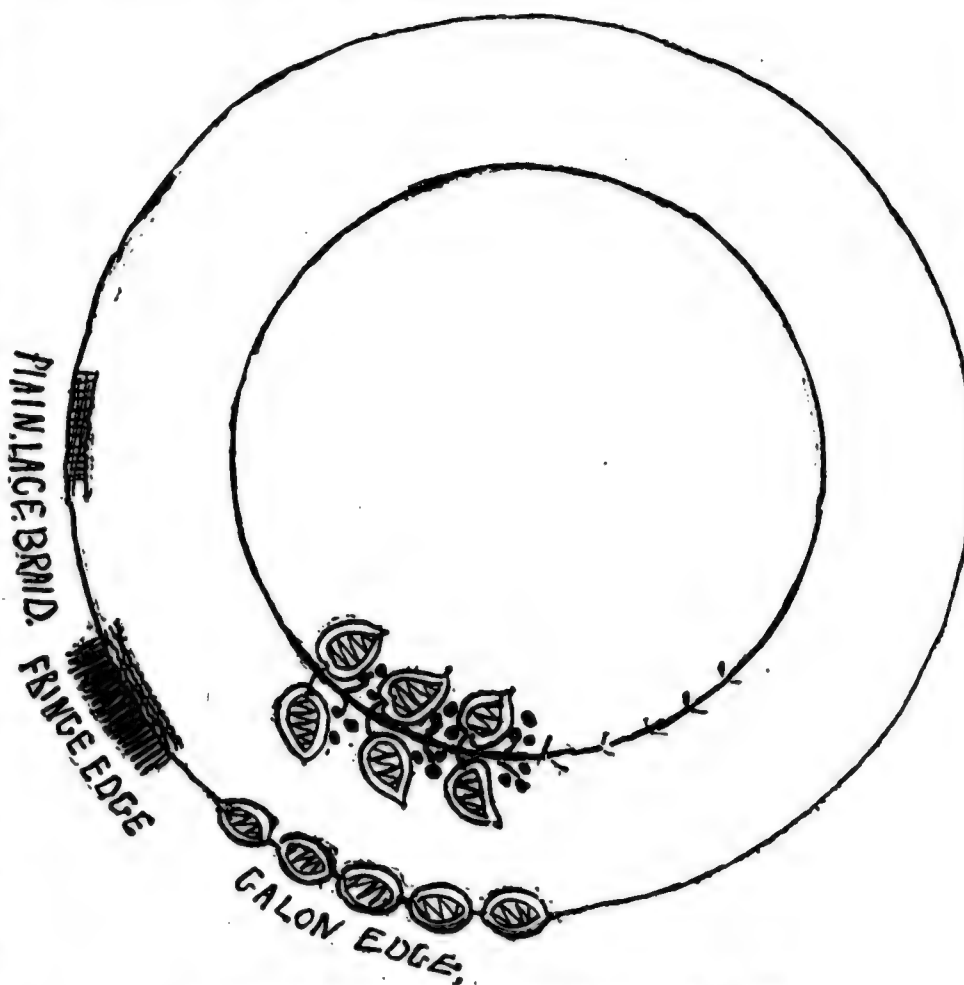
Price of Paper Patterns, Skirts, Foundation Skirts or Bodices, each 6d., post free, of MADAME MYRA, 10 and 11, Fetter Lane, E.C.

MUSLIN AND LACE WORK.

THE materials necessary for the work, which can decorate cushion covers, dessert doyleys, blouses, collars, or summer gowns, are some fine white swiss muslin, lace galon by the yard in two or more sizes, one or two skeins of fairly thick ivory silk, and sewing cotton No. 6. The first design is for a cushion cover. Take a piece of muslin 22 by 22, lay it flat on a piece of white paper and pin so that the muslin cannot move. Mark on this a square 14 by 14 inches in lead pencil, putting first a dot at each corner; and when ruling the lines stop them an inch from each corner spot.

This is the foundation for the pattern, and for it two different sizes of lace are required: 3 yards of the larger measuring about $1\frac{1}{2}$ inches each division, and $2\frac{1}{2}$ yards of the smaller, which measures about 1 inch each leaf.

Cut off 3 pieces of the small galon, each with two divisions connected by a stalk. These will form one of the six petalled star flowers of the design; eight in number. Pin the pieces of galon with the stalks turned to the centre dot, each petal the same distance from its neighbours as the illustration shows; sew each twice up the centre, and very neatly round the edge; finish the flower with a centre of French knots worked in silk. All the flowers must be finished before the leaves are begun. The central flowers of the four sides can be replaced by a large dot worked in silk with stamens thereof finished by French knots, instead of the six petalled flowers, reserving these for the corners. When the flowers are finished, cut off three pieces of the large galon, each with two leaves connected by a stalk; pin the three pieces of lace on the upper side of the design, with their leaves pointing upwards at an equal distance, their stalks being about an inch apart, as the picture shows. Sew down very finely twice up the centre as well as round the edge. Each leaf must lie perfectly flat. Notice that the six side



DESSERT DOYLEY IN MUSLIN AND LACE WORK.

leaves all point upwards, while those at the top and foot of the pattern turn their points towards the centre from both sides. For the stems, crochet some of the silk into a braid, couch this down at regular intervals with sewing silk, and take care no ends show through the muslin. When the work is complete iron it carefully on the wrong side over a blanket and mount over white.

The second design for a dessert doyley is much finer work; the lace leaves measure hardly $\frac{1}{2}$ in each, and could be smaller if desired. The decoration consists of a wreath of écreu lace leaves and berries in silk French knots at regular distances. The edge can be finished with galon to match the leaves, with a plain écreu lace braid, or with a fine ivory silk fringe.

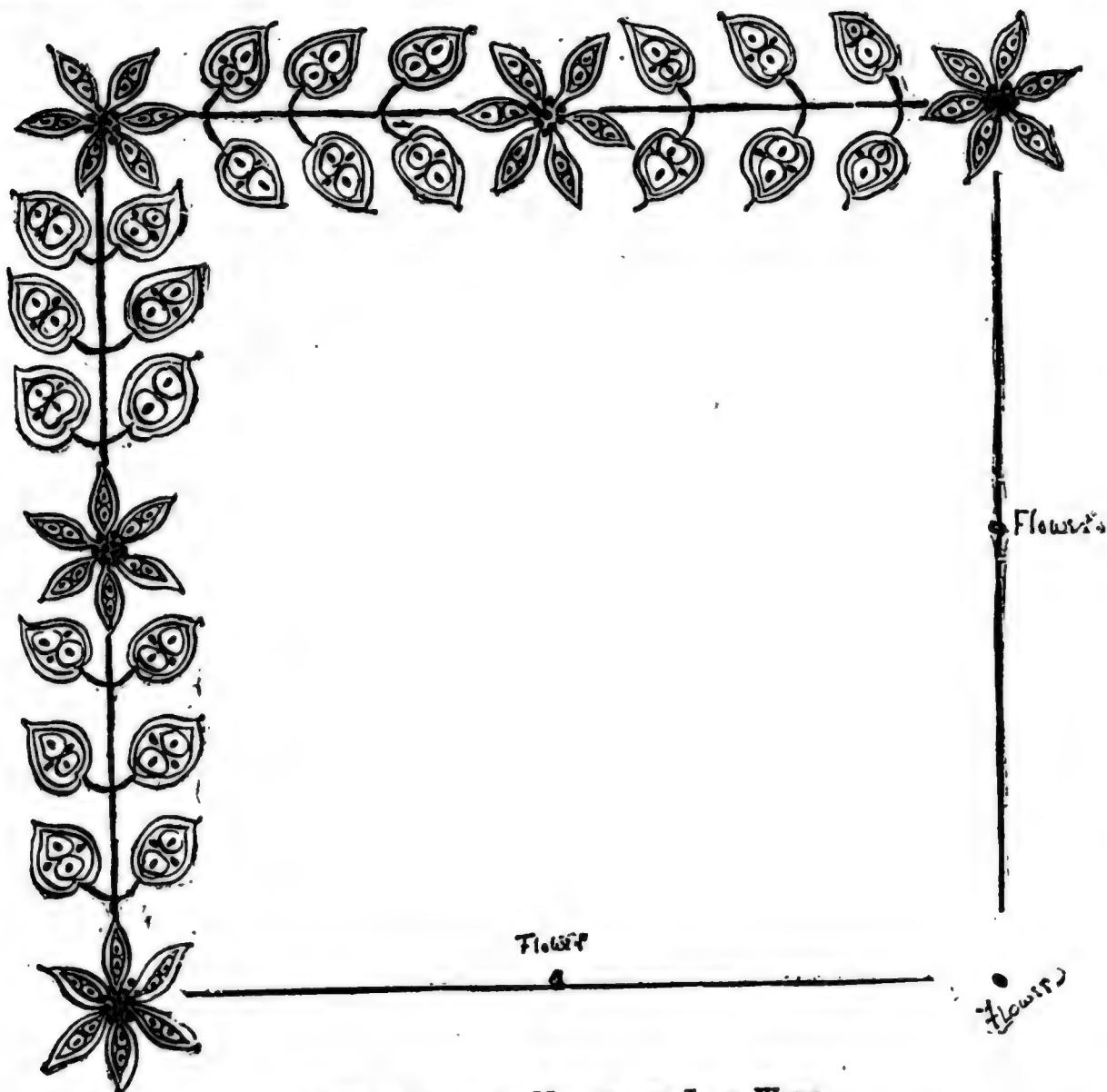
Procure a saucer or small plate the size of the doyley, place it on the muslin and pencil it lightly round; allow for turnings outside the circle. Trace an inner circle for the wreath, and mark dots at regular intervals where the stalks of the lace braid will be sewn on; allow room for the groups of French knots. All the lace is sewn on with Taylor's écreu lace thread, No. 10. The berries and stems are of ivory silk, the stems formed by one or two threads laid down and stitched down at regular intervals with ivory sewing silk.

LADIES AND DOMESTIC SERVICE.

Now that so many women of gentle birth and good education are joining the ranks of domestic service, it is extremely interesting to glance back at a similar movement which was carried to a successful issue over thirty years ago, when the lady domestics of to-day were the merest babies, if indeed, they had seen the light at all.

Mrs. Rose Mary Crawshay, of Cytharfa Castle, Merthyr Tydvil, was the pioneer of the movement—a woman of decidedly advanced and enlightened views all round. Mrs. Crawshay kept five lady servants in her own employ at Cytharfa: cook, lady's maid, kitchenmaid, dairymaid, and upper housemaid. Moreover, she wrote a pamphlet on the subject, entitled "Domestic Service for Gentlewomen: a Record of Experience and Success." Commenting on this pamphlet, a writer in the *Saturday Review* of January 9th, 1875, remarks:—

"If Mrs. Crawshay's experiment results in teaching ladies that scrubbing out a room is a no less worthy work than knitting an ugly antimacassar; that the making of butter is a more healthy and interesting employment than trying to play a bad piece of music on an equally bad piano; that household economy and a knowledge of dainty cooking are accomplishments quite as charming in a lady as being able to make cardboard-boxes and valueless lace, we wish her every success. She would thus pave the way for early marriages which would no longer be imprudent ones. But if her plan is to turn things upside down and still further complicate our social relations, already so difficult, we cannot help wishing that lady-helps may be confined to Cytharfa Castle."



CUSHION COVER IN MUSLIN AND LACE WORK.

No. 5872

No. 5873



No. 5874

No. 5875

SMART SEA-SIDE MILLINERY.

For Descriptions see Pages 36 to 42.

No. 5376

No. 5377

No. 5378



TEA AND BREAKFAST GOWNS AND DRESSING JACKET FOR THE SEA-SIDE OUTFIT.

For Descriptions see Pages 36 to 42.

Price of Paper Patterns, Gowns, each 1s. 0^d.; Jacket, 6^d.; post free of MADAME MYRA, 10 and 11, Fetter Lane, E.C.

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CAUTION.—Examine the Capsule, and see that it is marked ENO'S 'FRUIT SALT'. Otherwise you have the sincerest form of flattery—IMITATION.

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Black or White Ground with Blue Flower
5/11, 8/11, and 12/9.

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No. 5385



No. 5379

No. 5379A

No. 5380

No. 5382

No. 5383

No. 5384

SMART GOWNS, COATS, AND SKIRTS FOR THE SEASIDE OR T

For Descriptions see Pages 36 to 42.

Price of Paper Patterns, Pleated Skirts, each 1s. 0½d.; Skirts, Foundation Skirts, Coats, or Bodices, each 6½d., post free, of MADAME

No. 5885



No. 5883

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No. 5886

No. 5887

No. 5887A

AND SKIRTS FOR THE SEASIDE OR TRAVELLING.

For Descriptions see Pages 36 to 42.

Foundation Skirts, Coats, or Bodices, each 6½d., post free, of MADAME MYRA, 10 and 11, Fetter Lane, E.C.



AGATHA was an art student. She wore a big pinafore slipping off the shoulders, and claimed to be a judge in matters of taste. The results of her work at the school were a few rather feeble designs, one or two paintings of shining pots and pans—which her parents proudly framed—and an overwhelming amount of conversation.

Agatha was a favourite among the students, perhaps partly because her work could not have excited envy even in the breasts of the most emulous, but certainly due to a great extent to a peculiar charm of her own. In any function not appertaining to art which took place at the school she was always a leading spirit, and helped to "make the thing go," as the others expressed it.

Agatha, then, was indispensable to the Art School, just as the Art School had become essential to her. Many were the tussles she had with her mother concerning this same hobby; but, being hopelessly spoilt, Agatha usually came off victorious.

"My dear," Mrs. Burdett would argue, "every girl should learn the ordinary domestic duties of her sex."

Agatha retorted:

"Oh, mother, that idea is quite exploded nowadays. Besides, I mean to make a success of painting; think how pleased you and papa would be if I did."

"Still, not if it means neglecting more important things."

"I don't call them more important."

"Well, more necessary, anyhow, Agatha."

Whereat the wilful daughter proceeded with tears to expostulate and coax, until her mother, distracted and remorseful, could resist no longer.

Then up the stairs scampered Agatha, whistling and singing, dashed into her own room, and had soon reduced it to a state of chaotic disorder in her search for hat and gloves, picked up various minor properties, and rushed off to enjoy paint and charcoal again.

As she skimmed up the Art School staircase, two steps at a time, someone accosted her.

"Hullo, Aggy! You seem in an awful hurry."

"I thought I should be late for class."

"There is no class this morning. Come out and get cool on the roof."

It was a favourite retreat among the students, and Agatha consented.

She and Adrian were soon comfortably installed, eating buns and talking hard.

One of the fads greatly in vogue just then at the Art School was fancy dress dances, which took place about once a month, when the most pedantic and daring costumes were displayed, originality and æstheticism struggling for supremacy. Agatha was not among the extremists; she limited herself to looking really pretty—everybody expecting this result of her—and indulged in no startling effects.

"What are you going as on the 15th?" inquired the youth beside her—he was not a man—referring to one of these occasions.

"A sacrificial maiden in the days of the Druids, I think."

"What a beautiful sacrifice!" returned he, with characteristic extravagance; "you will make us all weep."

"Don't be silly, Adrian! What are you going to be?"

"The altar," murmured he, eyes upturned; "that I may enjoy the intoxicating pleasure of supporting you."

Agatha laughed impatiently at his nonsense.

"I should think you had better go as Simple Simon," she suggested, airily.

"Ah!" with a voluble sigh, "they say men in love always look fools."

"Oh! who is it this time, Adrian?"

Adrian's love affairs were legion, and public property.

"Need you ask?" he said, turning to regard her reproachfully.

"You surely don't mean I'm the victim?" taking another bun.

"Yes; you are the sacrificial maiden. If I hope to obtain you I suppose I must go as one of the gods."

"I am afraid you will never obtain me if that is a necessary condition!"

"Then I'll be Mephy, and steal you away, like Pluto did Persephone. I know, Aggy," suddenly inspired; "go as Persephone—gorgeous idea!"

"No; I am going as a sacrificial maiden."

"Oh, all right, if you choose to throw yourself away!"

"I must do some work," she cried, springing up with unexpected alacrity.

"Oh, stop a little longer."

"Not another second! We have wasted quite enough time already."

"Is it waste of time talking to me?" lugubriously.

"Yes, awful!"

"I don't believe you would have come at all if it had not been for the buns."

"Perhaps not. So you have the buns to thank."

She dived through the window again, with a provoking little laugh, which would have maddened anyone but Adrian under similar conditions. However, he was able to assume the injured pose to perfection, and she left him the picture of ridiculous dejection.

A few minutes later her head appeared pertly round the corner.

"Still here, Monsieur Melancholy?" she teased.

"Ah! you find your adorer forlorn indeed, cruel maiden," sighed he.

"I forgot to tell you, Adrian—my dear boy, such news! A young man is coming to stay with us!"

"A young man! Agatha, you rouse my jealousy."

"Yes, and a most practical young man, too! He has been out in Canada and made himself a fortune."

"Vulgar creature!" ejaculated Adrian, with apish fastidiousness.

"N'est-ce pas? I thought I must just tell you, though," preparing to flee.

"Aggy!"

"Well, what? Be quick! I am in a hurry."

"I hope devoutly that his filthy lucre will not prove a temptation."

The window banged behind her as she disappeared.

The fifteenth day of the month dawned with much jubilation and uproarious excitement at the Art School.

Agatha had been busy decorating all the morning, while Adrian hung about, a useless slave, spouting quotations and inventing witticisms which everyone ignored as a matter of course.

When the evening came round both parents scolded Agatha for looking tired and pale, but she scoffed at such accusations, declaring that

nothing but the coming stimulation was needed to restore her vitality.

The assurance seemed not without foundation. All signs of fatigue had vanished when, aglow with anticipation, she entered the familiar building in festive array.

A particularly magnificent-looking Viking acted as her escort, whom the artistic admiration of the school, coupled with his unknown identity, at once constituted a centre of animated attraction and interest.

Agatha, while endeavouring to conceal her satisfaction, was justly proud of the impression he created.

"Who is it, Aggy?" inquired Adrian, pronouncing his own somewhat eccentric dress as a Will o' the Wisp's attire; the term, he explained, was elusive, and might therefore be rendered according to personal inclination.

"It is the 'vulgar creature,'" she said.

"What, the farmer?"

"Er—no, Adrian; the ploughboy."

"He is a fine specimen, though."

"Yes; he is a man," supremely.

Adrian made a grimace, which was appealing, but awoke no sympathy.

"Well, what do you think of it all?" demanded Agatha of "the fine specimen," later on.

"I think it is very rotten indeed, but I am glad to see you enjoying yourself so much."

She looked piqued.

"It is rather disagreeable of you not to like it," she complained.

"It is—very. It may be that I have no sense of adaptability, but certainly I feel a little out of my element. Still, I do not regret coming."

"If you haven't enjoyed it, though," pouted she.

"You have, Miss Burdett."

"Oh!" Agatha flushed a little. "Everybody looks after themselves here, you know," she explained; "no one cares whether the others enjoy it or not—they always do, you see."

He nodded silently.

"Some of the dresses are exceedingly pretty," he observed presently; "a great many are hideous."

"I don't call any of them hideous."

"My ignorance in such matters, probably, Miss Burdett."

"Oh, I don't know about that."

"Yours is among the exceedingly pretty ones, anyhow."

Agatha smiled.

"Of course," she expostulated, "if you do not enter into the spirit of the thing it does seem rather absurd."

"Who is this appalling young man supposed to represent?" he asked, as the Will o' the Wisp cake-walked by.

"That's Adrian."

"Oh, is that Adrian?"

"Why? Don't you think he looks nice?"

The Viking burst into an irrepressible laugh, then checked it suddenly.

"I am sorry, Miss Burdett. I don't think he does."

For some unaccountable reason, his disapproval annoyed Agatha. It set her thinking, and she went home in rather a discontented frame of mind.

The Viking's manner was remorseful.

"I never meant to decry your friend Adrian," he said.

"Oh, it doesn't matter," returned she, dragging wearily up the stairs; "you see, you and I look upon the world from such very different points of view, Mr. Harding—that's all. Good-night."

Afterwards Agatha felt a little ashamed of her behaviour, and wished she had been less consequential at parting. Unfortunately, however, she retained the same opinion: Mr. Harding knew nothing about art—the abstract ideal of her own existence—and Agatha despised him for it.

It seemed to Harding that during the following week Agatha talked considerably more about Adrian than she had previously done. Apparently she spent the whole day with him at the Art School. Harding was genuinely sorry for this state of affairs, from a purely impersonal point of view; he felt that this cake-walking Will o' the Wisp was unworthy of Agatha; it did not occur to him that Adrian was only passing the time in the way which

'The blouse pattern has turned out a great success, and Mrs. F. has managed to make herself an extremely pretty and well-fitting blouse from it.'



No. 5888. A NOVEL DUST COAT FOR RACES, MOTOR VISITS, etc.

For Descriptions see Pages 36 to 42.

Price of Paper Pattern 1s. 0½d.; post free, of MADAME MYRA, 10 and 11, Fetter Lane, E.C.

best appealed to his fancy. Adrian brought her home every evening, and there was always a great deal of conversation at the gate, as though they had not yet exhausted the pleasure of each other's society. Then Agatha would run in and talk volubly, seeming almost oblivious of Harding's presence.

The sense of pique was still paramount, and it is doubtful what foolish things she might not have done had Adrian been likewise so disposed.

One evening, as Agatha was coming along the corridor with Adrian in her wake, she beheld Harding in the hall. There was an antagonism about his attitude which the other two both felt to be irresistible.

As they approached, he turned with the greeting:

"I will see Miss Burdett home to-night."
"Oh, don't trouble—" she began.



No. 5389. A PLEATED SEA-SIDE TAILOR GOWN.

For Description see Pages 36 to 42.

Price of Paper Patterns, Pleated Skirt, 1s. 0½d.;
Foundation Skirt, or Coat each 6½d., post free,
of MADAME MYRA, 10 and 11, Fetter Lane, E.C.

"How can it be a trouble since I am going that way myself?"

"Well, Adrian can come too," she added.

"Three is an awkward number," retorted Harding, still resolute.

Adrian shifted from one foot to the other.

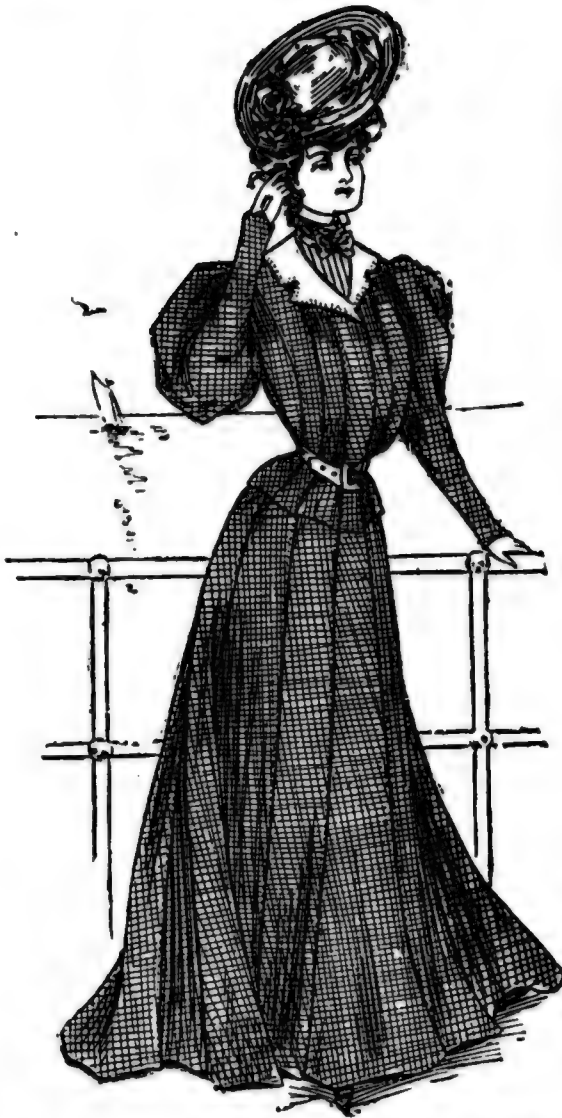
"Oh, all right, Aggy," he said; "I will forego the privilege just this once."

For some minutes they walked along in silence, Agatha nursing her injuries with zealous protection.

"Miss Burdett, I apologise," said Harding, "but I am going to leave you to-morrow, so I felt I might claim this evening. We were such good friends when I first came that lately I have rather grudged Adrian his intimacy."

Agatha's voice was plaintive as she asked:

"Why are you going to leave us? I thought you were going to stay for ever so long!"



No. 5390. A PLAID TRAVELLING GOWN.

For Description see Pages 36 to 42.

Price of Paper Patterns, Skirt, Foundation Skirt,
or Coat, each 6½d., post free, of MADAME
MYRA, 10 and 11, Fetter Lane, E.C.

The sudden change of manner perplexed Harding.

There was an awkward pause.

"Feeling as I do for you, Miss Burdett," he returned at length, "and knowing perfectly well that you have no such feeling for me, I do not care to remain."

Prevarication was now becoming serious, Agatha considered; she was not blind to her own sentiments, and, after a hard struggle with her pride, managed to answer:

"I do not know why you should take all this for granted."

"Because it is obvious."

"Which does not always mean that it is true."

"Ah, that is the way of the Art School!" he retorted, with a short laugh.

"I don't exactly like the way, though," softly.

"But you like the Art School."

"Oh, I like it—yes. At the same time—well, it is not the only—I mean it is not all in all to me, if that is what you imagine. I quite realise that it has certain limitations." These disjointed concessions she delivered with no small show of embarrassment.

Harding was incredulous for a moment, but he pressed for an adequate explanation, and perhaps it was well for Agatha that she was obliged to confess the truth in a few straightforward words.

These words, which cost her so much, effectively detained Harding. It was entirely owing to them that he did not make his departure the next day, but instead went to fetch Agatha from her work for the last time.

He discovered her among the rest of the students, with Adrian in the centre of the room, leaning against a table, deploring his own unhappy fate for the edification of the School generally.

Agatha gladly suffered the conquering Viking to lead her away.

FREE PAPER PATTERNS.

Our paper patterns, presented free with this copy of MYRA'S JOURNAL, have been specially selected to be useful to holiday-makers, seeking rest and recuperation by the sea, on the hill-side, or amid woody glades and green meadows. In the June number four free paper patterns will be found, which supplement these four useful models. The June free patterns include those of a beautiful tucked skirt for linen, a very smart bolero coat for linen, and a charming semi-evening blouse which is the very thing for table-d'hôte. Linen costumes will be enormously used at the seaside for smarter wear (if of ornamental design such as our two free patterns suggest). In fact the combined June and July Free Patterns afford a complete outfit for those who want to take little luggage. This month we give a lovely tailor skirt and smart sacque for tweed, the ideal beach, travelling, or sport dress; last month we gave the



No. 5391. A TWEED COUNTRY COSTUME.

For Description see Pages 36 to 42.

Price of Paper Patterns, Skirt, Foundation Skirt, or
Coat, each 6½d., post free, of MADAME MYRA,
10 and 11, Fetter Lane, E.C.

more elaborate style for a high-class linen coat and skirt for the pier, afternoon wear, country flower shows, &c. The blouse this month is a shirt blouse to wear with coats and skirts; in the June number the blouse is of a dressy type for afternoon or table d'hôte wear. A little girl's dainty coat pattern for linen was given free in the June number, which was full of lovely summer styles for ladies and children.

A TASTY WAY TO COOK RABBIT.—Truss a rabbit, stuffing it with onion stuffing, and sew it up to prevent the stuffing falling out. Make a nice light crust and roll the rabbit in it. Tie all together in a pudding-cloth and boil. Make a sauce of liver and onions to serve with it. This dish may be baked if preferred, but the rabbit should be covered with bacon instead of (or as well as) crust. In either way it will be found a delicious dish.

"A really reliable pattern like yours are is half the battle in making things"



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LAUNDRIES FOR LADIES.

MY readers know that at all times it is the practical that I like to lay before them: practical views of life, practical efforts to gain a livelihood—in short, the practical in every shape and form.

Laundry work may be reckoned among the thoroughly business-like openings for ladies. The laundry—the sweet *lavanderie* of bygone days—has always existed; but flats, hotel life, and the domestic difficulty have much to account for in the great increase of the number of laundries—both steam and hand. But though their number is great there is always an opening for a really well-managed laundry, where good work, punctuality, and care may be reckoned on with safety.

Laundry work, though, is not suitable for the dilettante, for it means genuine hard work and but little leisure.

Therefore I will deal first with the personal aspect of the question; the training necessary in order to become a first-rate manageress, taking as my authority an excellent paper on the subject published in a handbook issued by the Central Bureau for women workers:—

"Laundry work is no mere pastime; it is hard work and worry from 8 o'clock on Monday morning until often 8 o'clock on Saturday night.

"But for those who are really in earnest, whose object is to earn their own living, and who are solely dependent on their own resources, it is a lucrative and most interesting employment. . . . A smart pupil can learn most of the practical part of the work in three months, but unless she is endowed at the start with considerable aptitude for business, and has inborn organisation and tact, failure as a manageress is very probable. The longer her probationary experience in a subordinate capacity the greater the certainty of success. . . .

There are plenty of suitable subordinate posts as heads of departments for which educated women are fitted; but personally I do not honestly consider it worth their while to take up laundry work unless they aspire to and are capable of eventual management or to have a laundry of their own. The first steps of the work are, of course, the hardest, and the first year or two of a manageress's life are usually her most worrying. . . .

Those who take up laundry work must be prepared for difficulties and worry, and plenty of solid hard work, but there is strong encouragement in the fact that there is a good living wage to be earned during the struggle. The work is very interesting and far from monotonous. When a manageress has 'found herself,' like Kipling's ships, she need never fear to lack a billet. . . . A small laundry requires a thoroughly practical working manageress, capable of taking a hand in any department. The manageress of a large laundry must be a good organiser as well. . . . I need hardly say that the greater the responsibility that rests on the manageress's shoulders, the higher the rate of salary. . . .

The chief difficulty as regards workers, lies in the scarcity of really first-class hands. To be a really best ironer, for instance, requires years of practice. Out of every twenty ironers employed in a laundry you will usually only find one or two who are really artists at their work. . . . Apart from the training necessary to produce expert work there must be certain individual characteristics, such as perseverance, patience, and love of the work for its own sake, before a really high standard is attained. . . .

The usual working hours in a laundry are from 8 to 8 Mondays, Tuesdays, and Wednesdays, unless very busy; 8 to 9, or even 10, Thursdays and Fridays; Saturday from 8 a.m. until the work is finished, varying from dinner-time during the slack season to 6 or 7 in the busy summer. An hour for dinner and half-an-hour for tea is allowed off. . . . The maximum working hours

allowed by the Factory Act are sixty per week, with an additional allowance for overtime of two hours per day for thirty days only in a year, but the total number of hours with overtime in one week must not exceed sixty-six. . . . The health of the workers in a laundry is usually very good. . . . Manageresses salaries vary from £2 a week to £4 or even £5, usually with commission on profits added. Some of you may be interested in the question of ladies starting laundries of their own, and may like a few suggestions on that point. My first advice is, do not start a laundry for yourself until you have bought your own experience, managing one for someone else! It is not quite so easy as it looks. I have had no experience of hand laundries, so cannot give you any figures concerning them. It is possible for an expert, who thoroughly understands the business, and how to purchase and lay out her plant economically, to start a medium-sized laundry on £1,000 capital. Of course, she would have to rent a building to do it at this figure. No one who is not an expert should attempt it on less than £2,000. A small shirt and collar business in a populous district could be started on considerably less, as the plant required would be much smaller and the returns quicker. This is a very profitable class of trade for a smart woman of business, but the status is not quite so good."

(To be continued.)



No. 5392. THE DJIBEH TEA GOWN.

For Description see Page 15.

Price of Payer Pattern, 1s. 0d., post free, of MADAME MYRA, 10 and 11, Fetter Lane, E.C.

FREE REGISTER.

No. 345.—Coat and mantle maker. At ladies' houses for 2s. 6d. a day. Renovations. (Penge.)

No. 350.—Costumier makes up ladies' own materials. (Tonbridge.)

No. 357.—Lady, complete invalid, would be most grateful for orders for work. Prize winner. Every sort of garment knitted; all kinds of crochet; trousseaux, layettes, and lingerie of all kinds hand-made. Bridge purses—a great novelty. Specimens. References.

No. 365.—Corsets and surgical belts made. Ladies attended. (London.)

No. 366.—Dressmaking business for sale. Seven years' standing. Medium class trade.

No. 367.—Private lessons given to ladies in dress-making, blouses, children's clothes, plain and art needlework, &c. Terms 5s. for two hours' private lesson. (Streatham Hill.)

No. 368.—Post wanted as fitter. Aged twenty. Tall, capable. (London.)

No. 369.—Dressmaking business for sale. Owner getting married. Full particulars given. (N.W.)

ANSWERS TO CORRESPONDENTS.

NOTE.—All letters should be sent to Miss Winifred Jones. Correspondents are especially requested to observe this, as otherwise delay inevitably occurs.

Will correspondents kindly take note that under no circumstances will a private reply be sent unless a stamped envelope and twelve half-penny stamps be enclosed? And any queries must be accompanied by a stamped addressed envelope. So many letters have reached me asking for a reply and enclosing no stamps or stamped envelope that I am obliged to make this announcement. Answers crowded out of the paper will appear the following month.

TUITION BY CORRESPONDENCE (Mrs. T.).—I am very pleased to hear that you have got two new pupils through the medium of my Bureau, and I thank you for writing to tell me of it. It is most strange to me that when people have received free benefits of this kind that it should be too much trouble to write and acknowledge them. I hope you may be very successful. I have returned the testimonial you sent. If you want a notice repeated the Register number must be sent. Obviously I cannot hunt through pages and pages for one name. So many of my readers overlook this.

DRESSMAKING PARTNERSHIP WANTED (Miss H.).—I am so very sorry that unavoidable circumstances have prevented you coming to any arrangement with my correspondent. That is the worst of taking a house on lease. It is indeed hard luck for you all round, but you must hope for the best, and perhaps something else may turn up of which you can avail yourself. Thank you for telling me. Please give me your Register number if you want a notice repeated.

OUTLINE FASHION SKETCHES (F. B.).—I much regret that I cannot give you the information you require. As you live near London, why not call personally on the art editors of the various fashion papers—especially such foreign ones as have branches here—and see if they can help you. Try, too, the big firms of fine art publishers, and see if they can give you any clue. You will find plenty of addresses in the "London Trades Directory," which you can see at any free library. I will put a notice in the Register for you, if you like?

LETTER TO BE FORWARDED (Tewkesbury).—Letters for correspondents must have the Register number in the left hand top corner. Otherwise it means that I have to hunt through my Register, and delay ensues. It seems to me that such simple rules should not be difficult of comprehension, and yet how few of my correspondents seem to understand them!

For other Answers to Correspondents see page 48.

"I have used 'Myra' for nearly nine years, and find it the best of all dressmaking journals."—M. M.

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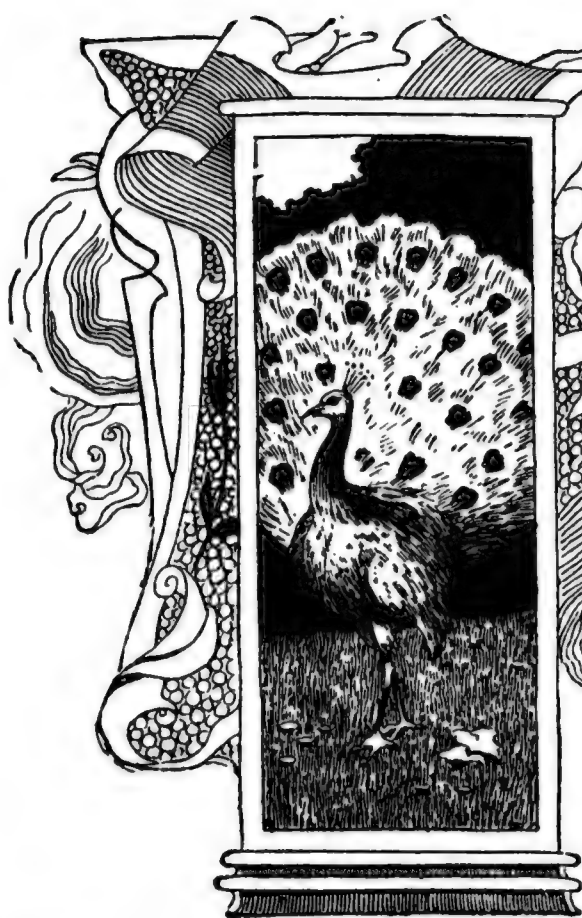
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The real necessities of the case are a pair of pretty net curtains, three or four plain damask cushion slips (a fresh green is perhaps the most useful colour), a green velvetene mantelslip, and a few bits of strong cheap pottery. Besides these things, some of the little red autotypes to be bought daintily framed for a shilling or two apiece, are useful additions to the list, to hang from the nails abdicated by violently coloured oleographs or enlarged portraits of the landlady's relatives.

For any one good at "dodging," the investment in a length of pretty floral cretonne is advisable, as it is not a very difficult matter—without, of course, attempting to cut and fit covers—to clothe the chairs in this, with the aid of small safety pins and a few strong stitches.

Cut into generous lengths so as to tuck down well into the corners, these strips will be found to accommodate themselves to chairs of various sizes and shapes, and it is a great relief to be able to strip the furniture of its multitudinous covers and "draperies."

By the time small table covers, possibly a portière, enamelled basket chairs and milking stools have been banished, and plenty of large groups of wild flowers added, with one's own books and odds and ends about, the room should look quite inhabitable.

TO any one blessed with a eye for colour, a sense of the artistic fitness of things, or even a love of simplicity and airiness, the usual type of sitting-room found in holiday lodgings is a distinct trial. The greater part of the day is probably spent out of doors, but that fact only accentuates the contrast between the invigorating charm of the sea or the green freshness of the country and the over-furnished, over-ornamented and under-ventilated sitting-room in which the evenings are spent. The sofa and chairs, at bottom probably horse-hair, are smothered in "art blankets" and crochet anti-macassars, and the windows are almost lost behind voluminous curtains of marone rep. The room is full of small spindly bits of furniture, davenport at which no one would ever attempt to write, cheffoniers and small tables, all destined for no more useful purpose than to harbour plush photograph frames, small glasses holding dried grass and everlasting flowers, and "china" ornaments of a more or less repulsive nature.

The first step to take towards making the lodgings more homelike is to eliminate all the superfluous ornaments and draperies, a proceeding which is not likely to raise any protest from the landlady, provided a little tact is used. It would scarcely do for instance to tell her straight out that the marone curtains affect your appetite, but she might be approached on hygienic grounds with the explanation that you are anxious to get all the fresh air possible (people always feel a proprietary pride in the air of their own locality). You might then beg leave to remove the heavy curtains and hang a pair of net ones in their stead. A murmur of "Your pretty curtains will come out all the fresher for the next tenants," and the thing is done.

Then a little management will pave the way towards removing some of the unnecessary furniture, and grouping the remainder so that it is as little obnoxious as possible. Having made a pretty clean sweep of all the rubbish, the next question is what to put in its place. It is not desirable to add a great deal to the family luggage, nor does one want the trouble of packing and unpacking a number of small things.



AN "IMPROVED" CORNER IN SEASIDE LODGINGS.

All the things I have mentioned would fit into a wooden packing case of moderate size, which might be fitted with a loose cretonne cover and cushion, and be transformed into a useful box-ottoman on arrival at the lodgings.

The floor we have rather left to chance. The carpet may be tolerably presentable, but there is a particular type of olive green and gold Brussels which seems to haunt lodging houses. It is faded in some parts, brightly coloured in others (where the furniture stood before it was shifted round), and threadbare in others, and it is hard to say in which aspect it is least unpleasant. A carpet such as this would never allow one to feel any satisfaction in one's improvements, and it would, I think, be wise to be armed with two rugs or carpet squares.

This could scarcely be considered an extravagance in these days, when very nice-looking squares, measuring 9ft by 6ft, can be bought for 7s. 6d. Nor would they complicate the family luggage much. Among this there is probably a child's cot or perambulator, with which the rugs could be very easily packed.

Anyone who has suffered from the ugly incongruity of lodgings *au naturel* and feels inclined to remedy matters this summer in the way I have suggested, will, I am sure, feel well rewarded for the comparatively small amount of trouble and expense which would be involved in this arrangement.

J. LESLIE

NOT TO BE FORGOTTEN.

There is no doubt that holiday-making pure and simple is apt to become tedious if long drawn out, and *ennui* is not unknown even in expensive seaside apartments. A great means of employing healthily the young folks' superabundant leisure is to set them to games. A piece of turf is generally handy in the neighbourhood, and if not this there is always the sand of the sea shore, which, when smooth and lately vacated by the sea, provides an ideal croquet ground, where skilled shots can be practised.

The seaside or country miscellanea (collected with due care) ought, therefore, to include a copy of "How to Play Croquet," by W. W. Bruce, a capital little book costing only 1s. (published by Beeton and Co., 10 and 11, Fetter Lane, E.C.).

The instructions are clear and concise, all "technical" terms are given, and a diagram is supplied to show how to arrange the hoops and pegs.

The book will amply repay perusal, even to clever croquet players.

"I thought I must write to tell you how very pleased I am with the skirt pattern you sent me."—E. H.



WASHING AT HOME.—II.

BLANKETS, QUILTS, EIDER DOWNS.

THE bulkiness and cumbersomeness of blankets deters many a housewife from having them washed at home. She imagines they must be very difficult to do, and very unsatisfactory when done, so she spends large sums in having them cleaned.

Most things are quite easy, or at least comparatively so, when one knows how to do them—and the doing naturally involves sensible preparations, proper processes and careful carrying out of directions. This being so, successful results must follow.

To prepare for washing blankets the soap required must be made into a jelly. As much as is needed (which depends on the number of blankets to be done) must be shredded finely and covered with hot water, in the proportion of one quart to each $\frac{1}{2}$ lb of soap, and heated close to the fire until the soap is quite dissolved. It is then ready for use.

The blankets must be well shaken (if possible in the open air) to remove dust and fluff, and the washing must begin very early on a hot, dry, breezy fine day.

If quite new blankets require soaking for twelve hours in clean cold water, to remove the sulphur used in their manufacture. This, obviously, must be done over night; the water should be thrown away, and the blankets rinsed in fresh cold water next morning, then washing may proceed as usual. If the water is very hard, a tablespoonful of household ammonia may be added, as this assists in softening it.

When all preparations are made, the blankets must be put into a large tub one at a time, and covered with a warm lather made from the prepared soap, with a little ammonia added. In this lather they must lie fifteen to twenty minutes, so that all grease is extracted. Then they must be kneaded and squeezed against the sides of the tub until quite clean. It will be necessary to change the water more than once while washing, remembering that the colour of the blankets will depend upon this very largely.

One cannot wash anything really clean if the water remains dirty all the time. This changing of water also applies to rinsing, which is the next process. The first rinsing water should be warm, and the last almost cold. As to the number of rinsings needed, this is entirely the matter of the moment. The result aimed at is freeing the blankets from all soap. Rinsing must go on till that desired end is attained. It is not enough to pour fresh water on. The blanket must be moved about, up and down, round and round in the water, so that all parts of it are reached.

After rinsing comes wringing. This is best accomplished in a wringing machine, though it is quite possible to wring by hand.

If a wringer is used, fold the blanket neatly, loosen the screws of the machine so that the pressure is not too severe, and turn the handle.

If wringing by hand, take the blanket length-wise, between two people. Let one twist it to the right, the other to the left, always the way of the selvedge, never across the blanket.

After wringing, shake thoroughly, between two people, and hang upon a line to dry. Do not put the pegs in at the corners, which are apt to tear,

but fold the selvedge over four or six inches, and place the pegs on the folded edges. In order that they may dry "fluffy" and keep in shape, take the blankets down three or four times and shake them well, two or four people holding them by the corners; and when they are dry let two people hold them by the ends, and stretch them.

After drying, blankets should be aired in a warm kitchen for some hours to ensure complete freedom from damp.

ANOTHER METHOD.—Blankets may be successfully washed by a shorter process. Place a handful of soft soap and a tablespoonful of liquid ammonia in a tub filled with warm water; in this place as many blankets as the tub will hold, but be very careful that every portion is covered with water. If any parts are left uncovered, they will shrink—cover the tub with a blanket, or rug folded. Anything will do which will keep in the volatile spirit and the steam. Leave for an hour and then the blankets will be white and clean, though the water will be dirty. Remove the blankets into another tub, and rinse in hotter water than that in which they were washed. It may be necessary to use more than one rinsing water, but I have seen blankets quite free from soap (by this method very little soap has been used) with only one rinsing. After wringing let four people take the corners and shake the blankets well. They will then dry soft and woolly as when new.

QUILTS AND EIDERDOWNS.

By quilts I mean those bedcovers which are heavily wadded and quilted. They are quite as amenable to proper methods as blankets are. Their treatment does not include the use of soap. They will become perfectly clean if soaked in cold water for half an hour, and then washed with several changes of water. Neither soap nor soap powder is required, and they need simple wringing, drying, and mangling. They must be folded very carefully straight before being mangled. Quilts do not require shaking, but eiderdowns must be shaken several times while drying, otherwise the down will collect in little hard lumps.

WOOLLEN CURTAINS may also be washed in cold water without soap or powder, the frequent changing of the water being perfectly successful in making them clean.

WHITE COUNTERPANES are washed in the same way as white sheets, and do not, therefore, need special methods.

COLOURED COUNTERPANES should be steeped for half an hour in water which has a handful of salt dissolved in it to fix the colour. Then washing may go on, soap lather being used, and no direct rubbing of soap upon the material indulged in. Rubbing destroys the colour.

It is also necessary to wash and dry as rapidly as possible, and that is why it is best to wash only one counterpane at a time, and finish it and hang it up to dry, before another is begun.

COLOURED WOOLLEN BLANKETS OR QUILTS will submit to the same usage as white "woollies," with the exception that a little salt should be added to each water.

MATTERS OF IMPORTANCE.

A breezy, dry, hot day.

A very early start.

Warm, but not hot water, frequently changed both in washing and rinsing.

An abundant supply of soap-lather.

Be sure to wring blankets and eiderdowns well, and shake them frequently while drying.

Add ammonia, to soften water.

Add salt, to prevent colour running.

Remember that woollen curtains may be made clean without any soap at all in clean cold water, frequently changed.

LETITIA HOPE.

Next month Starching and Ironing.—L. H.

ANSWERS TO CORRESPONDENTS.

Letters to be addressed to Mrs. Hope, "Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

STRAWBERRY CREAM.—Try this recipe for your party: Bruise 2 tablespoonfuls of strawberry jam with a wooden spoon in a basin, add a little sugar, and a tablespoonful of cooking sherry. Then take a 5 $\frac{1}{2}$ d. jar of cream, add milk to make the quantity a gill, and whip up well. Then mix with the fruit, &c., and put in glasses. If the colour is too pale add a little carmine or cochineal. You can make a larger amount, of course, by multiplying the quantities I give you, and if you want it to turn out—i.e., to be made in a mould—add to the above quantity $\frac{1}{2}$ oz leaf gelatine dissolved in a very little warm water, and strained into the cream at the very last. Wet a mould, pour in the cream, and let it stand overnight.—**MADGE.**

TO BOIL AN EGG FOR AN INVALID.—Have enough water in the saucepan, let it boil, and then draw to the side of the fire. Put in the egg, and leave it for five minutes. It will be quite sufficiently cooked; and also very much more digestible than it would be if boiled the usual three to four minutes. To your second question, by all means use waterglass to preserve your surplus eggs in. It acts splendidly, and the defect, so often urged against it, that the eggs, when boiled, burst, is easily obviated if the shells are pricked with a pin. They will then boil perfectly without a crack.—**SILHOUETTE.**

FISH IN SEASON.—In June you will find crabs in season, also haddock, herrings, lobsters, mackerel, plaice, soles, turbot, salmon, trout. I shall be very glad to tell you how to cook any of them; but as far as the herrings are concerned you cannot do better than this: Clean them, split them open, and clean the inside; pepper and salt them, dip them in oatmeal, and place them two together, face to face, and fry them. They will be delicious thus.—**MARGARET G.**

TO DISINFECT HANDKERCHIEFS.—Simply put a tablespoonful of Sanitas in the water they steep in, and then wash and dry in the usual manner. This is when you only want disinfecting after a cold. For measles, &c., steep them in water, with one part carbolic acid to forty of water, in a covered vessel, for two hours. Then boil in the usual way and finish. Remember that carbolic is deadly poison, and should not be used except by an experienced person.—**AXMINSTER.**

(For some other Answers see page 48.)

Cookery Recipes and Household Hints PRIZE COMPETITION

To provide our readers with interesting and original recipes for Cooking and Hints for the Household, we are offering:

FOUR PRIZES, 2s. 6d. each, for the Four Best Cooking Recipes, and FOUR PRIZES, 2s. 6d. each, for the Four Best Household Hints.

Competitors must send in their Recipes and Hints on or before July 15, addressed to "Mrs. Hope, Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

One or both the coupons below must be sent in with the Recipes or Hints.

Competitors must write their Cookery Recipes and Household Hints on *separate sheets*, and put their name and address on each. The sheets can then be pinned together with each coupon.

COOKING RECIPES.

JULY, 1905.

HOUSEHOLD HINTS.

JULY, 1905.

The Result of the Competition will be published in the September number.

A Lady writes from Bury:—"Your paper is so practical and up-to-date in every way."

HEALTH AND PERSONAL ATTENTION

(See MYRA'S ANSWERS IN "MYRA'S JOURNAL").

EXTRACT FROM POSTAL TOILET LIST.

[New and greatly enlarged edition, with chapters on the care of the hair and complexion, &c., and many new preparations, will be sent by return of post, on receipt of stamped address.]

PHILIP H. MASON,

Pharmaceutical Chemist, 25, BANK PLAIN, NORWICH.

IMPORTANT NOTICE.—All Articles in this List admit of Postal Transit, and will be delivered free per post at the prices marked, secure from observation, and carefully packed on receipt of P.O.

Agents for New Zealand: Messrs. Walker, 125, Colombo St., Christchurch. From these Agents any of the Toilet Preparations may be obtained

COLD CREAM OF WOOL FAT AND CUCUMBERS (NUTHALL'S).

—Strongly recommended for general use, both on account of its healing qualities and of its freedom from irritating properties. Wool fat is essentially the natural fat of the Skin, and upon its presence depends the Skin's healthy condition. When absent or deficient, the skin loses its elasticity, becomes dry, and apt to chap and crack. The above Cold Cream will be found to remedy and prevent all these unpleasantnesses, and its continued use will render the skin distinctly softer, more elastic, and of a healthier colour. It is emollient and healing, and will counteract the ill-effects of hard water and of over-exposure to cold, wind, or sun. Its constant use is invaluable for preventing and removing wrinkles and crowsfeet. 3s. 6d.

EXTRACT OF SEA WRACK (FUCUS VESICULOSUS).—The new remedy for obesity. This preparation has met with a wonderful demand. Its effects in some cases seem magical. It is perfectly safe for the most delicate constitutions. Price 3s. per case.

EXTRACT OF SEA WRACK PILLS.—Are prepared for those who prefer it in this form—each pill containing one dose of the extract at the same price. 2s. 9d. per case.

THE GARRISON HAIR DYE.—An absolutely harmless hair dye in one solution. Easy in application, rapid, cleanly, and almost infallibly certain in effect. This is the Hair Dye *par excellence* for those who prefer a dye in one solution. Black or Brown, 3s. 6d. per case.

NORVICIA CREAM AND HERBAL POWDER.—A perfect skin food. Price of case of the two preparations, 3s. 6d. By the combined use of these novel and most successful preparations the beauty of the complexion can be indefinitely conserved, and all blemishes, spots, roughness, and tan effectively removed. They afford perfect media for thoroughly massaging the skin, assisting to a remarkable extent the removal of the worn out and the building up of new tissue, whilst the muscles, upon which the appearance of plumpness depends, are greatly strengthened and developed. The cream nourishes the inner cuticle and subjacent tissue, and the albumen of the powder exercises a like effect upon the outer cuticle.

EMULSION OF CUCUMBERS.—Dr. Anna Kingsford's Formula, Thin, 3s. 6d. and 10s. 6d.; Thick, 3s. 6d. and 10s. 6d. These Emulsions resemble the Crème Froide in their general properties, but are prepared for those who prefer an emulsion to a cream. The thick Emulsion is especially intended for the prevention of wrinkles, and is also highly recommended for winter use, while the thin Emulsion is adapted for whitening the complexion, and for summer use.

"Against the crowsfeet use Mason's Thick Emulsion. With respect to wrinkles, I have said again and again that nothing removes them so satisfactorily as the thick Emulsion. For flushing of the face and dryness of the skin use Mason's Thin Emulsion of Cucumbers. 'Cool as a cucumber' is, as you know, a comparison that has become a proverb, and with good reason. Mr. Mason has prepared two excellent emulsions of cucumber, thick and thin, which I have not seen equalled. To these he has now added a Crème Froide aux Concombres. As the responsibility for these formulas rests, in a large measure, with myself, you may feel sure I should not recommend them unless I had complete confidence in their excellence."—Anna Kingsford, M.D.

JABORANDI HAIR TONIC.—Prepared from selected South American Jaborandi Leaves, containing the newly-discovered alkaloid Pilocarpine. Highly recommended by medical authority as a hitherto unapproachable stimulant to rapid growth of hair. Used not only to prevent the hair falling, but to stop advance of greyness and induce vigorous secretion of the natural colouring pigment. 3s. 6d., 10s. 6d.

PETROLATE OF SULPHUR.—For promoting the growth of the Hair, and for preventing greyness. A new compound, which not only promotes the growth of the Hair, but also largely increases the formation of its colouring pigment. Its use has the effect of nourishing the Hair and increasing its growth, and also of improving its colour, preventing the increase of greyness, and removing that already existing. Price 2s. 6d.

The effect of this, used in combination with the Jaborandi Tonic, has recently been found most remarkably successful. A lady writes, "To arrest the greyness I applied the Petrolate of Sulphur regularly every night, rubbing it well into roots of hair, while in the morning I applied the Jaborandi Hair Tonic with a soft tooth-brush. I am most pleased to tell you that after one month of this treatment, all the greyness has gone, completely."

BLOOM OF STEPHANOTIS.—An exquisite creamy white skin and complexion powder. It imparts a beautiful natural whiteness and youthful softness and delicacy to the skin. The painful "flushing" of the face, brownness of the neck and arms, undue redness of the face and hands, are obviated by one application. For personal appearance at Court, the Ball, or Concert it is indispensable: it represses the unpleasantness of sensible perspiration and its disagreeable accompaniments. Travellers and residents in warm climates will find it invaluable. It so entirely prevents the discolouring action of the sun on the skin that freckles are almost unknown to those who use it. In polished apple wood case, with toilet puff, 3s. 6d.

"For my own part, I am in the habit of recommending Mr. Mason's Stephanotis Face Powder, because I trust him, and know that he is moderate in his charges and honest in quality."—Anna Kingsford, M.D.

HYGIENIC SKIN CREAM.—To all who desire to retain a smooth, healthy complexion, and soft white hands to an advanced age, this cream is indispensable, as it is unequalled for whitening the skin, removing redness and roughness, and healing chaps and cracks. Its absolute purity renders it equally as desirable for the Nursery as for the Toilet. 2s. 6d.

HENNA HAIR DYE (IN ONE SOLUTION).—An entirely vegetable preparation, obviating the use of lead or any metallic dyes. It is guaranteed to be entirely harmless to hair or health. It is most simple in application, and in every way superior to the old-fashioned metallic dyes in two solutions. 3s. 6d., 10s. 6d.

"Of all the brown dyes I have tried, I like best Mason's Henna Dye. It is entirely vegetable and harmless."—Anna Kingsford, M.D.

CREAM OF STEPHANOTIS.—An exquisite creamy white skin and complexion cosmetic; imparts youthful softness and delicacy, with a beautiful natural whiteness to the skin. Composed of perfectly innocent ingredients, this Cream has a most beneficial action upon the skin. It obviates in one application brownness of the neck and arms, or undue redness of the face and hands. For personal appearance at Court, at Balls, or other crowded assemblies, it is indispensable, especially as it represses the unpleasantness of perspiration and its accompaniments. In warm climates it will be found invaluable. Also to prevent the appearance of that unpleasant redness or flushing of the face, which is so common annoyance. So completely does it prevent the discolouring action of the sun on the skin that freckles are rarely, if ever, known to those who use it. It subdues the redness of the features caused by exertion, cooling the skin in a most delightful manner. 3s. 6d. per case.

SULPHUR SOAP (FOR THE HAIR).—The natural colour of the hair is due to an organic pigment, into the composition of which sulphur and iron largely enter. It is believed that in many cases grey hair is due solely to a deficiency in this natural secretion of sulphur. In such cases the sulphur may be applied to the hair glands by occasionally washing the hair and scalp with the above soap. It is most particularly recommended that in cases of incipient greyness this should be tried before artificial colour restorers are resorted to. It is also the best soap for cleansing the hair before applying any dye or colour restorer, as it greatly quickens and enhances their action. It is also of great service for washing the skin in many cases of eruption and skin diseases. 1s. 1d.

"Better try Mason's Sulphur Soap and soft water."—Anna Kingsford, M.D.

TOILET SACHETS.—These charming novelties form an important adjunct to the Toilet, and are invaluable for improving and preserving the complexion. The Sachets are prepared from certain flowers and seeds, which possess a tonic, preservative, and softening effect upon the skin. By their constant use, the freshness of the skin natural to youth can be preserved to a mature age, the fineness of its texture improved, and the formation of wrinkles and freckles prevented. Where the complexion is already impaired, their use will bring about a marked improvement, and give a much more youthful appearance. There are three varieties of the Sachets, viz., for Blondes, for Brunettes, and Special for those with impaired complexions. 3s. 6d. per box of 25.

WALNUT JUICE AND NUTGALLS.—Having often been required to prepare Walnut Juice for ladies, I have found that it is not perfectly successful by itself as a hair stain. After many experiments I am at last able to introduce a combination of Walnut Bark and Nutgalls, which is perfectly effective in giving to grey hair various shades of rich natural brown, very different from the dull metallic black of lead restorers. It is at the same time perfectly safe (Walnut Juice has been used for centuries as a hair dye). Price 3s. 6d. per case, post free, with full directions.

DEPILATORY (POWDER).—Mr. Mason is continually asked by ladies for a Depilatory which will, in one application, not only remove existing superfluous hair, but prevent its reappearance. He wishes clearly to state that it is impossible to do this. All that can be done is to remove the hair, after which an occasional subsequent application on the surface of the skin will prevent it from attaining a visible growth. The above preparation will do this without injury to the skin. Science cannot achieve more. With directions, 2s. per packet.

"Mr. Mason's Depilatory is at once the cheapest and best I know of."—Anna Kingsford, M.D.

EYEBROW AND EYELASH DYE.—A simple and instantaneous application, requiring renewal only at long intervals. Has been much approved, and seems to have met a pressing want. Black or brown, 2s. 6d. per case.

"Nothing will darken the eyelashes permanently except a dye. Mr. Mason sells an eyebrow and eyelash dye at half-a-crown the case, black or brown."—Anna Kingsford, M.D.

GANTS GRAS POMADE.—A novel form of the well-known Gants Gras of the French and Italian perfumers of the last century. By its use (with soiled white kid gloves) the hands may be rendered beautifully white and soft in a few nights. 1s. 6d. per jar.

"The best cure for red arms is the use of a paste made of emollients, and worn all night. Mr. Mason has a 'Gants Gras Pomade' which will suit the purpose. Sleep in kid gloves smeared inside with Gants Gras Pomade. It is far more efficacious than cream rubbed in in the day time."—Anna Kingsford, M.D.

PEROXIDE OF HYDROGEN, OR BLEACHING FLUID.—For giving a bright golden tint to the hair. The only agent that will do this without injury to the hair or to the skin is Peroxide of Hydrogen, which is the base of most, if not all, of the expensive golden washes which are sold under attractive and high-sounding names. Mr. Mason will forward a supply with full directions, post free, 4s.

"Peroxide of Hydrogen is the only safe and convenient hair bleacher known."—Anna Kingsford, M.D.

FOR OTHER HAIR DYES AND COLOUR RESTORERS SEE THE ENTIRE LIST.

Descriptions of Our Illustrations.



Red Serge Bathing Dress.

No. 5339. The pattern is in four pieces (half **Page 9.** the costume): half the knickers, one tunic front, half the one-piece back of tunic, one sleeve. Lay the pattern pieces on $4\frac{1}{2}$ yards of 48-inch serge, which is doubled beneath the knickers, front, and sleeve patterns, so that each is cut in duplicate. Space should be marked out for the lacking half of back. The knickers are seamed at the back. In front they button over a fly flap, the buttonholes made in a lined band sewn under the right opening. Or they can be completely seamed, and drawn up on a tape runner passed through the top hem. The legs are left free. The tunic back and fronts are seamed together according to the notches. Broad hems down the fronts hold the buttons, and buttonholes can be made in an underfold of the right front, so as not to show. Trim with white linen straps. The belt closes with a button and button-hole. The one-piece sleeve is lapped. Like the whole of the costume, it is trimmed with a linen bias band.

Bathing Dress of Black Alpaca.

No. 5340. Two-piece knickers, the **Page 9.** top gathered to the one-piece bodice, closing down front. It can be worn with a sash without the skirt. Brandenburgs of white braid. Tucked vest and one-piece collar of white linen trimmed with ivory lace. Puff sleeve gathered into a lace-covered linen band. A similar band holds the gathers of knee. One-piece skirt, eked out at back with added corners, seamed at back, mounted into the alpaca waistbelt. 46-inch alpaca, $5\frac{1}{2}$ yards.

Lovely White Serge (or Linen) Bathing Dress.

No. 5341. The pattern is in six pieces—**Page 9.** half the knickers, half the back and one double-breasted front of the blouse, half the back and one front of the lining yoke, one sleeve. Lay the pattern pieces on $4\frac{1}{2}$ yards of 48-inch serge, which is opened to the full width and is doubled so that knickers and sleeve pattern are each cut in duplicate. Below, the single material is folded over (selvedges meeting), the back centre laid on the fold, so that it is cut in a single piece, the front being cut in duplicate. The knickers are seamed up the back and front, two inches of the front being

left open and hemmed, for the convenience of the runner of tape or sarcelnet ribbon, which is passed through the top hem. The legs are gathered into a band covered with ribbon-threaded Yak lace. This completes the knickers. The seams throughout the costume should be bound with sarcelnet ribbon, as raw-edge serge seams would be very irritating to the skin. Back and fronts of the blouse are seamed together. Gather top to the seamed yoke of lining. The front edges are finished with stitched bands of sarcelnet, and a band of lace is sewn down the right front to the waist line, closing with safety hooks and eyes. The under fold of the skirt part is cut away, and blouse is seamed there. Buttonholes, if preferred, can be made in a doubled band of sarcelnet, which is stitched beneath the right front edge before the lace is put on. The lower edge is hemmed and is trimmed with lace. Sateen can be used instead of sarcelnet. The notches on blouse and yoke patterns show how to arrange the gathers. The sleeve, lapped, hemmed, and trimmed with lace, is eased into the armhole. Round the waist a sash of silk or mercerised cotton or thin woollen is worn.

variety of these, as they do of French bathing dresses, bathing shoes and hats, paddling drawers for children, &c. If made at home, such a suit can be carried out in striped towelling or Viyella, buttoned down the back.

A Smart Travelling Dress.

No. 5343. Suitable also for any of the **Page 10.** new summer cloths. Looks very well in white. The pattern of skirt is in four pieces—half the front, two sides, one back. Back is arranged in inverted box-pleat (pleat notched and wheelmarked on pattern). Lay the pattern pieces on 4 yards of 48-inch material. The material is doubled, selvedges meeting, front centre laid on the fold so that it is cut in one piece, the other pieces being cut in duplicate. Tack together front, sides, and backs. Arrange the pleat. Try on. Then stitch and press the seams. Hem the lower edge, felled from back. Make the opening in the left tablier seam. Fell over the edges with glacé silk, and sew on glove-stud fasteners. Bind the top edge. Wear over the five-gore foundation skirt, edged with shaped flounce (pattern in one piece, half the flounce). Coat of the material—a back, four sides, two double-breasted fronts, two double-breasted waistcoat fronts, a two-piece basque, a one-piece revers collar, faced with broché silk. Two-piece sleeve with smaller lining and stiffened cuff faced with velvet. Metal buttons. Line coat with silk, satin, or polonaise, cut on the coat pattern, but seamed apart. 48-inch material for coat, $3\frac{1}{2}$ yards.

A Linen Pier Gown.

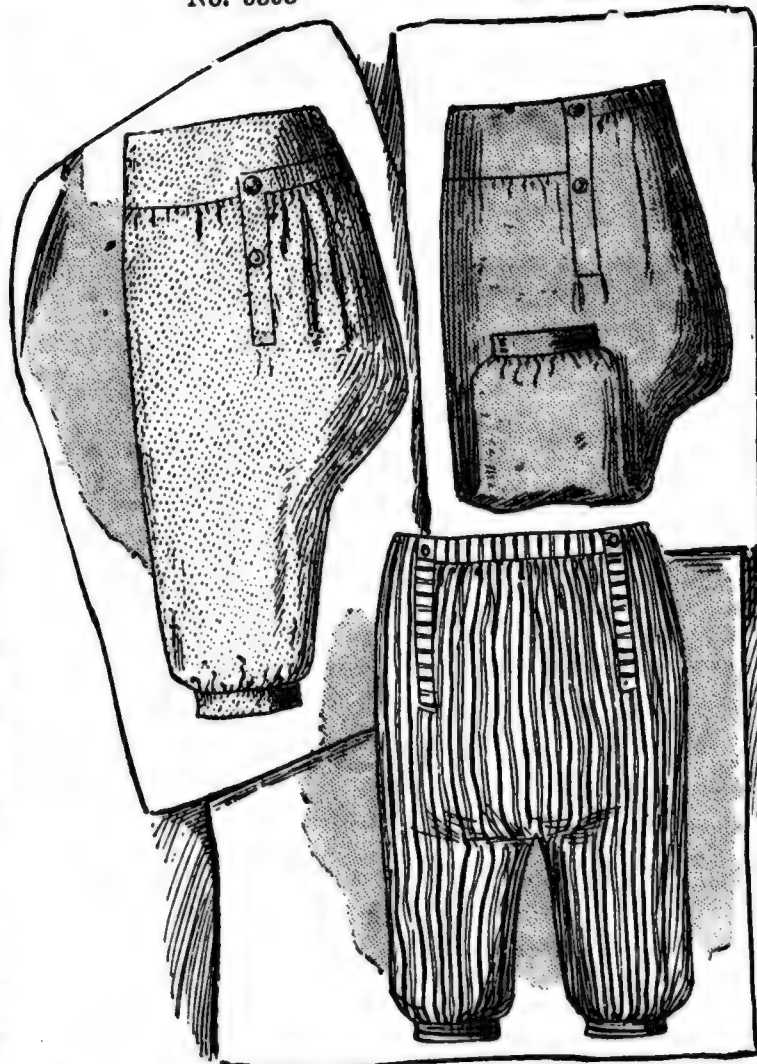
No. 5344. Five-gore skirt edged with a **Page 10.** shaped band of embroidered linen (cut on skirt pattern before working). This decoration can be omitted if too troublesome to make, and the skirt can be tucked instead to flat pattern. Skirt is slightly full at waist. Unlined blouse of linen—a tucked back and two tucked fronts closing with button and buttonholes. It is arranged into a two-piece yoke of embroidered linen (it can be replaced with *broderie anglaise*) closing on left shoulder. Band collar of embroidery. One-piece puff arranged on a lining, finished with an embroidered lower sleeve. 36-inch linen (with-out added skirt band), 10 yards.

Smart Gown of Double-Width Taffetas.

No. 5345. Five-gore foundation skirt of silk **Page 13.** or moiré, edged with a pleated flounce. Overskirt (seven breadths) of taffetas, arranged into the waist in pleats. Seam, hem and make apart. Cut a bodice lining, back, four sides, a left front, double right front. Tack, fit, seam, and bone, leaving only the side seams. Veil the top with a vest of embroidered muslin,

No. 5393

No. 5394



No. 5395

KNICKERBOCKERS FOR THE HOLIDAY SEASON.

For Descriptions see Pages 36 to 42.

Price of Paper Patterns, each 6d., post free, of
MADAME MYRA, 10 and 11, Fetter Lane, E.C.

Boy's Jersey Bathing Suit.

No. 5342. These have to be bought ready **Page 9.** made. Messrs. Samuel Lewis, the Holborn Silk Market, Holborn Bars, E.C., keep a

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also with a back and a draped front of taffetas, decorated with velvet ribbon. Finish the seams. Embroidered band collar. One-piece elbow sleeve of taffetas draped on a smaller lining, with muslin draped frill. 42-inch taffetas, 8 yards. For patterns send to the Holborn Silk Market (Messrs. Samuel Lewis), Holborn Bars, E.C. They have beautiful double-width taffetas at 3s. 11½d.

Charming Gown of Lawn.

No. 5346. The embroidery should be the **Page 13.** open-work *broderie anglaise*. Plain lawn with embroidered bands can be used, or entirely embroidered material. Five-gore foundation skirt of mercerised lining or silk, edged with a shaped flounce tucked to flat pattern (pattern in one piece, half the flounce). Overskirt (seven breadths) of 29-inch lawn, made quite apart, gathered on to the foundation skirt or to a 2-piece yoke of lining. Edge the skirt with a tucked cross-cut flounce (tucked to flat pattern), headed with *broderie*. Cut in the foundation material a bodice lining, back, four side pieces, two fronts, to close down the front centre. Tack, fit, seam, leaving only the side seams. Veil with a back and two fronts of muslin, right front cut with centre box-pleat, partly gathered on the foundation (gathers wheelmarked), partly left plain and covered with *broderie*. Band collar (hooking at back) of the *broderie*. Finish the seams. One-piece sleeve gathered to form a frill on a smaller lining. Lace or embroidered under frill. 29-inch material, 14 yards.

Charming Design for Black Taffetas.

No. 5347. Five-gore foundation skirt of **Page 13.** silk moirette or silk, edged with a shaped flounce tucked to flat pattern (pattern in one piece, half the flounce). Overskirt (seven breadths) of 42-inch taffetas, pleated into the waist, the tablier forming two box-pleats partly stitched down (these are wheelmarked on pattern). Cut in silk or mercerised cotton a bodice lining: back, four sides, a three-piece front, to close on left of centre panel. Veil centre panel top with tucked and embroidered muslin (tucked to flat pattern). Tack, fit, seam, leaving only the side seams. Veil with a back and two crossed fronts of the taffetas, decorated with a crossed taffetas band edged with a narrow pleating, this band holding the gathers

which drape the fronts. Finish the seams. Band collar (hooking at back) tucked to flat pattern of the muslin. One-piece elbow sleeve, on a smaller lining, with strap cuff and double pleated frills. For taffetas patterns send to the Holborn Silk Market, Holborn Bars, E.C. They have double-width black taffetas at various prices. 42-inch material 8 yards.



No. 5396. A MOTORING VEIL.

For Description see Pages 36 to 42.

Price of Paper Pattern, 6½d., post free, of MADAME MYRA, 10 and 11, Fetter Lane, E.C.

Muslin Blouse for Table d'Hôte.

No. 5351. It is intended for white silk muslin **Page 16.** 44 inches wide. The pattern is in six pieces (half the blouse): half the front, one back, one sleeve, one sleeve lining, half the front

and one back yoke in lining. Use a very fine light lining like silk. Lay the pattern pieces for muslin on 2½ yards of 44-inch muslin, which is opened out and double beneath sleeve pattern (cut in one with the frill), so that it is cut in duplicate. A wheelmark on pattern shows where the frill commences. Fit and seam the yoke. On the yoke gather the backs and front. Fit. Stitch the seams (a run and fell seam). Bind the gathered top with sarsenet of the muslin colour, and stitch on it the two rows of ivory lace. Close the back with small hooks and worked loops. Gather the sleeve on to the lining, decorating it with lace. Tack the seam and try on. Arrange the sleeve into the armhole on the wearer and stitch in, binding the seam.

Linen Blouse Trimmed with Broderie Anglaise.

No. 5352. A plain back and two tucked fronts

Page 16. (tucks wheelmarked on pattern). Closing down front centre with small pearl buttons and buttonholes, made beneath the end tuck of the right front. Band collar of embroidered linen or *broderie anglaise*. Smart stole collar of embroidered linen, edged with Cash's hemstitched frilling. One-piece sleeve arranged into a cuff of *broderie*, which, like the collar, is cut from piece embroidery, and can be edged with Cash's hemstitched frilling. 36-inch material, 3½ yards.

Tucked and Embroidered Linen Blouse.

No. 5353. The pattern is in six pieces—half

Page 16. the tucked back, the right tucked front cut with central box-pleat, half the basque, one sleeve, one cuff, half the collar. Pleat and tucks are wheelmarked on front and back patterns. The front box-pleat is covered with *broderie anglaise*, or it can be embroidered with Peri Lusta Thread. Lay the pattern pieces on 3½ yards of 36-inch linen, which is doubled, so that front, sleeve, cuff, and basque patterns are cut in duplicate. The cuff is tucked to flat pattern. The back centre of back and front centre of collar patterns are laid on the fold. The left front, of course, is cut without the central box-pleat. Arrange and put on the embroidered band (Madeira embroidery can be used for the purpose). Make the tucks. Tack together the back and fronts; try on. Make

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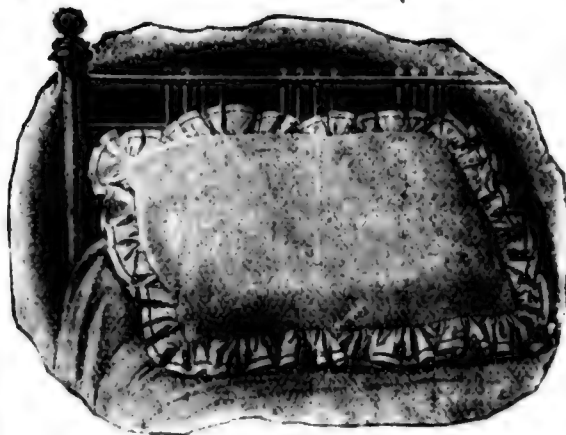
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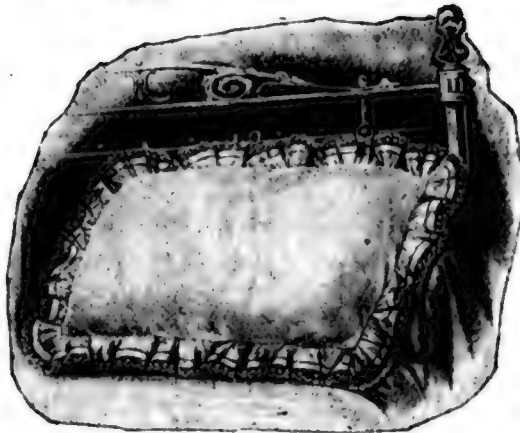
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No. 5397

No. 5398

No. 5399



No. 5400

No. 5401

No. 5402

SEASIDE UNDERWEAR.

For Descriptions see Page 36 to 42.

Price of Paper Patterns, Night-dress and Wrapper, each 1s. 0½d.; other Garments, each 6½d., post free, of MADAME MYRA, 10 and 11, Fetter Lane, E. C.

buttonholes down a doubled band mounted beneath the central front's box-pleat, hem the left front, and sew the buttons down the hem. Seam the side seams (run-and-fell seams). Arrange the lower edge into the two-piece basque. Try on again. Stitch the seam of junction neatly and hem the basque all round. The back edges of the basque can be seamed, or left open and hemmed. Band collar (embroidered) fastens at the back. The tucked cuff is sewn on the gathered lower edge of the sleeve, which is seamed inside with a fell seam. Gather the sleeve into the armhole, and bind the seam for neatness. Cuff closes with hooks and eyes or buttons and buttonholes. Belt of suede kid.

Tucked Viyella Blouse Trimmed with Greek Lace.

No. 5354. The pattern of the blouse is in **Page 16.** five pieces—one sleeve, the right front (cut with central box-pleat), one cuff, half the back, half the collar. Cuff and collar are of lace. Lay the blouse pieces on 4 yards of 29-inch Viyella which is opened out and doubled beneath sleeve and front pattern so that each is cut in duplicate. If the Viyella has a floral design (which cannot be reversed) do not fold the material, but cut it and lay the two widths face to face, the direction of the design coinciding in both. Above, the single material is folded over (selvedges meeting), the back centre of pattern laid on the fold. Make the tucks and put on lace straps. Tack, fit, and sew seams. Hem lower edge. The collar is a band of lace (it can be lined with Viyella). The collar hooks at the back, and the cuff closes with very small hooks and worked loops. The large sleeve is seamed. It is gathered into the lace cuff.

Pleated Linen Shirt Trimmed with Embroidery.

No. 5355. The pattern is in seven pieces—half **Page 16.** the box-pleated back, one box-pleated crossed front, half the vest, half the basque, one box-pleated sleeve, one cuff or lower sleeve, half the collar. Pleats are wheel-marked on front, sleeve, and back patterns. Lay the pattern pieces on $3\frac{1}{2}$ yards of 36-inch linen, which is doubled, so that front, sleeve, and basque patterns are cut in

duplicate. The cuff, vest, and collar are of *broderie anglaise*. The back centre of back is laid on the fold. Make the pleats, which are decorated by small gilt buttons. Tack together the back and fronts; try on. The vest (with its collar) is sewn to the left front and hooks beneath the right front. Arrange the lower edge into the two-piece basque. Try on again. Stitch the seam of junction neatly and hem the basque all round. The back edges of the basque can be seamed, or left open and hemmed. Seam, pleat, and trim the sleeve. Band collar (embroidered) fastens at the back. The embroidery cuff is sewn on the gathered lower edge of the sleeve, which is seamed inside with a fell-seam. Arrange the sleeve into the armhole, and bind the seam for neatness. Cuff closes with hooks and eyes. Belt of suede kid.

Muslin or Crêpe de Chine Blouse for Table d'hôte.

No. 5356. The pattern is in seven pieces (half **Page 16.** the blouse): half the front, one back, one sleeve, one sleeve lining, half the yoke frill, half the front and one back yoke in lining. Lay the pattern pieces on $3\frac{1}{2}$ yards of 44 inch material, which is opened out and double beneath the sleeve pattern (cut in one with the frill), so that it is cut in duplicate. A wheelmark shows where the frill commences. The deep frill takes (on the cross) 1 yard of muslin, leaving enough material for the sleeve lining (which should be transparent.) Seam the lining yoke after fitting it. On the yoke gather the backs and front. Fit. Stitch the seams (a run and fell seam). Close the backs with small hooks and worked loops. Trim with lace or embroidered muslin. Gather the sleeve on to the lining, trimming the frill. Tack the seam and try on. Arrange the sleeve into the armhole on the wearer and stitch in, binding the seam.

Elegant Travelling Costume.

No. 5357. A lovely model for the going-away **Page 17.** dress of early autumn brides. It looks beautiful in Royal blue B.B. Empire Costume Cloth (send for patterns to Best's Dress Goods Co., Bradford, who will pay carriage of patterns *both ways*), price 3s. 1d., 44 inches wide. Trim it with white silk braid, cuff, collar and waistcoat being of

white taffetas. Five-gore foundation skirt of silk or moirette, edged with a pleated flounce. Overskirt (five breadths) of the Empire Costume Cloth, made quite apart, pleated into the waist. Trim the tablier with braid, arranged in curl pattern. Smart original tucked coat. The pattern is in nine pieces (half the coat)—one tucked front, one waistcoat front, half the collar, one sleeve, one sleeve lining, one cuff. Half the tucked backs, two sides. Tucks are wheelmarked. Lay the pattern pieces on $2\frac{1}{2}$ yards of 44-inch material, which is doubled (selvedges meeting), so that the pattern pieces are cut in duplicate. Waistcoat and facings are of white silk. Make the tucks (they are wheelmarked on back and front pattern). Tack together backs, sides, and fronts (with waistcoat fronts) of coat. Try on. Stitch and press the seams. Stitch fronts to waistcoat, and braid the join. The silk collar is stitched to the coat and braided. Close with steel buttons and buttonholes. Cut the white silk lining on the coat pattern after tucking. Seam. Tack it in place, and slipstitch the turned edges over the coat edges. The sleeve is seamed and arranged on the lining (lining seamed apart). It is pleated and stitched into the armhole, and the sleeve lining is felled over the seam. The cuff is stiffened and faced with braided silk. 22-inch silk, 5 yards. 44-inch material for skirt, 5 yards.

A Linen Dust or Motor Coat.

No. 5358. This is of Robinson and Cleaver's **Page 17.** (Belfast) beautiful light-weight Irish linen. They will send patterns (different prices and weights, in all the new colours) on receipt of a post card. The garment is unlined but for a strip facing inside the fronts to support the buttonholes. This facing is cut on the front pattern. The pattern is in seven pieces (half the coat); one back, one front, one full sleeve, one cuff, half each of the three capes. Lay the pattern pieces on 9 yards of 36-inch linen, which is opened out and is double, so that each piece is cut in duplicate. The lacking half of each cape is marked out on the single material. Capes are piped with the same or a contrasting linen. Tack together fronts and backs; try on. Stitch, press, and bind the seams. Sew together inside out fronts and facings; reverse them in the proper position, and stitch down outer

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edges. A band of lino should be slipped in to support buttons. Braid is sewn down the right front to form loops. Hem and bind the inside edges of facings. Hem the lower edge of coat. Sew down the left front large pearl buttons. Trim the capes. Stitch them to the neck of coat, and cover the seam with a bias band of linen. Seam the sleeve (binding the seams), and gather the lower edge into the stiffened and piped cuff. Gather the top into the armhole, try on, stitch in the sleeve, and bind the seam.

Travelling or Motor Wrap of Pirle-finished Tweed.

No. 5359, The pattern is in seven pieces (half **Page 17.** the coat)—one back, one front, one added front, (cut with cape) one cuff, half the collar, one sleeve, one sleeve lining. Lay the pattern pieces on 5 yards of 54-inch tweed which is doubled (selvedges meeting), the back centre of collar laid along the fold so that it is cut in a single piece, the other pattern pieces being cut in duplicate. The material must be opened out for the added fronts (cut with cape). Tack together backs and four fronts. Try on. Stitch and press the seams. Turn up the edge all round over a band of lino; stitch down. Face added fronts to the front seam with the material. Close with metal buttons and buttonholes. Cut silk, polonaise, or satin lining on coat pattern. Seam and press it. Tack it in place and slipstitch the turned edges over the stitched coat edges and facings. Line the collar with lino; face like the added fronts. Sew the collar into the neck and fell the facing over the seam. The sleeve lining is tacked and fitted. One-piece sleeve. The wrist is finished with a stiffened cuff faced like the collar. It is stitched into the arm-hole, and the coat lining is felled over the seam. Front seam is lapped. The front passes under the cape to form the shoulder seam with back, secured to the front facing.

Smart Indoor or Visiting Frock of Black Crêpe de Chine.

No. 5360, The B.B. Silk Warp Crêpes de **Page 18.** Chine (from 42 inches the yard) in black are to be had from the low price of 2s. 5d. the yard. Send for patterns to Best's Dress Goods Company, Bradford. Five-gore foundation skirt of silk or silk moirette, edged with a pleated flounce. Overskirt (five breadths) of B.B. crêpe de chine, made quite apart, pleated into the waist. Tuck skirt to flat pattern. Cut a bodice lining, back, four sides, a left front, a three-piece front to hook on left of centre panel, which has the top veiled with lace. Tack, fit, seam, leaving only the side seams. Veil with a back and two crossed fronts of crêpe. Finish the seams. Band collar of lace. Fichu frill of white fine muslin, with a lace appliqué. One-piece sleeve, gathered on a smaller lining with lace-embroidered lower sleeve. 42-inch material, 8 yards.

A Touring or Sea-side Dress of Serge.

No. 5361, Five-gore skirt with inverted box-**Page 18.** pleat at back. Line, or wear over a five-gore foundation skirt of moirette, edged with a pleating. Stiffen and stitch the serge hem. Smart little bolero—a back and two fronts. One-piece collar stitched on the bolero and braided. One-piece sleeve pleated into the armhole. Braid the wrist. Line with silk or polonaise. Quantity of 48-inch serge, 6½ yards.

Box-pleated Shirt of White Viyella.

No. 5361a, The pattern is in seven pieces—**Page 18.** half the pleated back, the right pleated front (cut with central box-pleat), half the basque, one sleeve, half the collar-band, half the collar revers, one cuff. Pleats are wheelmarked on back and front patterns. Lay the pattern pieces on 3½ yards of 31-inch material, which is doubled so that cuff, front, sleeve, and basque patterns are

cut in duplicate. The back centre of back and collar patterns are laid on the fold. Arrange the pleats. Tack together the back and fronts; try on. Make buttonholes down the box-pleat, hem the left front, and sew the buttons down the hem. Seam the side seams (run-and-fell seams). Arrange the lower edge into the two-piece basque. Try on again. Stitch the seam of junction neatly and hem the basque all round. The back edges of the basque can be seamed, or left open and hemmed. Make and put on the collar. The sleeve is seamed inside with a fell seam. Pleat the sleeve into the armhole and bind the seam for neatness. The lower edge is gathered into the buttoned cuff. Belt of soft silk, supported on bones.

Mauve Zephyr Frock trimmed with Broderie Anglaise.

No. 5368, For patterns of the new zephyrs and **Page 20.** muslins, send to Mr. Christopher Williamson, Desk 10, 91, Edgware Road, London, W. Five-gore foundation skirt of mercerised cotton or moirette, edged with a deep pleated flounce. Overskirt (six breadths) of mercerised zephyr, tucked to fit waist (tucks wheelmarked on pattern), with band of *broderie anglaise*, edged with a narrow zephyr pleating or a narrow edging of *broderie*; tuck lower edge to flat pattern; make quite apart from foundation skirt. Cut a bodice lining, back, four sides, three-piece front, to hook on left of centre panel. Tack, fit, seam, and bone, leaving only the side seams. Veil with a vest made up of *broderie*, also with a back and crossed tucked fronts of zephyr (tucks wheelmarked on pattern). Finish the seams. Embroidery band collar and crossed stole collar decorated like tablier. One-piece elbow sleeve of zephyr gathered on a smaller lining, with *broderie* crossed straps and cuff, decorated like collar. 29-inch zephyr, 10 yards. Embroidered insertion (wide), 5 yards.

Beautiful Pleated Gown of Dark Green Linen.

No. 5369, Five-gore foundation skirt of batiste, **Page 20.** silk, or moirette, edged with a pleating. Five-gore full skirt of pleated linen, made quite apart. Pleats (arranged to look like box-pleats) are wheelmarked on pattern and are stitched down in diminishing lengths from front to back. Cut a bodice lining in mercerised cotton with back, four sides, two fronts, to close down the front centre. Tack, fit, seam, leaving only the side and shoulder seams. Veil top with a vest of plain muslin tucked to flat pattern, the rest with a back and two crossed pleated fronts of green linen, fronts prettily pleated. Finish the seams. Decorate with strap collar of white linen, embroidered in green to represent tabs. A puff sleeve of the figured material is pleated on a lining sleeve, with embroidered strap cuff. Metal buttons. Quantity of 36-inch linen required, 10 yards.

Lovely Muslin Frock trimmed with Valenciennes.

No. 5370, Five-gore foundation skirt of **Page 21.** mercerised lining or silk, edged with a pleated flounce. Overskirt (five breadths) of 29-inch muslin, trimmed with lace insertion, which heads five cross-cut frills edged with lace. Make quite apart, pleated or gathered into the waist. Cut a bodice lining, back, four sides, a three-piece front, to close on left of centre panel. Tack, fit, seam, leaving only the side seams. Veil front with a vest of lace and muslin, the rest with a back and two crossed fronts of muslin. Band collar (hooking at back) of the lace and muslin. Finish the seams. Fichu of muslin covered with frills made of the narrow lace edging. Epaulet to match. One-piece sleeve mounted on a smaller lining, with lace and muslin lower sleeve. 29-inch muslin, 14 yards.

Muslin Frock Trimmed with Broderie Anglaise and Valenciennes.

No. 5371, Five-gore foundation skirt of **Page 21.** moirette or silk. Veil the edge of skirt with a pleating. Five-gore full overskirt of muslin, edged with three scalloped, gathered flounces, edged with valenciennes. The top is gathered into the waist on a lining yoke. A bodice lining is cut with three-piece front, to close on left of front centre panel, which is cut in one with front yoke (closing on left shoulder). Tack, fit, seam and bone, leaving only the shoulder and side seams. Veil front centre of yoke with *broderie* (decorated with valenciennes frills), the rest with a back and two tucked fronts of the skirt material. Tucks are wheelmarked on front pattern. Finish the seams. *Broderie* collar trimmed with frills of lace. A sleeve lining is veiled with a one-

piece sleeve (forming a large puff) with *broderie* lower sleeve. 29-inch muslin, 13 yards. 21-inch *broderie*, 1½ yards.

A White Chip Hat.

No. 5372, Smart model trimmed with bunches **Page 23.** of pink may, black feathers and aigrette, and a black velvet bow.

White Tuscan Hat.

No. 5373, The front is held up in a very **Page 23.** becoming way with three shaded pink plumes. Band of pink velvet and paste buckles.

French Sailor Hat.

No. 5374, Of burnt fancy straw, trimmed **Page 23.** with leaf-green satin ribbon, a bunch of roses in front and a *cache-peigne* (to tilt the hat forward). Two white pen feathers.

A Smart Sea-Side Hat.

No. 5375, Of coarse burnt straw, the wide **Page 23.** brim decorated with a wreath of variegated ivy and berries.

Breakfast or Useful Tea Gown.

No. 5376, Of accordion-pleated voile mounted **Page 24.** on a thin silk lining. Lining and pleated voile are cut on same pattern but are seamed apart. Two backs, two sides, two fronts, semi-fitting gown hooks down front centre. Collar-ette of white silk muslin striped with lace and edged with a lace-trimmed frill. One piece pagoda sleeve, unlined. 21-inch lining silk, 12 yards; 46-inch voile before pleating, 14 yards.

A Muslin Dressing or Breakfast Jacket.

No. 5377, Two tucked fronts, a tucked back, **Page 24.** two wing sleeves. Tucks are wheelmarked on pattern. The model is trimmed with lace insertion, wide and narrow, and muslin frills edged with lace. *Broderie Anglaise* can be substituted for the lace. 29-inch muslin, 6 yards.

Dressing Gown of Figured Viyella.

No. 5378, Two backs, two sides, two fronts. **Page 24.** Backs and fronts are gathered on a batiste lining to the hips. Edge with washing galon. Lower edge is simply hemmed. Close with de Long hooks and eyes. One-piece sleeve gathered into a band covered with galon. 31-inch material, 12 yards.

A Linen Coat and Skirt.

No. 5379, Five-gore skirt with inverted box-**Page 26.** pleat at back. The false shaped hem is very deep to simulate a flounce. Added shaped flounce above of linen (pattern in one piece, half the flounce). Wear over a five-gore foundation skirt of moirette, edged with a pleating or a smart long petticoat. Smart little bolero—a back and two fronts, lined with batiste to give firmness. One-piece collar, scalloped, cut with stole fronts, prettily stitched and embroidered with anchors in a dark shade. Added strap collar of darker linen, and pretty jabot of striped muslin or lawn. Close with hooks and eyes. One-piece sleeve pleated into the lower sleeve, which closes with buttons and buttonholes. Quantity of 36-inch linen, 10 yards.

Coat and Skirt of White Serge.

No. 5379a, Five-gore skirt, unlined, trimmed **Page 26.** with two added tucks. 48-inch serge, 4½ yards. Wear over a moirette foundation skirt. French coat of the serge. The pattern is in seven pieces (half the coat): one back, two side pieces, one front, half the collar, the upper and under of one sleeve. The fronts meet edge to edge (hooks and eyes) at the top, and cross at the waist beneath a drapery of green velvet and a buckle. Lay the pattern pieces on 2½ yards of 48-inch material, which is doubled (selvedges meeting), so that the pattern pieces are cut in duplicate. Tack together backs, sides, and fronts of coat. Try on. Stitch and press the seams. Close with hooks and eyes down the centre. Fronts are stiffened and embroidered, edged with a green velvet ribbon. Cut the white silk lining on the coat pattern. Seam and press it. Tack it in place, and slipstitch the turned edges over the coat edges. The sleeve is large at the shoulder. It is decorated at the wrist with velvet ribbon and lined (lining seamed apart). It is pleated and stitched into the armhole, and the sleeve lining is felled over the seam.

A Frock of Chequered Taffetas.

No. 5380, Full seven-gore skirt, trimmed in **Page 26.** festoons with a pleating of plain silk. The top is pleated into the waist, bound with a ribbon. Skirt is quite apart from

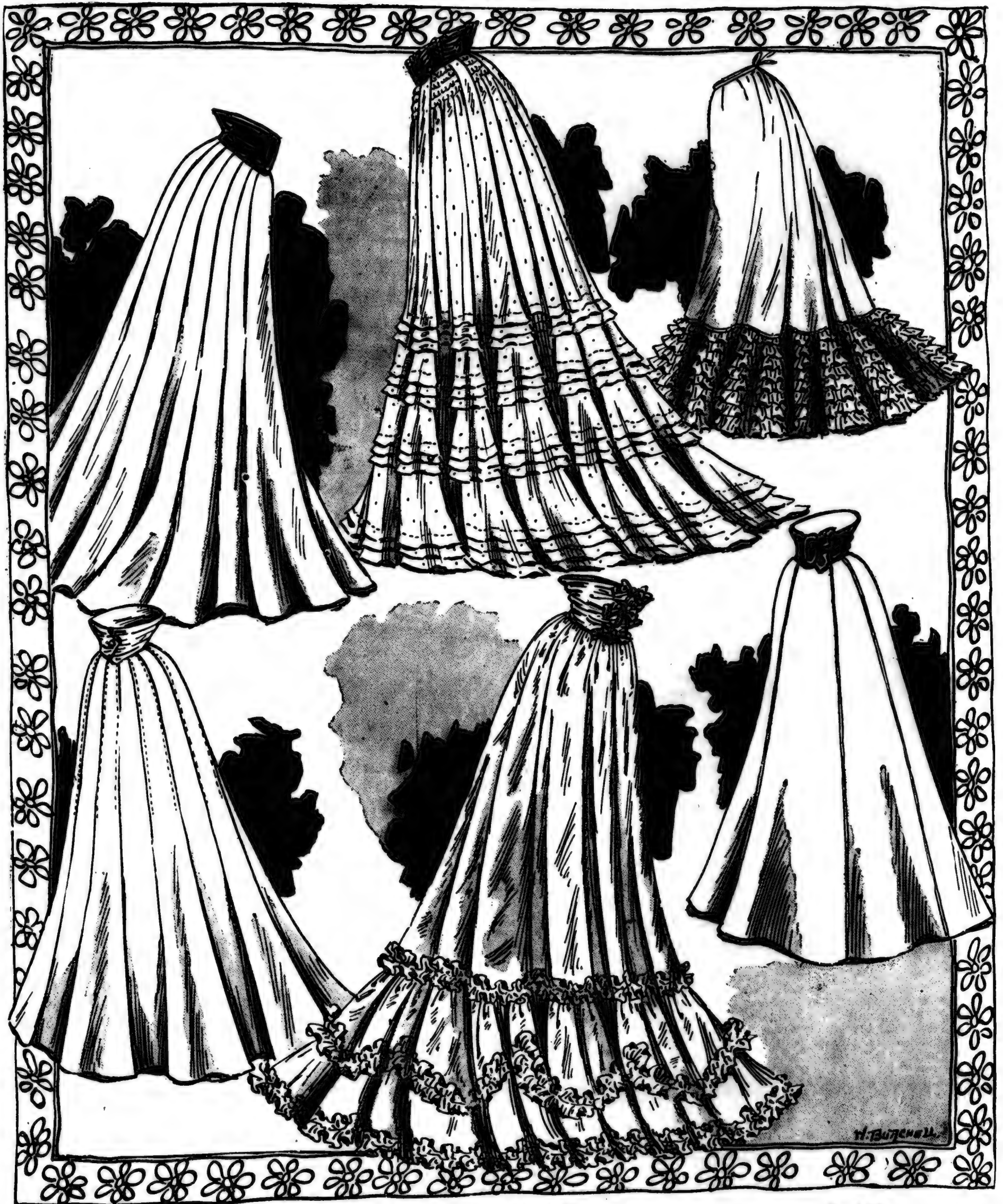
AFTER AN ATTACK OF INFLUENZA, when you feel weak and listless, and have no appetite for food, there is nothing which so quickly restores energy and fitness as HORLICK'S MALTED MILK. It is of more value than any medicine in picking up the debilitated system. There is no food which contains so much nourishment or is so easily assimilated. It is widely prescribed for invalids during the convalescence stage. All chemists and stores stock HORLICK'S MALTED MILK in bottles at 1s. 6d. and 2s. 6d. Free sample on receipt of two stamps from Horlick's Food Company, 34, Farringdon Road, London, E.C.

"I have only just seen 'Myra's Journal,' and like it so much that I shall continue to take it."—M. Lake, Hallford St., Islington.

No. 5403

No. 5404

No. 5405



No. 5406

No. 5407

No. 5408

SMART SKIRTS FOR SUMMER MATERIALS.

For Descriptions see Pages 36 to 42.

Price of Paper Patterns, Pleated or Tucked Skirts, each 1s. 0^d.; Skirts, or Foundation Skirts, each 6^d., post free of MAMAME MYRA, 10 and 11, Fetter Lane, E.C.

the five-gore foundation skirt, which is finished with a corded shaped flounce to support the overskirt. Cut a bodice lining with three-piece front, to close on left of centre panel. Veil top with a back and front yoke of tucked white silk and lace, closing on shoulder. Veil the rest with a full back, a full vest of white silk and two fronts of the taffetas. Trim fronts with pleatings and velvet buttons. Draped velvet belt supported on bones. Lace and tucked silk band collar. Full short sleeve puffed on a smaller lining, with stiffened taffetas cuff edged with a ruche. 22-inch chequered taffetas, 15 yards.

A Black Satin French Coat.

No. 5381. A gathered back, and two gathered **Page 26.** fronts. They are arranged into a band which holds the fluted basque. Coat open to waist, decorated with a collar of embroidered muslin. One-piece sleeve of lining, veiled with a big puffed one-piece sleeve, decorated with lace frills. Belt of full green silk, supported on bones. 22-inch material for coat, 5 yards. Only the sleeve need be lined, except the three-piece yoke which supports the top gathers.

Tailor Gown of Black Face Cloth.

No. 5382. Smart tucked skirt. The pattern **Page 26.** is in four pieces—half the front, two sides, one back. Sides, front, and backs are arranged in tucks into the waist (these tucks are wheelmarked). Tuck edge to flat pattern and put on added tucks (doubled bias bands). Lay the pattern pieces on 5 yards of 48 inch material. The material is doubled, selvedges meeting, front centre laid on fold so that front is cut in one piece, the other pieces being cut in duplicate. Tack together front, sides, and backs. Arrange the tucks, try on. Then stitch and press the seams. Hem the lower edge, add false tucks. Make the opening in the left tablier seam. Fell over the edges with silk, and sew on glove-stud fasteners. Bind the top edge, closing with two hooks and eyes. The pocket can be inserted in one of the seams on the right. Tablier seams are decorated with stitched straps of leaf-green glacé. Wear over a five gore foundation skirt. Smart little bolero coat of the same material. A back and two fronts. Face fronts with green glacé after decorating the edges with stitched straps. Line the rest with green silk or polonaise, cut on coat pattern, but seamed apart. Face collar with green glacé prettily embroidered. The shoulder (cut rather long) has glacé straps. One-piece sleeve on a smaller lining, strapped, finished with a glacé lower sleeve. 48-inch material, 7 yards; 22-inch glacé, 6 yards.

A Plaid Coat and Skirt.

No. 5383. Five gore pleated skirt. The stripes **Page 26.** of plaid should meet at the gored seams. Pleats are wheelmarked on pattern. Wear over a five-gore foundation skirt of moirette, edged with a pleating. Smart little plaid bolero—a back and two fronts (cut with revers). Stiffen revers and face with the plaid; revers are held back by buttons. Line coat with silk or polonaise, cut on the coat pattern, but seamed apart. One-piece collar faced with plaid. One-piece sleeve gathered on to a smaller lining. Quantity of 48-inch plaid, 7 yards.

A Pleated and Embroidered Linen Coat and Skirt.

No. 5384. Smart pleated skirt. The pattern **Page 27.** is in four pieces—half the front, two sides, one back. Sides, front and backs are arranged in pleats partly stitched down. Pleats are wheelmarked on the pattern. Lay the pattern pieces on 9 yards of 36-inch material. The material is opened out and double so that the breadths (all but front) are cut in duplicate. Where not wide enough added corners must be seamed on. The single material is folded over for the front, front centre laid along the fold. Tack together front, sides, and backs. Arrange the pleats, try on. Then stitch and press the seams and stitch down pleats. Hem the lower edge, felled from the back. Make the opening in the left tablier seam. Finish with strips of linen and sew on glove-stud fasteners. Bind the top edge, closing with two hooks and eyes, fitting the waist easily. The pocket can be inserted in one of the seams on the right, whichever is found most convenient. Wear over a five-gore foundation skirt. Smart little coat of the same material. A full back and two full fronts, gathered into a back yoke and front, yoke cut in one with a band which passes to the back. Line bands and yoke, felling lining over the seams. Added waistcoat fronts,

closing with hooks and eyes, lined and embroidered. Two collars, one plain, the other embroidered. Galon can replace the embroidery. Two-piece sleeve, unlined, embroidered at wrist, or edged with galon. 36-inch material, 4 yards.

Linen Bolero Coat

No. 5385. To match a skirt, unlined except **Page 27.** yoke, which is of darker linen. Three-piece yoke. Back and two fronts of linen, with shaped and scalloped berthe. Face fronts with strips of linen to hold the buttons and buttonholes. One-piece wing sleeve. 36-inch material, 5 yards. This makes up very successfully in putty coating.

Elegant Gown of Thin Face Cloth.

No. 5386. Pleated skirt (six gores) pleated to **Page 27.** simulate double box pleats, which are notched and wheelmarked on pattern. Decorate with bands of velvet headed with cord. Wear over a 5-gore foundation skirt edged with a corded shaped flounce. Smart and original bolero of the cloth, decorated with shaped bands of the velvet, headed by cord. Line with silk. One-piece sleeve draped on a smaller lining, with stiffened cuff faced with velvet and decorated with cord. Chiffon sleeve frill. 48-inch cloth, 7½ yards.

Smart Tweed Travelling Costume.

No. 5387. Box-pleated skirt in five gores, worn **Page 27.** over a foundation skirt. Smart coat—a back and two double-breasted fronts (fronts faced tweed) with added two-piece basque and added straps back and front. Face revers with slipstitched velvet. Face collar and cuff with velvet. The big sleeve is arranged on a smaller lining. The rest of the lining is cut on coat pattern, but seamed apart. Quantity of 48-inch tweed, 8 yards.

A Serge Beach Gown.

No. 5387a. The yoke and panels are cut together **Page 27.** out of 54-56-inch serge, panels filled in with pleats of serge. Yoke and plain panels are lined, but not the pleated part. Smart bolero: a back and two fronts, with revers faced with silk and decorated with straps and buttons. Collar faced silk. Big sleeve with smaller lining, and buttoned lower sleeve. 56-inch serge, 6 yards.

A Lovely Dust Cloak for Races, Motor Visiting, &c.

No. 5388. A sacque back and two double- **Page 29.** breasted fronts (buttoning over on left) of B.B. pale Durham Habit cloth (unspottable, 51 inches wide, 4s. 6d.). Face fronts with the cloth and line the rest with leaf-green silk (seamed apart). Big sleeve, open to show an inner frill of lace. Trim with rich green galon. Pearl buttons. 51-inch cloth, 6 yards.

A Pleated Sea-Side Tailor Gown

No. 5389. This makes up capitally in any of **Page 30.** the Pirle-finished tweeds. Box-pleated skirt. It should be worn over the five-gore foundation skirt edged with a shaped flounce (pattern in one piece—half the flounce). The pattern is in four pieces—half the pleated front, two pleated sides, half the pleated back. Pleats are notched and wheelmarked on the pattern. Lay the pattern pieces on 5 yards of 48-inch tweed, which is doubled (selvedges meeting). Front centre of tablier is laid on the fold so that it is cut in a single piece, the others being cut in duplicate. The material is not wide enough to take all the pieces of pattern in a half width (the most economical method); therefore, added corners must be seamed up the selvedge. Tack the seams and the pleats according to the notches, leaving the opening at the back. Try on. Stitch and press the seams. Stitch down pleats half way. Finish the back opening (hidden on the left of box-pleat) with felled bands of sarsenet; close it with glove-stud skirt tapes. Bind the top edge, and close it with two hooks and eyes. Smart coat—a back and two fronts, a one-piece basque, a one-piece stole collar, a two-piece gigot sleeve. Coat closes at waist only. Stitched belt. Line coat with silk or polonaise, cut on coat pattern but seamed apart. Material for coat, 2½ yards.

A Plaid Travelling Gown.

No. 5390. 11-gore skirt, made with lapped **Page 30.** seams, closing at back in the inverted box-pleat. Smart Norfolk coat—a back, four sides, two fronts, cut with pleats which are free below the waist. Line with thin silk. Face fronts and collar with silk. Big gigot sleeves. 46-inch shepherd's plaid, 7 yards.

A Tweed Country Costume.

No. 5391. Five-gore skirt, lined, closing in left **Page 30.** tablier seam. Stitched hem. 48-inch material, 4 yards. Fitted coat. The pattern is in eight pieces (half the coat): one back, two side pieces, one front, half the basque, half the collar, the upper and under of one sleeve. Lay the pattern pieces on 3½ yards of 48 inch material, which is doubled (selvedges meeting), so that the pattern pieces are cut in duplicate. Tack together backs, sides, basques, and fronts of coat. Try on. Stitch and press the seams. Face fronts with the material. Close with buttons and buttonholes. Metal buttons. Cut the lining on the coat pattern. Seam and press it. Tack it in place, and slip-stitch the turned edges over the coat edges and front facings. The sleeve is seamed and lined (lining seamed apart). It is pleated and stitched into the armhole, and the sleeve lining is felled over the seam. The collar is faced with the tweed.

Cycling Knickerbockers.

No. 5393. It is best to make them match in **Page 36.** colour the cycling skirt or the stockings. The pattern is in four pieces—half the knickerbockers, half the one-piece shaped band, the shaped flap band, the knee band. The detachable lining can be of longcloth or Horrockses' Flannelette. The shaped band and the flap band alone are lined, the knee band being doubled. Quantity of material, 1½ yards of 48-inch tweed, &c.

Another Style of Knickerbockers.

No. 5394. Good model for tan serge. The **Page 36.** pattern is in four pieces—half the knickerbockers, half the one-piece shaped band, the shaped flap band, the knee band. Detachable lining can be of Horrockses' flannelette. The shaped band and the flap band alone are lined, the knee band being doubled. Quantity of 48-inch tweed, 1½ yards. These knickerbockers do not rise to the waist—only to the corset edge if corset is short in the hip.

Detachable Lining for Knickerbockers.

No. 5395. Horrockses' Flannelette is best for **Page 36.** this. Pattern in three pieces: half the knickers, the flap band, the knee band. Buttonholes are made all round to hang the linings to buttons sewn at the edge of the shaped and flap bands of No. 5393. 29-inch flannelette, 4 yards.

A Motoring Veil.

No. 5396. A strip of gauze from 18-22 inches **Page 37.** wide and two yards long. This is passed over the hat or motor cap, gathered on a runner which holds it close to the brim's edge. The top can be held by a pin to the crown. The ends are tied under the chin.

Embroidered Cache Corset.

No. 5397. Of fine Horrockses' longcloth. A **Page 38.** back and two fronts, fronts scalloped and embroidered, worked with slots, through which a ribbon is passed. Arrange into the one-piece basque. Close with buttons and buttonholes (made down central box-pleat, cut with right front, pleat wheelmarked on pattern). Quantity of 29-inch material required, 1½ yards.

A Djibeh Nightdress.

No. 5398. To match No. 5397. This nightdress **Page 38.** passes over the head, and is drawn up with a ribbon runner at the throat. There are no fastenings. The pattern is in three pieces—half the back, half the tucked front, one sleeve. Tucks are wheelmarked on front pattern. They give enough fulness to make the garment more easily put on. Lay the gown piece on 6 yards of 29-inch longcloth, which is folded in half (selvedges meeting), the back centre of back and front centre of front laid along the fold, so that the gown is cut in a single piece. The material not being wide enough, added corners have to be seamed on. On the opened-out material (double) should be marked the added corners and the sleeve pattern (4 yards). Thus 10 yards are required for the complete gown. Seam on the added corners (a run-and-fell seam), make the tucks. Embroider the front with embroidery cotton or silk. Scallop the neck, and work the scallops in buttonhole stitch. Work slots round the neck through which the 3-inch ribbon is to be passed. Hem the lower edge. Seam the sleeve. Scallop and embroider the frill and work slots in it to hold the ribbon runner. About 5 yards of ribbon will be required. The sleeve is mounted with a few gathers where it joins the shoulder seam of the gown.

A White Viyella Nightdress.

No. 5399, The pattern is in five pieces—half **Page 38.** the front, half the back, half the back yoke, half the collar, one sleeve. Lay the pattern pieces on 8 yards of 31-inch Viyella, which is doubled under sleeve pattern, so that it is cut in duplicate. The single material being too narrow for the back and front pieces, added corners are seamed up the selvages. Slit the front for an opening. Finish the slit with stitched straps, closing with buttons and buttonholes. Gather the back into the lined yoke. Seam together back and front. Collar is trimmed with a frill of Viyella and woollen torchon insertion and edging. The sleeve is arranged into a narrow band, which holds the top of the sleeve frill.

Embroidered Chemise.

No. 5400, To match No. 5397. The skirt is **Page 38.** tucked to flat pattern, or it can be scalloped and worked in buttonhole stitch like neck and armholes. A back and front. Front is decorated with embroidery, and is worked with slots which hold the ribbon drawstrings. 29-inch material, 4 yards.

Embroidered Drawers.

No. 5401, To match No. 5397. Two widths of **Page 38.** 29-inch longcloth are required, one for each leg. The separate legs are gathered into a lined shaped band, which buttons on to the edge of the stays. The legs are gathered into a band of beading, which holds the embroidered frill. 29-inch material, 3 yards.

A Charming Muslin Wrapper.

No. 5402, Could be worn as a tea or breakfast **Page 38.** gown, over any semi-fitting sheath princess foundation of silk or mercerised lining. To be made quite apart from any foundation for the convenience of washing. Two tucked backs, two sides, two tucked fronts, a tucked centre panel. Tucks are wheelmarked on pattern. Backs, sides, and fronts are finished with a shaped flounce (tucked to flat pattern, pattern in one piece, half the flounce), headed with insertion of *broderie anglaise*. Trim front panel with strips of *broderie anglaise*. Edges the neck and the open long sleeve, which is striped with insertion. Satin ribbon bows. Quantity of 29-inch muslin required, 12 yards.

Smart Pleated Skirt.

No. 5403, Good model for white serge. The **Page 41.** pattern is in four pieces—half the front, one back, two sides. The skirt cuts more economically out of serge, or any material which has no distinct up-and-down to interfere with reversing the breadths. Lay the pattern pieces on 5 yards of 48-inch material, which is folded (selvages meeting), the front centre of front pattern laid along the fold, so that it is cut in a single piece, the two sides being cut in duplicate. The pleats are wheelmarked on the pattern. Tack together back, sides, and fronts according to the notches. Arrange the pleats and try on. Stitch and press the seams, leaving free 10in. of the tablier seam for an opening. Hem the skirt. Secure the pleats by tacking together the material to the knees. The top edge is bound, and the opening is finished with felled and stitched straps of silk. It can close with buttons or with glove stud skirt tapes. The pocket is inserted in this opening, or in a pleat on the right side.

Gathered and Tucked Transparent Skirt.

No. 5404, For muslin, voile, Eolienne, B.B. **Page 41.** silk warp Henrietta, &c. The pattern of the skirt is in five pieces (half the skirt): one back, two sides, half the tablier, half the lining yoke. Gather the top on the yoke. Gathers are wheelmarked on pattern. The material is slit to allow of the occasional box-pleats. Lay the pattern pieces on 5 yards of 44-inch material. Tack the seams according to the notches. Stitch and press the seams. Gather and pleat the material on to the yoke. Try on the skirt. Hem the lower edge. Finish the back opening with stitched facing bands of silk, and close with hooks and eyes. Trim with tucks (tucked to flat pattern). Wear over the five-gore foundation skirt of silk or moiré No. 5405.

Foundation Skirt to wear under Transparent Skirt.

No. 5405, Five-gore foundation skirt of silk or **Page 41:** moiré, short, eked out with a wide shaped flounce (pattern in one piece, half the flounce). To give firmness, the flounce is covered with small cross-cut frills, each hemmed with a cord. Capital model. 24-inch material, 10 yards.

Box-Pleated Serge Skirt.

No. 5406, Pleated skirt. It should be worn **Page 41.** over the five-gore foundation skirt edged with a shaped flounce (pattern in one piece—

half the flounce). The pattern is in four pieces—one pleated front, two pleated sides, half the pleated back. Pleats are notched and wheelmarked on the pattern. Lay the pattern pieces on 5 yards of 48-inch serge, which is doubled (selvages meeting). The material is not wide enough to take all the pieces of pattern in a half width (the most economical method); therefore added corners must be seamed up the selvedge. Tack the seams and pleats according to the notches, leaving the opening at the back. Try on. Stitch and press the seams and stitch down pleats. Turn up the hem and stitch it, pressing it well. Finish the side opening (hidden in the left pleat) with felled bands of sarsenet; close it with glove-stud skirt tapes. Bind the top edge and close it with two hooks and eyes. Good model for 36-in. linen.

Gathered Muslin Skirt.

No. 5407, Seven-gore skirt of muslin, foulard, **Page 41.** or mousseline de laine, gathered to fit the waist, the edge simply hemmed. Trim with



No. 5408A. PRETTY FROCK OF B.B. EMBROIDERED CREPE DE CHINE (2s. 6d. the yd. 41-in. wide).

For Description see Page 47.

Price of Paper Patterns, Skirt, Foundation Skirt, or Bodice, each 6jd., post free, of MADAME MYRA, 10 and 11, Fetter Lane, E.C.

a wide gathered cross-cut flounce, gathered on the skirt and decorated with ruffles of the material. Make opening at back. Wear over a five-gore foundation skirt, edged with corded shaped flounce (pattern in one piece, half the flounce). 29-inch material, 12 yards. Velvet or satin belt supported on bones.

Six-gore Linen Skirt.

No. 5408, The pattern is in four pieces—half **Page 41.** the front, one back, two sides. The skirt cuts very economically out of plain linen or serge, or any material which has no distinct up-and-down to interfere with reversing the breadths. Lay the pattern pieces on seven yards of 36-inch material, which is folded (selvages meeting), the back and front centres of back and front patterns being laid along the fold, so that each is cut in a single piece, the two sides being cut in duplicate. The back pleat is wheelmarked on the back pattern. Tack together back, sides, and front according to the notches. Lapped seams. Arrange the pleat and try on. Stitch and press the seams, leaving free 10in. of the tablier seam for an opening. Hem the lower edge. The top edge is bound, and the opening is finished with felled and

stitched straps of silk. It can close with buttons or with glove stud skirt tapes. The pocket is inserted in this opening.

A Pirle-Finished Alpaca Dust Cloak.

No. 5409, Back yoke and two fronts of yoke **Page 45.** (lined). Into this is gathered the unlined back and two fronts. Stole collar of velvet, lined with lino, slipstitched to the coat. Two-piece sleeve with stiffened velvet cuff. Pirle-Finished Alpaca (46-inch) 3½ yards.

Smart Linen Pier Gown.

No. 5410. Full seven-gore skirt, trimmed with **Page 45.** a shaped band, decorated with buttons and braid loops. The top is gathered into the waist, bound with a Cash's washing ribbon. Skirt is quite apart from the five-gore foundation skirt, which is finished with a corded shaped flounce to support the over-skirt. Blouse (unlined) with a back and two tucked fronts, right front cut with box pleats. Tucks and pleat are wheelmarked on pattern. Detachable vest. Lace collar. One-piece collar of the linen, decorated like the skirt. Full sleeve on a smaller lining, with linen decorated cuff. Draped taffetas belt supported on bones. 36-inch linen, 10 yards.

A Smart Redingote Costume.

No. 5411, Seven-gore skirt, edged with a shaped **Page 48.** band (cut on skirt pattern), trimmed with braid and buttons. Redingote hooking in front—two backs, four sides, two fronts, two added fronts out with collar, decorated with cord and buttons. One-piece revers collar faced satin. Gigot sleeve with decorated cuff. Line with silk cut on coat pattern, but seamed apart. 48-inch material, 7 yards.

Personal Appearance.

HOW TO MAKE IT MORE ATTRACTIVE.

By MISTRESS ANNE PAGE.

MESSAGE OF ARMS AND HANDS.

(Continued from our June issue.)



ANY of the readers of MYRA'S JOURNAL belong to the noble army of women-workers who win for themselves the food they eat and the clothes they wear, and on some the whole of the bread-winning for their families depends. By the end of each day hands are very tired and stiff, and arms, especially of typewriters, ache as if they were bruised, and in course of time, unless carefully and regularly massaged, both arms and hands lose their beauty entirely.

The following movements will not only ease the cramped and weary muscles, but will tend to keep the hands more supple, soft, and white, and the arms more shapely and fit to show in pretty evening frocks when opportunities arise:—

Wash in hot water, dry, then work into the hands a little of the "Crème Suprême," which Mr. Mason, 25, Bank Plain, Norwich, sends post free for 2s. 9d. a jar. Spread the right hand wide open, and then clasp it with the left hand, letting the ball of the thumb of this work and knead the muscles of the right palm and insides of fingers, while the left-hand fingers press and work the back of the right hand and its fingers, as if moulding a flat cake of dough. Change hands and repeat.

Next place one hand across the other with its back in the palm, and with the thumb of the under hand press as deeply as possible into the open palm of the other, working in a circle round from the ball of the thumb via the base of the fingers to the thick muscle by the wrist-bone opposite the thumb. Change hands and repeat.

Then spread some of the crème on the arm from wrist to elbow, hold up that arm like a child at school does when he says "Please, teacher" in answer to a question in class, and then massage upwards by giving the arm a series of squeezes all the way up between the full length of the finger and thumb of the other hand. Do this on both sides of the arm, then change hands and repeat.

Now place one hand, widely spread open and back upwards, flat on a folded towel on the table; lubricate with the Crème and stroke from fingertips to wrist with the fingers of the other hand. Lastly take the base of each finger and thumb separately between well-lubricated finger and thumb of the other hand, and draw this finger and thumb up to the tip with a rather tight squeezing. This will tend to reduce any swelling in the joints and make the fingers more tapering.

In our next lesson we will treat the upper arm which should gleam so whitely in evening dress.

(To be continued.)

"I have used 'Myra' for nearly nine years and find it the best of all dressmaking journals."—M. M.

Prize Cookery Recipes AND Household Hints.

NOTE.—All recipes and hints intended for competition must be sent to Mrs. Hope, 10 and 11, Fetter Lane, E.C. They should not be included in envelopes containing queries for other departments, as that entails considerable delay, and often causes the competing papers to reach Mrs. Hope too late for the Competition. Competitors must write their recipes or hints each on a separate sheet, and must put their name and address on each.

Mrs. Hope wishes it to be understood that she cannot enter into correspondence with regard to the Hints and Recipes Competitions.

She must further remind competitors that efforts which are not accompanied by a coupon are not considered at all, and that names and addresses of prize winners are always printed. All efforts are welcomed, but the rules must be kept, and competitors who write "please do not publish my address," must not expect to gain prizes.

COOKERY PRIZE RECIPES.

A prize of 2s. 6d. has been awarded for each of the four following Household Hints:—

A DELICIOUS BEEFSTEAK.—Have a thick beefsteak from 1½lb to 2lb in weight. Boil six eggs hard. Core and wipe six kidneys. Remove the eggshells and cut the eggs in halves. Press down the flat ends upon the steak. Cut the kidneys in two and arrange them also upon the steak. Season with salt and pepper. Tie the beefsteak round with string, roll it in flour, and stew it slowly for 1½ hours. There is no need to cut off any fat, as it tastes just like marrow when cooked this way.—Miss BEDFORD, 12, Priory Crescent, Lewes.

BAVOIRRE: A DUTCH DISH.—Mince ½lb cold meat, add two cupfuls of bread crumbs, an onion cut up small and fried, two tablespoonfuls of curry powder, three well beaten eggs, one teaspoonful of soy, the juice of half a lemon, and the rind of half a lemon grated. Add also a pinch of salt and pepper, and mix well together. Put into a piedish with a few pieces of cold dripping. Bake three-quarters of an hour. If liked, a little gravy may be added before baking. It may be served in the dish, or turned out and bordered with rice.—Mrs. BURGE, c/o Bank of New South Wales, 64, Old Broad Street, E.C.

MACARONI AND FISH PIE.—Take a filleted haddock, cut it into neat pieces, and lay in a piedish, with alternate layers of cooked macaroni. Pour about a teaspoonful of white sauce over, and sprinkle with bread crumbs. Put little pats of butter over the crumbs, and bake for half an hour.—Miss MURIEL PEART, Glamis House, Farnborough, Hants.

PEACH JELLY.—Soak 1oz of Cox's gelatine in water for one hour. Squeeze and strain the juice of one lemon, and place it with the dissolved gelatine, 2oz of castor sugar, and the syrup from a tin of peaches, in a stewpan, on the stove. When nearly boiling, remove from the fire, and add enough of Marshall's carmine colouring to make it pale pink. Then strain through a mould into a mould previously wetted with cold water. Fill up the mould with pieces of peach. To turn out this jelly reverse the mould on to a glass dish, wrap round it a cloth wrung out of boiling water. In a few seconds the mould can be removed, leaving the jelly on the dish. Garnish with whipped cream.—Miss A. JOHN, 3, New Dock St., Llanelly, South Wales.

RECIPES COMMENDED AND RECOMMENDED.

TONGUE AU GRATIN.—Cut some tongue into thin slices; have ready a fireproof dish, butter it, and scatter grated parmesan cheese over it. Place a layer of the slices of tongue, then a layer of breadcrumbs, then a layer of cheese and tongue, and so on, alternately, until the dish is full. Pour a little gravy or thick cream over each layer of crumbs. The top layer of all must be cheese with small pieces of butter on it. Bake in a moderate oven, until the cheese is lightly browned.—Exeter.

A DELICIOUS STEW.—Take 1½lbs of beefsteak, wash it and cut it into small dice. Dip in vinegar, and put in a firmly covered saucepan. Take some carrots, turnips, and three or four small onions, cut them small, dip them in vinegar, and add to the beef. Season with salt and pepper, and sprinkle flour thickly over all. Add no water, nor any other moisture. Keep closely covered, and simmer for three or four hours. Serve all together on a dish, and serve very hot. It will be a delicious jelly, or very nearly so, and quite enough for four or five persons.—Folkestone.

MARGARET PUDDING.—6oz butter, or good beef dripping, one teaspoonful baking powder, and 1lb flour, mixed well together with a little milk to the consistency of a plum pudding. Grease a pudding mould, put in the mixture, and steam for two hours.—Attleboro'.

CHICKEN PANADA.—Half a chicken, half a tablespoonful of salt, one tablespoonful of cream. Cut the flesh from the chicken and chop into small dice; put into a pot with the salt; tie a piece of white paper over the top of the pot, then put into a saucepan of boiling water. Let it simmer for two hours, then take out, and do not lose any of the liquor. Put the chicken into a mortar, pound to a pulp, then rub through a sieve with a wooden spoon, pouring a little of the liquor over it to make

**FOUR PRIZES, EACH 2s. 6d.,
ARE AWARDED FOR THE
FOUR BEST COOKERY RECIPES.**

**FOUR PRIZES, EACH 2s. 6d.,
ARE AWARDED FOR THE
FOUR BEST HOUSEHOLD HINTS.**

it pass through the sieve more easily. Mix the cream in and serve on hot buttered toast. It can be reheated in a lined saucepan or in a covered dish in the oven.—Sussex.

TAPIOCA SWEET.—Boil 1 tablespoonful of pearl tapioca in milk until cooked. Sweeten to taste; add 1 dessertspoonful of desiccated cocoanut, and boil again for 5 minutes. Put a layer of jam at the bottom of a glass dish, pour over the tapioca, sprinkle with cocoanut, and when cold cover with whipped cream.—Folkestone.

POTATO PUDDING.—Mash ½lb potatoes, add 1oz butter and 2 well beaten eggs. The juice of 1 lemon and sugar to taste. Then either bake or boil. This pudding is delicious either way, and is an excellent way of using up cooked potatoes.—Kent.

MUSHROOM SOUP.—1lb mushrooms, 1 pint milk, ½ pint cream, 2 to 3 ounces of butter, salt and pepper to taste, and 2 tablespoonfuls of flour. Cut up the mushrooms about an hour before they are wanted, and sprinkle them with salt. Melt the butter in the saucepan, then add the mushrooms and stir till cooked. Add salt and pepper. Make the milk into a paste with the flour, add it to the mushrooms, and boil up together, stirring gently. Then add the cream, stir for a minute or two, and serve.—London, S.W.

PRIZE HOME HINTS.

A prize of 2s. 6d. has been awarded for each of the four following Household Hints:—

TO REMOVE OIL FROM CARPETS.—Make a paste of Fuller's Earth, and spread thinly over the greased part of the carpet; let it dry thoroughly, then brush off with a stiff brush; all trace of grease will have disappeared. This may be applied to the most delicate fabrics also.—Miss HINDLEY COLLARD, The White House, Reculver, Kent.

HOW TO MAKE BATH GLOVES.—Excellent bath gloves may be cut from the least worn parts of

discarded Turkish towels. Cut to the shape required, seam, and lightly hem the bottom.—Miss DOROTHY TIMINS, Gaydon, Warwick.

HOW TO MAKE A DEAL FLOOR LOOK LIKE OAK.—Scrub the floor well, and, if at all rough, rub it previously with glass paper. Put 2oz permanganate of potash into a jug and pour half a pint of boiling water on it. Stir frequently, and when nearly cold allow it to settle for a few seconds. Then pour it off into a jug or bottle. Apply it to the floor with a partly-worn scrubbing-brush. Pour a small quantity of the fluid upon the floor and use the brush just as for scrubbing, working the fluid well into the floor. It dries almost immediately, but should be left for twelve hours, then gently wiped with a soft dry cloth. Next rub it with beeswax and turpentine very thoroughly, using plenty of it the first time, as the floor absorbs a good deal at first. The only cleaning it needs afterwards, besides dusting, is occasionally to wipe it with a damp cloth; rub with any kind of furniture polish. It looks much better than stain and varnish, is easily and quickly applied and lasts a long time without looking shabby. When worn off in some places it can be first thoroughly washed and then be touched up again.—Miss PARTRIDGE, Fern Cottage, Witheridge, North Devon.

SIX USES FOR SALT.—(1) Salt used in washing the hair will prevent it falling out. (2) New coloured calico soaked in a strong solution of salt and water for an hour before washing will retain its colour better. (3) Salt is an excellent dentifrice, whitening the teeth and hardening the gums. (4) Ink stains may be removed by the use of moistened salt, continually renewed until the stain has disappeared. (5) A little salt in starch will prevent irons sticking.—Miss E. PARTRIDGE, 22, Heathcote Street, Loughborough, Leicestershire.

HOME HINTS COMMENDED AND RECOMMENDED.

When mixing beeswax and turpentine, melt a lump of sugar with it. The polish will then be made much more quickly, and be stiffer.—Kent.

TO CLEAN OIL PAINTINGS.—Daily gentle rubbing with an old silk handkerchief is an admirable restorer.—Reading.

A BREAD-BAKING HINT.—When baking bread keep a tin of water boiling in the bottom of the oven. The steam prevents the crust on the loaves becoming hard.—Darlington.

TO SAVE A CURDLED CUSTARD.—Turn it at once into a clean, cold basin, and keep on stirring all one way until cold. I have proved this frequently.—Maida Vale.

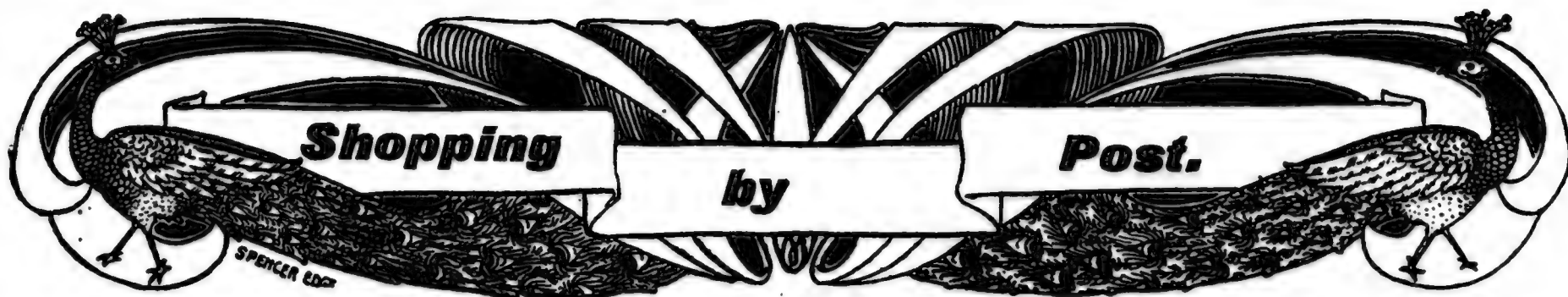
JEWELLERY, TO CLEAN.—One teaspoonful of ammonia in a cupful of warm water, applied with a tooth-brush, will clean the most delicate filagree jewellery or fragile gold ornaments, and nothing will more quickly clean plated or silver articles, however dirty.—Warwickshire.

MOths.—A good perfume can be made as follows. ½oz each of ground cloves, nutmeg, caraway seeds, mace, cinnamon, tangerine leaves, and 3ozs of Florentine orris root, put in small bags, these, to be put among your clothing, &c., gives them a fine perfume which the moths dislike, therefore your clothing is saved from their attacks.—Leicestershire.

TO CLEAN CANE-BOTTOM CHAIRS.—Turn the chair bottom upwards, and with hot water and sponge wash the cane work well, so that it may become completely soaked. Should it be very dirty you must use soap. Let it dry in the open air or in a place where there is a thorough draught, and it will become as tight and firm as when new, provided none of the strips are broken.

TO CLEAN WHITE SUNSHADES WHICH HAVE BECOME SOILED.—Sponge well with a lather of Sunlight Soap, in which a little pipeclay has been dissolved. This will be found to make it as clean as when new.—Ipswich.

Reigate.—"I beg to state that your patterns and book are a great help to me and to my trade generally."—E. M. Poole.



BLOUSES AND COSTUMES AT MESSRS. SAMUEL LEWIS & CO.'S.

WHEN one is leaving London on a series of visits or for the annual six weeks' sojourn at the seaside, one's wardrobe always wants overhauling and replenishing. Happily the notion that soiled skirts and blouses can be "finished off" out of town is now quite exploded. Dwellers in London can always come up and look at the shops to select and pick out what they want, and for those who live too far to shop personally there is the handsome illustrated catalogue of Messrs. Samuel Lewis (the Holborn Silk Market, Holborn Bars,

lovely embroidery flounce (the open-work called *broderie Anglaise*), the skirt itself daintily tucked and striped with embroidery in becoming vertical lines, the bodice—a charming one, with square-cut neck and elbow sleeve, striped with embroidery. This is a really lovely gown, and it is one out of a big selection of lawns, muslins, &c., at all prices. The linen coats and skirts are capital, and so cheap, and there is a big selection of serge, tweed, and cloth coats-and-skirts, plain or dressy, at the lowest possible prices. For the travelling or seaside outfit I can highly recommend an artistic dressing-gown of cotton *mousseline de laine* (14s. 11d.), which has a most decorative sleeve and collar, trimmed with fancy braid and frills. An accordion-pleated morning gown of nun's veiling—charmingly pretty—costs only 24s. 6d. Since the opening of their fine new premises, Messrs. Samuel Lewis and Co. have also made a feature of elegant Paris millinery for all purposes, at most reasonable prices.

AN EXCELLENT CORSET.

If there is one time when we require comfortable and reliable corsets it is when we are on our travels, and I think this is an excellent opportunity of giving a first trial to the capital corsets of Mr. William Menzies (Albion Factory, Nethergate, Dundee). Two varieties merit special attention. No. 1, the "Trioply," has a practically unbreakable busk, which bears bending and twisting without breaking or splintering. It is a beautifully-modelled corset, too, and is very handsomely turned out, even in the cheaper makes. So sure are the manufacturers of the busk, that a new corset will be presented if the busk breaks in ordinary wear. No. 2 corset (the "Menzies") is a self-moulding one, lending itself to perfect comfort, and can be laced to fit three sizes, which renders it admirable for certain circumstances. A new pair of front steels are given with every pair of "Menzies" Corsets.

The prices are most moderate (from 2s. 11d., rising to 3s. 6d., 4s. 11d., 5s. 6d., 6s. 6d., and upwards), but all are excellent in shape, comfort, and durability.

CHARMING SUMMER FABRICS.

In buying new woollen and silk warp fabrics we cannot do better than buy "Bradford's Best," the beautiful B.B. Fabrics manufactured by Best's Dress Goods Company, Bradford. The prices are low for the quality of the fabrics, because intermediate profits are saved. This is why the B.B. Fabrics can only be purchased of Best's Dress Goods Company, Bradford, though, by error, I stated last month, I believe, that they could be ordered through a local drapers. The B.B. summer face and amazon cloths are lovely. A fine quality amazon cloth costs only 1s. 8d., 42 inches wide (13 shades), and there is a delightful "Bird's Eye" embroidered amazon (7 shades) at 3s. 9d., 45 inches wide. But during the hot months of July and August our readers will be more interested in the transparent and very light fabrics, like the lovely cream voiles (from 1s. 6d. to 2s. 11d. the yard, 42-46 inches wide), the delicious silk-and-wool taffetas (only 2s. 6d., 42 inches wide), the all-silk crêpes de chine (only 3s., 40 inches wide). The B.B. crêpes de chine should be noted—as a rule for 3s. (a double-width fabric) a crêpe de chine is distinctly inferior to these in gloss and delicacy. The Estrella crêpe de chine is exquisite, in many lovely shades, only 3s. 3d. and 3s. 9d. the yard (44 inches wide). Another series of fabrics which are truly beautiful, in the newest summer shades, are the dainty Eoliennes, 2s. 3d. the yard (42 inches). At 3s. 3d. (44 inches), a lovely spot Eolienne can be had. Ladies who want summer gowns in these delightful fabrics should write off at once for patterns. Best's Dress Goods Co. pay the carriage of such both ways.

Best's Dress Goods Co. do all their business direct through the post, and do not sell their goods to

drapers at all, as implied by an erroneous statement in our last month's issue. So that ladies should write to Best's Dress Goods Co., Manufacturers, Bradford, when they wish for their B.B. dress goods.

LOUIS VEL DUVET.

The new edition of the famous Louis Velveteen, of far lighter make and new "chiffon" finish, has enabled ladies to have their favourite fabric made up into visiting frocks, blouses, and tea-gowns—the sort of models, in fact, for which the precarious and costly *velours chiffon* has been so largely employed this season. In changing the weight of their



No. 5410. A PIRLE-FINISHED ALPACA DUST CLOAK.

For Description see Pages 35 to 42.

Price of Paper Pattern 1s. 0d. post free, of MADAME MYRA, 10 and 11, Fetter Lane, E.C.

E.C.), where are sketched charming blouses—fresh and dainty—of voile, *mousseline de laine*, Jap silk, nun's veiling, point d'esprit net, &c., besides the ubiquitous embroidered muslin and linen. Messrs. Samuel Lewis have a lovely blouse of ecru point d'esprit net, decked with lace and satin ribbon, at 12s. 11d. Seven or eight shillings go a long way in charming blouses if we are wise enough to wend our way to the Holborn Silk Market, or to send for their catalogue.

Messrs. Samuel Lewis have such charming muslin gowns—just the thing for pier use, for country flower shows, &c. A dainty gown, which would be invaluable for table d'hôte, is most inexpensive (39s. 6d.), and it is of fine lawn, the skirt with a



No. 5411. A LINEN PIER GOWN.

For Description see pages 36 to 42.

Price of Paper Patterns, Skirt, Foundation Skirt or Blouse, each 6d., post free, of MADAME MYRA, 10 and 11, Fetter Lane, E.C.

original fabric for warmer weather, Messrs. Louis have in no way impaired the beauty of the colouring or the fastness of the pile. On the contrary, Chiffon Vel Duvet is more sheeny, more lustrous than ever. The colours are truly lovely. There is an exquisite range of the mauve shades which are in such demand, and the deep rose pinks—another series of highly fashionable colours—are full, lustrous, becoming. There are some very fine blue shades, including a rich Royal blue, which is admirable for a fashionable visiting gown. The orange and yellow shades are very handsome. All drapers of good class stock the Louis Chiffon Vel Duvet.

"I find "Myra's" a very useful journal, also very elegant."—S. B.

CASH'S CAMBRIC FRILLINGS.

The extraordinary vogue of linen and cambric this summer for children's and ladies' dresses and blouses has given an increased demand—large as that always has been—for Cash's Frillings. Linen does not lend itself much to braiding; embroidery is a long and difficult process, lace can only be sparingly used. In fact, nothing surpasses the fresh crisp Cash's frills, which are so easy to put on, seeing that the draw thread is there ready.

Cash's Frillings are to be had in immense variety. A few are illustrated on this page, but it is advisable to send to Messrs. J. and J. Cash, Limited, Coventry, for the fully-illustrated price list which shows the staple frillings in natural size, also some charming embroidered ones in their proper colourings. The embroidered frills are very up-to-date, and there are dainty little galons to match, really charming for cambric or linen blouses and frocks.

Illustrations are also given of Cash's coloured washing ribbons, which are such a boon to trim threaded lace or beading for underwear, washing blouses, &c., articles which are constantly at the wash. Besides illustrations there are real samples of some galons and frillings pasted into the book, which will be sent post free on receipt of a post card.



FIG. 1.—OPENWORK PATTERN.

round the cuffs of a white cambric blouse). Some of the frills have a wide ornamental hemstitch or openwork, like fig. 1 (to be had in various widths), and it can be had charmingly edged with lace (the Kenilworth pattern, fig. 2). All Cash's Frillings wear admirably, being of good material, with fast selvedge edges which never unravel in the wash. Of course, they outlast ordinary lace, which is made for appearance and not for durability, especially in the merciless hands of the ordinary laundress.

Cash's Hemstitched Frillings (some are also lace-edged) can be had of all widths, with draw thread or ready ruffled on a hemstitched band. Fig. 3 shows how the "draw thread" ruffles the frilling. It would take days for a needlewoman to put in a draw thread, which would never be so accurately done by hand.

There are three qualities of Cash's Hemstitched Frillings—the Best for fine underclothing and washing dresses or blouses, the second quality, which is cheaper, but has a less highly-finished

The hemstitched frills are lovely both for dresses and for household use. These can be had of all widths, some ready ruffled on hemstitch'd bands, single or double (this last looks lovely up the front and

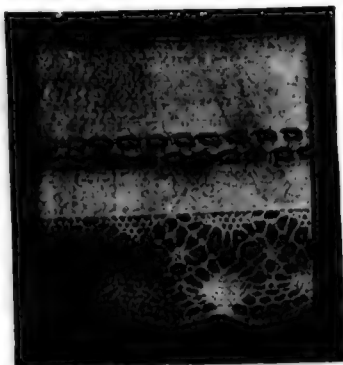


FIG. 2.—KENILWORTH PATTERN.



FIG. 3.—THE DRAW THREAD.

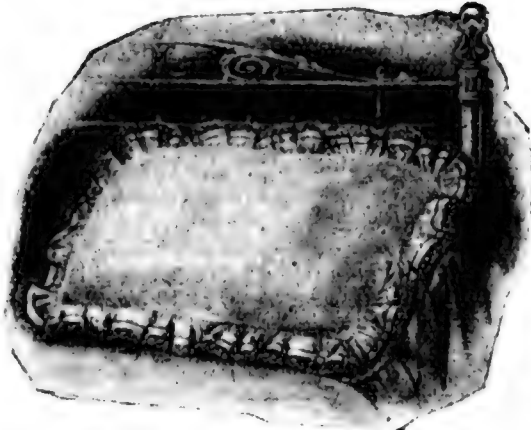
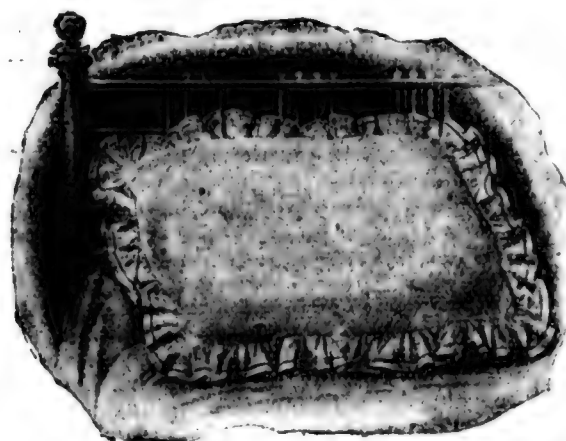
edge, and looks best with narrow lace edging added, and the "B" quality, which is of much stronger make and is cheaper than the Best, this being chiefly used to decorate pillow cases, sheet shams, (fig. 4), infant's cots, &c.

Pillow cases look charming decorated in this way. Two are shown at Figs. 5 and 6, one with hemstitched frills, the other with similar frills edged with lace. Pillow cases of all sizes can be ordered thus trimmed from any local draper, or can be had direct from J. and J. Cash, Coventry.



FIG. 4.—PILLOW CASES AND SHEET TRIMMED WITH CASH'S HEMSTITCHED FRILLINGS.

The hemstitched frills look remarkably well to soften the hard edge of plastrons, yokes, collars, deep cuffs for linen gowns, which are cut out of piece *broderie anglaise*. In fact there is no better method of trimming these highly-fashionable forms of decoration.



FIGS. 5 AND 6.—PILLOW CASES TRIMMED WITH CASH'S FRILLING.

CAPITAL COTTON FABRICS FOR SEASIDE WEAR.

There are two cotton fabrics which every draper keeps, in all towns and large villages. These are the "Matron," 40 inches wide, 10½d. the yard, and the "Maid," 28 inches wide, and only 7½d. the yard. They are in charming small patterns, and all wash to perfection—the colours are perfectly fast. For children's overalls and suits, ladies' morning blouses and wrappers, &c., nothing could be better. The patterns are very pretty—plain pink, or butcher or navy blues, or these colours mixed with white, or they are striped and chequered with white most effectively. The butcher or navy blues with line white stripe are particularly pretty and serviceable, and so are the blue-and-white shepherd's plaids. To ensure getting the right fabrics it is wise to see that "The Matron" or "The Maid" in a diamond frame, is stamped on every five yards. The cottons are of English manufacture, and are adapted for hard wear. They do admirably for nurses' costumes, as they stand incessant washing. The "Matron" is the heavier fabric of the two, and is to be specially recommended for boys' overalls, being as strong and far cheaper than linen.

TRANSFORMATIONS FROM THE UNIVERSAL HAIR MANUFACTURING CO.

We are not all of us blessed with beautiful hair. Quite apart from lacking quantity, few women have the pretty texture of hair which forms the waves



FIG. 1.

and curls above the brow necessary for the up-to-date coiffure. This is one reason for the prevalence of the transformation—it is far from being only the elderly women who adopt it; girls and young women in their heyday wear transformations—those light arrangements of natural curling hair which, mounted on invisible foundations, are the only things of the kind which look

as if the hair really grew on the head they adorn. The good quality of the hair and the cleverness of workmanship—both strictly necessary if the effect is to be at all desirable—leads to heavy prices unless we go to the right place. But the Universal Hair Manufacturing Company, 84, Foxberry Road, Brockley, S.E., have such a large and widely-distributed business that they can afford to do first-class work at lower prices.



FIG. 2.

I here illustrate two novelties in up-to-date transformations. Fig. 1 (the full-face head) shows the latest design in transformations. It is made on a fine net foundation, and is of very beautiful hair. The price is only 30s., and it would cost quite three guineas in a London West End house. It has the new curve—indented in the centre, which is so becoming to most English faces, and has a light fringe to soften the forehead—a necessity for all faces if the forehead is high. Very fair and grey hair comes a little more expensive.

The Universal Hair Manufacturing Company have a series of these transformations, all at most moderate prices. It would be well worth while to send for the illustrated catalogue (post free), which shows several. A form of self measurement will be supplied, and this, with a pattern of one's hair, ensures a perfectly satisfactory result.

The prices are so moderate that they are within the range of most purses. A very graceful and becoming fringe (invaluable for the cyclist and yachtswoman, who can never keep her own hair in

curl) can be had for 6s. 6d. (a similar one is generally priced at a guinea), on a fine net foundation.

The head, fig 2, back view, shows the new "Paragon" Chignon—an extremely pretty knot of hair to be worn low in the nape of the neck. It is exceedingly light, of excellent hair, and costs only 8s. 6d. Everybody who does their front hair over combs knows how little there is left—nothing but a few thin ends—for the knot or coil, and this most becoming and graceful "Paragon" chignon solves the difficulty.

At the Universal Hair Manufacturing Company, tails of pure hair for coils and chignons, 22 inches long, weighing 2oz., can be had at 7s. 6d. (ordinary hair shades; golden, very fair, and grey hair cost a little more).

The seaside girl will do well to order at the same time a half-dozen hair nets (only 2s.) to keep her front hair in order on a blowy coast.

MATERIALS FOR SEASIDE GOWNS AND BLOUSES.

Mr. Christopher Williamson (Desk 10), 91, Edgware Road, London, W., has some remarkably cheap tweeds and serges for seaside coats and skirts. The Oban tweed—in very pretty mixture, crossed with a line stripe—costs only 1s. 0½d., 40 inches wide; and the Waverley tweed—in greys and fawns—are as low as 1s. 0½d., 42 inches wide. A very nice-looking hopsack (The Champion) in new colourings, 40 inches wide, is only 8½d., and there is a very effective satin cloth at 1s. 11½d., charming Venetian cloths (all wool and *shrunk*) being at the same low price.

Elderly ladies during the hot weather will rejoice in Mr. Christopher Williamson's "Crinadine," all wool, very smart, from 1s. 11½d. the yard. It has passed through a process which obviates cockling and shrinking. The wool crépolines, black and all new shades, are very pretty, 1s. 6½d. the yard, 40 inches wide. Mr. Williamson has a choice range of mercerised cottons, cotton voiles, muslins, &c., for washing gowns, which are very low in price and particularly pretty. Patterns will be sent post free on application.

TO BEAUTIFY AND PROTECT THE FIGURE.

Women who play hockey should wear a protection over the bust, which is peculiarly liable to severe injury from blows and bruises. It is a moot point whether girls and young women should play hockey; but the rough game with the clubs seems to have a particular attraction for our high school girls and young college women. An excellent protection will be found in the "Neena" Bust Protector, which can be ordered at



any drapers and ladies' outfitters. It is cool and comfortable and exceedingly light—the weight is only ¾ ounce. It is also extremely improving to flat figures, especially when the "fluffy" blouse is discarded for a fitted princess gown or fitted tailor bodice. The price is 4s. 11d., post free 5s. It is manufactured by the "Neena" Company, Limited, 88-90, Chancery Lane, E.C.

DRESS FABRICS AT MESSRS. LUTAS LEATHLEY'S.

A large box of patterns of charming materials for gowns and blouses will be sent post free by Lutas Leathley and Co., Summer Department, 105, Armley, Leeds. A great variety will be sent, including tweed, cloth, and all the newest woollen fabrics, a selection of beautiful fancy flannels, and the daintiest cotton fabrics like Taffetino, all the new muslins, linens, printed cambrics, woollen and

cotton delaines, pretty zephyrs, and nainsooks, &c. Wonderfully pretty fancy materials for blouses can be had at 11½d. the yard. The newest and prettiest summer colourings will be found, and the selection of greys and the new blues is specially fine. Any woman or girl looking out for suitable materials for a dress or blouse should make a point of sending for a box of patterns. It will interest and please her even to look through it.

PLASMON WHIPPED CREAM.

Everyone, I fancy, knows the extremely nutritive and easily assimilated qualities of Plasmon, but it is not every housewife who knows that it makes delicious whipped cream, ices, and dainty sweet dishes for the table. Plasmon is far more nutritive than milk, and can be digested by the most delicate adults and children. A mother with a family of delicate children on her hands, whose appetites need tempting with what is delicious and which gives no after pangs, should get the Plasmon Cookery Book, which is sent post free for two stamps by the International Plasmon Limited, Farringdon Street, E.C. She should also, without delay, try her hand at making some Plasmon whipped cream. By sending 1s. 3d. to International Plasmon, Limited, she will get a sample of Plasmon (enough for two quarts of thick whipped cream) with the necessary whisk and the recipe for making it.

PRETTY FROCK OF B.B. EMBROIDERED CRÊPE DE CHINE.

No. 5408a. Seven-gore skirt tucked to flat Page 43. pattern. Wear over the five-gore foundation skirt, edged with a shaped flounce covered with cross-cut frills. Cut a bodice lining—back, 4 sides, two fronts, to close down the front centre. Veil with a tucked vest of white silk, a ruffled back and two ruffled fronts of the crêpe de Chine. Trim with silk *broderie anglaise*. 41-inch material, 8 yards.

Creamy Plasmon Oats.
Plasmon Biscuits.

Delicious Plasmon Cocoa.
Plasmon Tea.

AIDS DIGESTION.



BRACES THE NERVES.

Beef Plasmon.
Sustaining Plasmon
Chocolate.

Plasmon Arrowroot.
Plasmon Luncheon
Packets.

Flannelette.

If purchasers of this useful material for underwear all the year round would buy the best English make, which can be obtained from all leading Drapers, they would avoid the risks they undoubtedly run with the inferior qualities of Flannelette.

Horrockses' Flannelettes

(made by the manufacturers of the celebrated Longcloths, Twills and Sheetings)

are the best and safest.

"HORROCKSES" stamped on selvedge every 5 yards.

Correspondence

RULES.

1. To be answered in the next number, letters must reach us not later than the 25th of the month.
2. Queries (except on "Dress" and "Health and Personal Attention") must be accompanied by sixpence and a stamped addressed envelope. No notice will be taken if sent without.
3. In urgent cases, or if crowded out, all "Dress" answers will be sent by post, for which no charge will be made. No postal reply can be sent unless a stamped and addressed envelope be enclosed.
4. Queries to be answered by post must be limited to three.
5. It is absolutely necessary that every letter should contain real name and full address. The space for correspondence is so limited that a large number of answers have to be sent by post. This is especially the case with "Dress," which requires prompt and often private replies. Only questions of general interest are answered on this page.

DRESS AND HAIR-DRESSING.

Letters to be addressed to Madame Myra, "Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

NAN.—(1) You will find some difficulty in matching that shade. It is entirely out of date. Velvet you could get to go with it, as little discrepancies of match are less noticeable in silk and velvet than in silk and wool. Send to Samuel Lewis (the Holborn Silk Market, Holborn Bars) for patterns of their velvets. (2) The strawberry tint is quite up to date. You will see the same thing anywhere. It should be trimmed with white lace. Send for patterns or their illustrated price list to Messrs. Samuel Peach, Nottingham. In that width the lace will cost about 1s. the yard. You will require about five yards. (3) You can get them of any colour, but with a whole costume of the shade, I think you will find a handsome black hat more effective. It should have feather tips curling over the brim. You can lift high the left side and indent the brim, putting your plume there, in the indentation. This is very smart. Some of the prettiest hats are turned up all round except for the front part, and they have this left hand indentation to hold the plume.

DOROTHY.—(1) You cannot get the B.B. fabrics at any drapers. I am sorry that by error it was so indicated last month in our pages. They can only be got at the manufacturers', Best's Dress Goods Company, Bradford. The B.B. silk warp fabrics are astonishingly inexpensive. Send for patterns. Postage will be paid both ways. (2) Go to Messrs. Samuel Lewis (Holborn Bars, E.C.) for your silk blouses. You will get just what you want for a guinea. Send for the illustrated catalogue. You can get a white China silk blouse, charmingly shirred, for 14s. 11d.

MURIEL.—(1) The yoke filling in the back of a little pinafore frock is best made detachable. It is cut with armholes, like a tiny bodice, and fastens at the back, and it is fitted with four straps of elastic, into each of which buttonholes are cut and worked. Each strap fastens on to a corresponding button sewn on to the waistbelt of the skirt. An even better plan than buttonholes is to attach a loop of tape to each end of the elastic straps. Another good way is to sew short, wide, double pieces of tape to each end of the straps and work buttonholes into each piece of tape. These can then be passed over or buttoned on to the buttons on the skirt. By this arrangement the elastic wears longer, and it is easier to sew on loops or make buttonholes in tapes than in elastic. By cutting the little vest longer and fitting it with large armholes it is a more comfortable and better fitting arrangement than the more ordinary style of vest. Made in this way it also helps to lift the weight of the skirt off the hips, a very necessary precaution to adopt with a growing girl. (2) The braid will require rather careful manipulation at the neck. It may even require to be very slightly gathered. Careful damping and pressing will do away with any clumsiness.

GENEVIEVE.—(1) For the Zephyr send for patterns to Messrs. Lutas Leathley, Summer Department, 105, Armley, Leeds. They have beauties, in the daintiest colours. Their Nainsooks are also excellent, in all prices. (2) For the Transformation see page 46. Send for illustrated catalogue to the Universal Hair Manufacturing Company, 84, Foxberry Road, Brockley, S.E.

COOKERY AND HOUSEHOLD MANAGEMENT.

Letters to be addressed to Mrs. Hope, "Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.
(Continued from Page 34.)

A BUSY WOMAN.—I sympathise with you; but why wear yourself out by doing your own

marketing if your old servant is such a grand bargainer, and manages more thriftily than you do? Don't mind what people say. If you are needed in your workroom and fitting-room, be thankful that in the house you have an old-fashioned servant whom you can trust. Let her "shop," then, and if, after a month's trial, you find you have been more economical in food, and have had all your energies preserved for your work, let the excellent arrangement go on. No, I do not think £16 an exorbitant wage. Nowadays it is a positive marvel to find anyone who is capable asking so little. Write me again, by all means, if I have helped you, or can do so in the future.—"CANDIDATE."



No. 5411. ELEGANT REDINGOTE GOWN FOR TRAVELLING.

For Description see Pages 36 to 42.
Price of Paper Patterns, Coat, 1s. 0d.; Foundation Skirt or Skirt, each 6d., post free, of MADAME MYRA, 10 and 11, Fetter Lane, E.C.

TO CLEAN THE WALLPAPER.—If it is not very hopelessly dirty, tie a clean towel over a broom-head and dust down very thoroughly. Then with stale bread rub down, always straight from top to bottom, renewing the surface of the bread as soon as it is dirtied. The wallpaper should look very much improved, and if there are any spots of lime and whitewash this bread treatment will remove them.—FATIMA.

EMPLOYMENTS FOR LADIES.

Letters to be addressed to Miss Winifred Jones, "Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.
(Continued from page 31.)

NEEDLEWORK (Mrs. C.).—I am glad to hear that you have got some needlework through the medium of this Bureau. I will certainly repeat your notice, but you must give me the Register number. It is absolutely essential. Your charges seem particularly moderate if your work is good.

RENOVATIONS (E. L.).—I quite understand what you mean, and, as a rule, too many cooks spoil the broth, and you certainly do not seem to have had a fair chance. The American lady—to whom I gave your name privately, as you live near—expressed herself as quite satisfied. I should not worry too much about the matter. It is really not worth it.

DRESSMAKER WANTED (Mrs. C.).—I gave you the addresses of several, and I should be greatly obliged if you would give me your opinion of the one you happen to employ. I think the rules anent private replies are very plainly put, but neither time did you conform to them.

DRESSMAKERS AT NORWICH (Mrs. P.).—I am putting you on my Register, and no doubt your address will be of value to readers in and around Norwich.

NEEDLEWORK AT HOME (L. M.).—Although one order is not many, still it is better than none, far better when you take into consideration the tremendous competition there is for such work. I am sorry about the other correspondent, but people so often seem to write and make inquiries, and then go no further. I think it is really because, though they may not want work done at the time, they are glad to have the names and addresses of workers. At any rate, I should not give up hope just yet. It is quite possible you may hear again, I can give you addresses of various work societies, if those would be of use to you. I fear the shops pay too little to be much help. I will certainly remember you, and do what I can.

DRESSMAKING BUSINESS FOR SALE (A. R.).—I sent your letter on to my correspondent.

E. H.—But you gave no register number, and you did not give me your name and address—for my satisfaction, and as a guarantee of good faith. Another time, please remember these rules. Kindly let me know if you come to any arrangement with my correspondent.

MISCELLANEA.

All letters to be addressed to Madame Myra, "Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

VEXATIOUS.—(1) You can clean the beaver hat if only soiled by dust, &c., by covering with white toilette powder and then brushing it out. Rub well, but not roughly, with a clean silk handkerchief. This will not do if the head has greased the hat. It must then be washed with a lather of Sunlight soap; but if there is grease, I advise you to send the hat to a cleaner's. They will injure the pile less. (2) White or grey corsets can only be successfully cleaned after removing the steels, as steels will rust the material, which must be wetted. If the whalebones are retained, the material must be brushed instead of being rubbed between the hands. Good whalebone will regain stiffness and elasticity when the corsets are thoroughly dried. (3) It is impossible really to shorten shoes. Much can be done by stuffing the toe tip with cotton wool and wearing that inside added sole which bootmakers call "a sock." Even if this obviated wrinkles, &c., it would make the feet look large. Your best plan would be to sell the shoes. Advertise them in the Sale and Exchange column of "Hearth and Home." Dame Deborah Primrose handed on to me part of your letter.

"Your patterns are so excellent I do not care to use any other."—A.

"THE PERFECTION" COMPLEXION TREATMENT, By MISTRESS ANNE PAGE.

WE have been wont to imagine that the reason of the superb beauty of the complexion of women in London was the facility with which they have been able in the last few years to obtain regular

HYGIENIC TREATMENT, which is true—and in LIVERPOOL (at 92, Bold St.), and in MANCHESTER (at 30, King St.), there are now engaged in full practice two gentlewomen, mother and daughter named alike,

"**MARIE EARLE**," whose motto is "Perfection." Hospital trained, widely-travelled, and experienced in

THE BEST METHODS OF BEAUTY CULTURE, in touch with many of the most eminent medical skin specialists of the day, their treatment of the complexion, the hair, the eyes, eyelids, the hands and figure, is rightly termed by those who have had opportunities of availing themselves of it

"**THE PERFECTION OF TREATMENT**," while for the removing of superfluous hair, birthmarks, or any other blemishes of the skin, by means of the most skilful electrolysis, both are justly famed also. From Mrs. Earle's most interesting book,

"**HOW TO REACH PERFECTION**" (price 1s.), but given this month gratis to any of my readers who ask for it), one may glean a fair idea of her treatment, and of her preparations, which are excellent.

"**THE PERFECTION FACE MASK**," and "**CHIN AND THROAT BAND**," to be worn at night, are perfectly amazing in their effect. I have seen women of fifty after giving them a thorough trial look twenty years younger; the effect of them is to restore lost contour, remove wrinkles, and to bring back the firmness and beauty of youth.

Address—Mrs. MARIE EARLE, 92, Bold Street, LIVERPOOL;
30, King Street, MANCHESTER.

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*The Mene towel + of mind is the best placed
in the market and I prefer them to any other*

ARE SUPERIOR TO ALL OTHERS FOR
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May be obtained from all Underclothing Houses and Chemists.
2 Doz. No. 1 at 1/-; 1 Doz. No. 2 at 1/-; 1 Doz. No. 3 at 1/6.
POST FREE.
A FREE SAMPLE to any lady mentioning "Myra's Journal."
Miss M. J. Haynes, 55, Fann St., London, E.C.

Sanitary Towels

ZOBEIDE REDUCING CORSELETTE (REGISTERED).

This lightly-boned and elegant garment is specially designed for an over-full waist and bust. Safe, sure, and speedy. Price £1 1s. 6d. **THE ZOBEIDE REDUCING PASTE**, price 5s. 6d. A client writes:—"It is doing wonders for me. My waist is 3 inches less." From Mrs. Maine, 8, Hanover Street, Hanover Square, London, W.

Gold Medal
Paris, 1890.



Gold Medal
St. Louis, 1904.

(By Royal Warrant to H.M. the King.)

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AS USED IN THE ROYAL
HOUSEHOLD, STABLES, AND KENNELS.
FROM ALL DEALERS.

May be obtained in the form of

FLUID, POWDER, SOAP.

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The knowledge contained in this book is of **Priceless Value to Every Married Lady**, and has been the means of brightening the lives of thousands. It contains a large amount of valuable information. All will profit by reading it, as the knowledge gained is priceless, and cannot but do good. Sent in sealed envelope for two stamps.

A lady writes us: "I have read your book. It is simply invaluable, and gave me the information I have sought after for years."

M. VIMULE, Dalston Lane, London, N.E.

For more than 20 Years

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They are the best known remedy for Anæmia, Giddiness, Fulness and Swelling after Meals, Loss of Appetite, Hysteria, Palpitation of the Heart, Debility, Depression, Weakness, and all Female Ailments.

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Dr. Davis's little book for MARRIED WOMEN (most invaluable) sent free on receipt of a stamped addressed envelope.

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Have a reputation of one hundred years, and have proved a boon and blessing to millions of sufferers, and are highly recommended and often prescribed by the Medical Profession when this description of medicine is required.

Price 1s. 1/4d. and 2s. 9d. Great saving by having the larger size. Of all Chemists or by post 1s. 2d. and 2s. 10d.

Note Kearsley's White Wrapper. Sold in the Colonies.

Sole Makers: C. and G. KEARSLEY,
42, Waterloo Road, London, S.E. (Late of 17, North Street, Westminster.)

LADIES RECOMMEND NURSE HERBERT'S PILLS.

The safe, genuine and reliable remedy for the system. Warranted non-injurious, superior to Pilocchia, Apioi, &c. Price 1/- and 2/6 per box, post free, securely packed with full directions on receipt of Postal Order. Obtainable only from HERBERT, Chemist, (Dept. 62), 161, Seven Sisters Road, LONDON.

HAIR DESTROYER.

JAMES'S DEPILATORY instantly REMOVES SUPERFLUOUS HAIRS from the Face, Neck, or Arms, without injury to the Skin. Of all Chemists, or sent with directions for use, free from observation, on receipt of postal order for 1/3, 2/3, and 2/9.

Mrs. C. JAMES, 268, Caledonian Road, London, N.

LUXURIANT HAIR.

Long flowing Eyelashes, Eyebrows, &c., are QUICKLY PRODUCED by using JAMES'S HERBAL POMADE. It is invaluable for the production of Whiskers, Beard, and Moustachios; it causes the Hair to grow on Bald Places and Scanty Partings. Of all Chemists, or a box (with directions) sent, free from observation, on receipt of postal order for 1/3, 2/3, and 2/9.

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OLD ARTIFICIAL TEETH BOUGHT.
Send to the well-known London Manufacturing Dentists, Messrs. M. J. BROWNING, who give the very best value; if forwarded by post utmost value per return, or offer made. 133, Oxford St. (opp. Berners St.), London, W. Est. 100 Years.

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Send to the actual makers for their Illustrated and Descriptive Price List of the best and Cheapest Domestic and Surgical Indianrubber Goods, Enemas, Bandages, Trusses, &c.

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Most effective Remedy. Post free. 2s. 9d. and 4s. 6d.

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TOWLE'S PILLS
Will quickly correct all irregularities, remove all obstructions, and relieve all distressing symptoms.
Immediately any irregularity occurs take Towle's Pills. The World knows no such preparation for Ladies as this invaluable specific, justly called
WOMAN'S UNFAILING FRIEND.
75 Years' Reputation.
No other female medicine in the world has received such widespread and unqualified endorsement.
In Boxes, 1s. 1/4d., 2s. 9d., and 4s. 6d. (the 2s. 9d. boxes contain three times quantity of 1s. 1/4d. size). Of all Chemists or Post Free for P.O. 1s. 8d., 2s. 10d., or 4s. 7d. from Sole Proprietors, E. T. TOWLE & CO., Ltd., Manufacturing Chemists, NOTTINGHAM.

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of Every Description. Prompt and fair payments made for any parcel sent to Mrs. J. STAINFIELD, 80, Wells Street, Camberwell, S.E. Ladies waited on. Est. 20 years. References given.

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Should possess a copy of our Book entitled "THE WOMAN'S FRIEND AND MEDICAL ADVISER" 170 pages (published at 2/6). Sent post free for 6 stamps. It is acknowledged by thousands to be the best book ever written and contains useful information which every woman should know. Leslie Martyn Ltd., 34a, Dalston Lane, London

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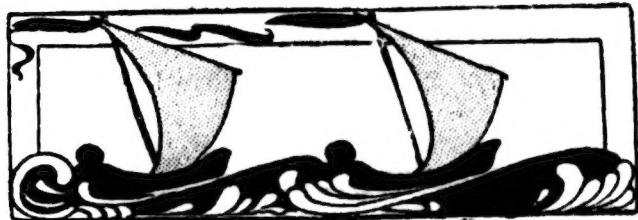
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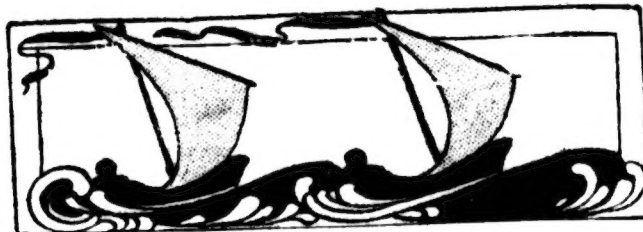
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MADAME MYRA, Fashion Department,
10 and 11, FETTER LANE, LONDON, E.C.



Health and Personal Attention.



All Letters to be addressed to "Miss Anne Page, Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

MARIE.—Cutting the ends of your hair cannot possibly make it go grey: most of us cut ours with good effect once a month at new moon. You will find an article on the subject in MYRA'S JOURNAL for March, 1901, which will interest you if you will refer to it. You should now rub into as many partings as you can make a little of the "Petrolate of Sulphur," which Mr. Mason, 25, Bank Plain, Norwich, sends post free for 2s. 6d., and repeat this rubbing every alternate day for some time to come. It will tend to arrest the greyness, and bring back the natural colour.

M. G.—Eczema is often very stubborn, but with persistence in treatment and care as to diet the trouble may be made to give way in time. The chief thing in the dieting is not to eat anything salted, nor to add salt to any food. Therefore no ham, bacon, salt-beef, kippers, haddocks, bloaters, sardines, crabs, lobsters, shrimps, and things of those classes should ever be touched, nor any alcohol, especially beer. It is not advisable to eat pork, nor veal, nor to have curries nor any dishes that are highly spiced to make them "tasty." Otherwise the sufferer may live generously, and must eat freely of vegetables, especially of those that are green. The affected skin will be greatly soothed by being cleansed with "Cream of Cydonia" (2s. 9d., from Mr. Mason, 25, Bank Plain, Norwich), or with pure white vaseline, because water must never touch a skin that is suffering from this complaint. It must be nightly dressed with the "Cream of Sulphur" that the same Mr. Mason sends for 2s. 9d., and wherever it is possible bandages should be put over this so as to keep this soothing and healing cream in close contact with the skin all night. As there are so many little spots, as well as large flakes in evidence, a course of the "Zobeide Complexion Pearls" sold for 1s. 7d. by Mrs. Maine, 8, Hanover Street, Regent Street, London, W., should be taken, as these act as a tonic and a purifier of the blood.

ARIADNE.—You can get an excellent idea of how to massage your face and neck at home by yourself by studying the illustrated and descriptive pages of a book on "Face Massage and the Care of the Complexion, etc.," recently compiled by Mr. Mason, 25, Bank Plain, Norwich. This book is the outcome of Mr. Mason's wide experience and knowledge of what the skin requires under all sorts of conditions, and for the present he will send a copy of it gratis and post free to any reader of MYRA'S JOURNAL who writes to him for it.

DROOPING.—As your illness has left you with a weakness that makes it difficult for you always to maintain an erect carriage when you walk, you will find in the "Dolabel Shoulder Brace" (4s. 6d. from H. Sampson and Co., Dept. M., 33, Ferntower Road, Newington Green, London, N.) the very help you need. Many Society ladies wear this to give them the perfectly straight back that is necessary to elegance; and it is such a support to those workers who have to sit and stoop over their work for many hours of the day. Send the size of your waist to Mr. Sampson when you order this brace.

VEXATIOUS.—There is no way of getting shoes shortened, and as they are quite two sizes too large for you, the usual trick of putting a little wadding in the toes would not answer. Besides, the shoes will be too big every way, and would cause numerous corns by their continual friction on your feet. My advice to you is to advertise them in the "Sale and Exchange" columns of "HEARTH AND HOME" at a reduced price, and with the money you will get from the quick sale of them through that excellent medium, and a little more added to it, to buy another pair, which I do not advise you to walk home in this time. You will find your other questions answered in the department headed "Miscellanea."

M.W.—A good "Complexion Cream" that whitens the complexion and makes the skin very smooth

and clear is the "Cream of Cydonia" sold for 2s. 9d. by Mr. Mason, 25, Bank Plain, Norwich. This has nothing in it that can possibly encourage superfluous hairs, but it contains one ingredient that actually hinders their growth. I wish you could come up to London for a day to have those tiresome hairs removed from your chin, or if you could go to Birmingham more conveniently you could have them permanently removed by a very clever lady who manages Mrs. Adair's establishment at 83, Carleton House, High Street, in that City.

M. M. S.—You are not very strong, and your hair has been badly nourished, and that is why it is bothered with dandruff, falling out, and getting grey long before it ought to. First of all, try to get up your strength by every means at your command. Take "Plasmon Oats" porridge and Dr. Allinson's Wholemeal Bread for your breakfast, drink plenty of new milk, and be out in the fresh air as much as you possibly can. As an internal tonic, you should take a course of the "Zobeide Tonic Nerve Elixir," sold for 3s. by Mrs. Maine, 8, Hanover Street, Regent Street, W., which will restore your strength and buoyancy. Well wash your head in every third week with a shampoo mixture composed of the yolks of two quite fresh eggs beaten up in a quart of hot water in which you have dissolved a tablespoonful of powdered borax. Rinse in water softened with some more borax, and dry perfectly before re-dressing your hair. Then rub into as many partings as you can make on your head, on alternate nights for several weeks, a little of the "Petrolate of Sulphur," sold for 2s. 9d. by Mr. Mason, 25, Bank Plain, Norwich, and your hair will recover its tone and colour.

AUDREY.—Your feet will not swell in that painful way if you soak them at night in hot water in which you have mixed some bran and a pinch of carbonate of soda, and in the morning bathe them with the "Anodyne Cooling Lotion," which is sold for the purpose by M. Beetham and Son, Chemists, Cheltenham. This specific costs 1s. 1½d., post free.

POLLIE.—Nervous as you are, you cannot go to a better Dental Surgeon than Mr. Shipley-Slipper at 37, High Holborn, London, W.C. He will not extract those stumps at all, but he will fit new "crowns" on them, so that they will be equal to new teeth, with which you can eat anything and masticate thoroughly. This dentist is celebrated for his splendid work, his moderate charges, and his painless methods.

VAIN VICKIE.—I do not think you should call yourself vain just because you have a desire to always look nice and charming. I should call you wanting in self-respect if you had no such desire! But now go to work like an artist; get a 5s. 6d. "Beauty Box" from Madame Cross, Dept. M.J., 184 and 186, Regent Street, W., and ask her to enclose full directions for applying the Beauty-Cream to your face and neck, the touch of "Rose Bloom" to your cheeks, the "Pencil" to your eyelashes and eyebrows, and the rest of the things when you want them for special occasions. Of course, if you can go for the box and see Madame Cross (any day, except Saturday, between the hours of 11 a.m. and 4 p.m.) she will give you a practical lesson in the art of making yourself look quite young and beautiful, and for this lesson she charges my readers nothing at all.

BERYL.—In order to sweeten your breath and keep your teeth pearly white, you should brush the latter night and morning, and after each meal with a few drops of "Fragrant Floriline" on your toothbrush. You can get this delicious dentifrice at any chemist's.

FLORRIE.—As you are so much too stout in the bust you should wear under your corset, or instead of it, the new "Zobeide Reducing Corsette," which so many Society ladies are now wearing to keep their figures trim, and make them as small as fashion says they must be. You can only obtain this corset from Mrs. Maine, 8, Hanover Street, Regent Street, London, W., and it is recommended by medical men because it is such a perfectly safe and satisfactory "reducer." It is made to the measures of each wearer, and these are the

measurements required:—(a) Round waist, (b) across middle of bust from armpit to armpit, (c) depth from top of bust to waist-line, over each breast down middle line of bust, and (d) depth from under arm to waist. You will be such a nice little figure again when you have worn this for a short time.

PHYLLIS.—You should lose no time in getting rid of the cause of those tiresome pimples in your skin, as well as of the spots themselves, and I advise you to take two teaspoonfuls of "Eno's Fruit Salt" (which you can get at any chemist's) in a toilet tumbler of water every morning before breakfast for the next three weeks. You will find this cooling and health-giving. To the affected skin you should, every night, apply some "Cream of Sulphur," which you can only obtain from Mr. Mason, 25, Bank Plain, Norwich, who sends it post free for 2s. 9d.

ANEMIC ADA.—Yes, I know how weakening anæmia is, and how breathless it makes anyone who suffers from it; and I am glad to be able to tell you of a good but simple cure for it that I hope you will take, because I know you will soon be the better in every way for it. This is "Dr. Horn's Sanochemol," and it is sold in little tasteless capsules at 2s. 6d. the bottle post free by O. E. Horn, D.Sc., 43, Parkwood Road, Bournemouth. You should never go upstairs quickly, and you should be out in the fresh air as much of every day as you possibly can.

SCRAGGS.—How unkind of your brothers to have given you this name! Never mind, you will soon get that thin neck round and white and pretty if you will remember every night to rub into it some of the "Perfection Marrow Cream" which is sold for 4s. a jar by Miss Marie Earle, the celebrated complexion specialist at 30, King Street, Manchester. If you can go for it she will shew you how to use it; if you have to send for it, you will see the way to use it in my Massage Lessons given in the May and June numbers of our Journal.

LADY BETH.—Wrinkles will come out of the face and the complexion will become as soft and beautiful as that of quite a young girl when the "Perfection Mask" (made in Paris, and sold by Mrs. Earle, 92, Bold Street, Liverpool) is worn for a couple of hours daily. I have just heard from a correspondent, who got one on seeing my mention of it last month, and who says she is both surprised and delighted at the almost miraculous improvement it has already made in her complexion. You cannot do better than get one.

EFFIE.—You can have your hair combings most satisfactorily made into a coil, at such a reasonable price, too, by the Universal Hair Manufacturing Co., 84, Foxberry Road, Brockley, London, S.E. When you take them out of the comb each time, lay the hairs straight in a corset or shoe-box; some people roll them round their finger, but this is the greatest mistake.

MAIDIE.—You have been quite rightly informed; spraying the face with "Icilma Water" (send 1s. for a bottle of this direct to the importers, Icilma Company, Limited (Dept. 87), 142, Gray's Inn Road, London, W.C.) twice a day gives it a clear transparency, tends to prevent the growth of superfluous hair, and prevents insect bites.

HETTIE.—I am glad to be able to tell you of a pure Face Powder, which you can get for so small a price as 6d. a box at any chemist's. It is called "Woolley's Sanitary Rose Powder," and you can have it in the right shade for your complexion. The "Cream" shade would, I think, be the one for you.

SLEEPLESS.—Try taking a cup of "Epps's Cocoa" the last thing, after you get into bed at night. Many people say they sleep quite restfully after this.

SURREY.—I know the town from which you write quite well, and I have suffered in my complexion and my hair from the evil effects of its chalky water. But if you will add a tablet of "Pasta Mack" to the bowl of water in which you are going to wash your face, you will find it quite nice to use, soft, as well as delicately perfumed. Pasta Mack is sold in shilling boxes by all chemists.

"I have made my first coat and skirt from your free patterns of this month, and I am very pleased indeed with them."—R.

DRESSMAKERS.

The Name and Address of any Dressmaker will be inserted free in this column provided the advertiser furnishes us with a Coupon for each announcement *each month*, and she states under which column she wishes her name to appear. *Please write distinctly.*

**DRESSMAKERS'
COUPON.
JULY, 1905.**

LATEST TIME FOR ADVERTISEMENTS 5th OF EACH MONTH.

DRESSMAKING AT LADIES' HOUSES—

Miss L. C. Andrews, 31, Conewood Street, Highbury, N.
Miss Anton, 54, Beresford Street, Camberwell, S.E.
Miss Baker, 4, Strode Road, Forest Gate, Essex.
Miss Bates, 31, Colchester Street, South Belgravia, S.W.
Miss Beard, 120, Alderbrook Road, Balham, S.W.
Miss Beard, 75, Lessingham Avenue, Upper Tooting, S.W.
Miss A. Benbow, 481, Green Lanes, Small Heath, Birmingham.
Miss Bew, 42, Cowick Road, Upper Tooting, S.W.
Madame Canale, 13, Great St. Andrew's Street, Shaftesbury Avenue, W.
Miss Carey, 25, Clarendon Square, N.W.
Madame Carey, 40, New Kent Road, S.E.
Mrs. Chapman, 41, Paulton's Square, Chelsea.
Miss L. Cochrane, 16, Blenheim Avenue, Clarendon Road, Manchester.
The Misses Cook, Little West Street, Reigate, Surrey.
Miss Cooper, 5, Richmond Place, Lillie Bridge, S.W.
Miss Corbett, 47, Woodfield Road, Birmingham.
Miss Cotta, 232, Portnall Road, Maida Hill, W.
Miss Cove, 93, North Street, Edgware Road, W.
Miss Coward, 82, Camden Road, N.W.
Mrs. R. Dalling, 40, Shirland Road, Maida Hill, W.
Miss Dodds, 7, Gorrings Park Parade, Tooting Junction, Mitcham, S.W.
Mrs. and Miss Drake, 34, Blomfield Street, Royal Oak, W.
Miss Foster, 10, Kilravock Street, Queen's Park, W.
Mademoiselle Gascoin, 113, Cambridge Road, Kilburn.
Mrs. Goddard, 95, Archel Road, West Kensington, W.
Miss Grabame, 1, Argyle Street, Argyle Square, W.C.
Mrs. Harlow, 187, Saltram Terrace, West Kilburn.
Miss Harper, 72, Stanstead Road, Forest Hill, S.E.
Miss Hutley, East End, Paglesham, near Rochford, Essex.
The Misses Jones, 32, High Street, Menai Bridge.
Madame Laine, 172, Adrian Terrace, Redcliff Square, W.
Mrs. Laville, 3, Breck Place, Breck Road, Liverpool.
Miss Laybourn, 57, Eccleston Square Mews, Warwick St., Pimlico, S.W.
Madame Lenor, 57, Dulwich Road, S.E.
Mrs. A. Macauley, 9, Eustace Road, Fulham, S.W.
Miss M. Mansell, 94, Woodland Road, Upper Norwood.
Madame Nanette, 117, Warwick Street, Eccleston Square, S.W.
Miss R. Newton, 42, Rawlings Street, Cadogan Square, S.W.
Miss Palmer, 36, St. Lawrence Road, Brixton, S.W.
Miss Payne, 67, Eccleston Road, West Ealing.
Miss Pearl, 16, Bruce Road, South Norwood.
Mrs. and Miss Pink, 11, Pitt Street, Norwich, Norfolk.
Mrs. Robinson, 92, Calabria Road, Highbury, N.
Mrs. Roylance, 41, Tavistock Road, North Kensington, W.
Mrs. Sandwell, 429, Edgware Road, W.
Miss Seward, 78, Haverstock Hill, Hampstead, N.W.
Miss Simeon, 45, Westmoreland Road, Bayswater, W.
Miss Smith, 44, Thane Villas, Seven Sisters Road, Holloway, N.
Miss K. E. Sparkes, High Cottage, Denzil Road, Guildford.
Miss Summersell, 5, Palace Road, Upper Norwood, S.E.
Misses Vincent, 32, Queen's Road, Finsbury Park, N.
Miss Ward, 45, Westbourne Park Villas, W.
Madame Warner, Newtown, Linford, near Leicester.
Miss Warren, Green Tye, Much Hadham, Herts.
Miss C. Wild, 6, Frederick Crescent, North Brixton, London, S.W.
Miss E. Willson, 42, Seymour Place, Fulham Road, Kensington, S.W.

LADIES' OWN MATERIALS MADE UP—

Miss Ambler, 69, Porchester Terrace, Hyde Park, W.
Miss Anton, 54, Beresford Street, Camberwell, S.E.
Mrs. Ayres, 49, Thornhill Square, N.
Miss Bamford, 37, High Street, Eltham, Kent.
Mrs. Bennett, 190, North End Road, West Kensington.
Miss E. Bennett, 15, Wyndham Street, Marine Parade, Brighton.
Mrs. F. Betteridge, 116, Fernhead Road, Paddington.
Miss Bew, 42, Cowick Road, Upper Tooting, S.W.
Miss Blackman, Perrysfield Farm Cottage, Oxted, Surrey.
Mrs. Brand, 44, Sulina Road, Brixton Hill, S.W.
British Needlewomen's Assn., 118, Northumberland St., N'castle-on-Tyne.
Miss Bullivant, 21, Firth Park Avenue, Pitsmoor, Sheffield.
Misses A. and M. Burnett, 7, Windsor Road, Holloway, N.
Miss Buttle, 326, Moseley Road, Birmingham.
Miss Button, 18, Granville Terrace, Cricklewood Lane, N.W.
Madame Canale, 13, Great St. Andrew's Street, Shaftesbury Avenue, W.
Madame Carey, 40, New Kent Road, S.E.
Miss Carroll, 81, Mercers Road, Upper Holloway, N.
Miss Chick, 45, Righton Road, Upper Clapton, N.E.
Miss Clasper, 14, Broughton Road, South Shields.
Miss Clinch, 9, Barrow Hill Road, St. John's Wood, N.W.
Mrs. Coast, 282, Ladbroke Grove, North Kensington.
Miss L. Cornthwaite, 33, Victoria Street, Blackburn.
Miss Darby, 8, Leamington Villa, Manor Park, Lee, S.E.
Miss Day, 55, Mossbury Road, Lavender Hill, Clapham Junction, S.W.
Miss G. Ellis, 22, Ritherdon Parade, Balham, S.W.
Mrs. Ellis, Jaysland, St. Clere, near Liskeard, Cornwall.
Miss Ellison, 9, Olaribel Road, Burton Road, Brixton, S.W.
Mrs. England, 440, Edgware Road, W.
Mrs. Fenwick, 64, Granville Street, Boston.

Miss S. Foy, 2, Sunnyhill Road, Streatham.
Madame Goodwin, 96, Oxford Road, Lowestoft.
Madame Hilder, 110, Godolphin Road, Uxbridge Road, W.
Miss E. A. Holmes, 39, Effingham Road, St. Andrew's Park, Bristol.
Mrs. L. E. Howell, 314, Moseley Road, Birmingham.
Miss Isaacs, 38, Pollokshaws Road, Glasgow.
Miss Jarrett, 4, Whitehouse Road, West Croydon.
Mdlle. Jeanne, 77, Claverton Street, S.W.
Mrs. E. Kenny, 8, Lower Kevin Street, Dublin.
Mrs. Lane, 31, Conyers Road, Streatham.
Miss Last, 74, Sackville Road, Hove, Sussex.
Madame Léonié, 26, Grafton Road, Mutley, Plymouth.
Miss W. Lewis, "West View," Sidbury, near Sidmouth, Devon.
Mrs. Lowe, 13, East Street, Bloomsbury, W.C.
Miss Lawson, 1, Buckingham Terrace, Maryfield, Dundee.
Miss McDougall, 24a, India Street, Edinburgh.
Miss M. Manson, 94, Woodland Road, Upper Norwood, S.E.
Madame Emilée Montandon, 1, Devonshire Road, N.
Miss Moorman, Tivoli Gardens, Tivoli Road, Cheltenham.
Miss J. Mortlock, 50, St. Luke's Road, Bayswater, W.
Madame Nelson, c/o Mrs. Sharp, Vicarage, Addlestone, Surrey.
Miss S. R. Newing, 8, La Belle Alliance Square, Ramsgate.
Miss B. Newton, 42, Rawlings Street, Cadogan Square, S.W.
Miss Page, 76, Middleton Road, Dalston.
Miss Parker, 9, Tytherton Road, Tufnell Park, N.
Madame Pearson, 38, Brooke Road, High Street, Stoke Newington, N.
Miss L. Pearson, 13, Kempson Road, Harwood Road, Fulham, S.W.
The Misses Percival, 24, Tower Street, King's Lynn, Norfolk.
Mrs. Phillips, 35, Salter's Road, Gosforth-on-Tyne.
Misses A. and A. Pinchback, 53, Guildford Road, Greenwich.
Miss Pooley, 105, Holmesdale Road, Reigate.
Miss H. Price, 9, Beachcroft Avenue, Southall.
Madame Pugh, Gilwein, near Abergavenny, Mon.
Miss A. E. Rees, 240, High Road, Tottenham, N.
Madame Rene, 1, Denmark Terrace, New Brighton, Cheshire.
Madame Ritter, 27a, Sale Street, Cambridge Terrace, W.
Mrs. Roebuck and Miss Berge, 98a, Holland Park Avenue, W.
Miss A. M. Seaman, 7, Ayresmore Street, Linthorpe Road, Middlesbrough.
Mrs. Sewell, 31, Richmond Grove East, Longsight, Manchester.
Miss Clara Siffleet, The Lilacs, Tongdean Lane, Withdean, Brighton.
Miss Sims, 14, Rathcoole Gardens, Hornsey, N.
Miss Smith, 5, Bolton Road, Eastbourne.
Miss Sutch, 4, New Quebec Street, Portman Square, W.
Miss A. Tanner, 9, Exeter Street, Dyke Road, Brighton.
Mrs. and Miss P. Tapp, 110, Adelaide Road, Uxbridge Road, Ealing, W.
Mrs. T. Teague, 9, Grand Parade, Poole Road, Bournemouth.
The Parisian Renovating Dress Co., 77, Claverton Street, S.W.
Miss Thorburn, 12, Allaro Crescent, Hawick, Scotland.
Miss M. Trowbridge, 56, Upham Park Road, High Road, Chiswick.
Misses Vincent, 32, Queen's Road, Finsbury Park, N.
Miss R. Voysey, 20, Bloemfontein Road, Shepherd's Bush.
Miss Walker, 37, Natal Road, Streatham.
Misses Walker and Melham, 91, Warwick Road, Maida Vale, W.
Miss Warren, Green Tye, Much Hadham, Herts.
Miss E. Wells, 36, Gore Road, South Hackney, London, N.E.
Mrs. Wheeler, 13, St. John's Road, Stamford Hill, N.
Miss White, 26, Rockley Road, West Kensington Park, W.
Mrs. G. C. Wicks, 139, Lupus Street, S.W.
Miss F. A. Wilcock, 273, Wandsworth Bridge Road, Fulham, S.W.
Miss Wolfe, 27, Hampton Place, Brighton.
Miss M. Wright, 45, Artesian Road, Westbourne Grove, W.

LADIES' AND CHILDREN'S MILLINERY—

Miss Beale, Tuffleigh Crescent, Gloucester.
Madame Canale, 13, Great St. Andrew's Street, Shaftesbury Avenue, W.
Miss Agnes Cowen, Moffatt House, Wharnclyffe Street, Newcastle-on-Tyne.
The Misses Hallows, 1, Hereford Square, South Kensington, S.W.
Mrs. Henderson, 64, Stanhope Road, South Shields.
Madame Ilene, Abbott's Court, Kensington Square, W.
Mdlle. Jeanne, 77, Claverton Street, S.W.
Mrs. King, 14, Sussex Street, South Belgravia, S.W.
Mrs. Wells, 36, Gore Road, South Hackney, London, N.E.
Miss Whitehouse, 13, Adam Street, Manchester Square, W.

LADIES' SHIRTS—

Miss Beattall, 41, High Street, Rushden, Northamptonshire.
Miss Lowson, 1, Buckingham Terrace, Maryfield, Dundee.
Miss E. Manser, 26, Dudley Road, Eastbourne.
Madame Mary Norman, 2, Norfolk House, Lulgrave Road, Hammersmith.

PILLOW LACE MAKER—

Miss Kent-Johnson, Sharnbrook, Beds.

CORSETIERE—

Mrs. Sidney J. Hurwitz, 29, Archibald Road, Tufnell Park, N.
Hélène, 1, Harley Street, Bridge Road, Battersea, S.W.
Mme. Gardiner, 28, Sussex Place, Onslow Gardens, South Kensington.

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